

Supplementary file 2: Sample size per analysis

	Work hours	Commute hours	Combined
	Ind. (obs.)	Ind. (obs.)	Ind. (obs.)
Breakfast	14,512 (31,798)	14,360 (31,202)	14,359 (31,159)
Lunch	14,510 (31,798)	14,358 (31,201)	14,357 (31,158)
Dinner	14,510 (31,797)	14,358 (31,200)	14,357 (31,157)
Total food out	14,509 (31,792)	14,357 (31,196)	14,356 (31,153)
Fruit	14,510 (31,795)	14,359 (31,199)	14,358 (31,156)
Vegetables	14,510 (31,795)	14,358 (31,198)	14,357 (31,155)

Note: In Stata, Poisson fixed effects models drop those with only one observation and those with all zero outcomes because these observations do not contribute to the likelihood function. Ind. = number of individuals; obs. = number of observations.