Supplemental material

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Supplementary file 4: Poisson and linear mixed effects models [a] of weekly out-of-home food purchasing and daily fruit and vegetables

consumption

	Work hours			Commute hours			Combined work and commute hours		
	IRR [b]	95% CI [c]	p-value	IRR [b]	95% CI [c]	p-value	IRR [b]	95% CI [c]	p-value
Breakfast	1.016	(1.014, 1.018)	<0.001	1.043	(1.036, 1.050)	<0.001	1.016	(1.014, 1.018)	<0.001
Lunch	1.007	(1.006, 1.008)	<0.001	1.021	(1.018, 1.024)	<0.001	1.007	(1.006, 1.008)	<0.001
Dinner	1.008	(1.007, 1.009)	<0.001	1.013	(1.010, 1.016)	<0.001	1.007	(1.006, 1.008)	<0.001
Total food out	1.008	(1.007, 1.009)	<0.001	1.020	(1.017, 1.022)	<0.001	1.008	(1.007, 1.009)	<0.001
	Coef. [d]	95% CI [c]	p-value	Coef. [d]	95% CI [c]	p-value	Coef. [d]	95% CI [c]	p-value
Fruit	-0.002	(-0.003, -0.001)	<0.001	-0.004	(-0.007, -0.001)	0.007	-0.002	(-0.003, -0.001)	<0.001
Vegetables	-0.002	(-0.003, -0.001)	0.003	-0.007	(-0.010, -0.003)	<0.001	-0.002	(-0.003, -0.001)	0.001

[a] Models adjusted for age, sex, education, household composition, remoteness, neighbourhood SES and work schedule, [b] IRR: incidence rate

ratio, [c] CI: confidence interval, [d] Coef.: coefficient. Sample size for each analysis is presented in Supplementary file 2.