

Supplementary Material 2. Risk-of-bias summary for included trials

A.

Unique ID	Study ID	D1	D2	D3	D4	D5	Overall	
meta1	Hyo-Soo Kim	+	+	+	+	+	+	+
meta2	Thomas Pilgrim	+	+	+	+	+	+	+
meta3	Juan F Iglesias	!	+	+	+	+	+	!
meta4	Thomas Pilgrim	+	+	+	+	+	+	+
meta5	Yao-Jun Zhang	+	+	+	+	!	+	!
meta6	Hyun Jong Lee	+	+	+	+	+	+	+
meta7	Antoinette de Waha	+	!	+	+	!	+	!
meta8	QI ZHANG	!	!	+	+	!	+	!

+	Low risk
!	Some concerns
-	High risk
D1	Randomisation process
D2	Deviations from the intended interventions
D3	Missing outcome data
D4	Measurement of the outcome
D5	Selection of the reported result

B.

As percentage (intention-to-treat)

