

# OxWell VARIABLE GUIDE 2021

## Questionnaire: Primary (Years 4-7)

For the most up-to-date versions, please see <https://osf.io/sekhr/>

### Contents

#### Variable Guide Table of Contents

<b>DEMOGRAPHICS</b> .....	2
<b>DIET AND FOOD POVERTY</b> .....	3
<b>SLEEP</b> .....	4
<b>EXERCISE</b> .....	7
<b>SCHOOL EXPERIENCE</b> .....	10
<b>SAFETY</b> .....	14
<b>INTERNET</b> .....	15
<b>COVID</b> .....	16
<b>BULLYING</b> .....	17
<b>MENTAL HEALTH</b> .....	19
<b>MENTAL HEALTH SERVICES</b> .....	23
<b>RELATIONSHIPS</b> .....	24
<b>RESEARCH</b> .....	25

OxWell 2012 Primary  
**DEMOGRAPHICS**

CODE	Contingent	Question	Label	Value	Type	Matched	Year Included
		<b>Please enter your Year Group</b>	<i>Year group</i>	4 - 6	Numeric	Prim; Sec; FE	2019, 2020, 2021
		<b>Are you a boy or a girl?</b>	<i>Girl</i> <i>Boy</i> <i>Prefer not to answer</i>	F M R	String	Prim; Sec*; FE*	2019, 2020, 2021*
		<b>How old are you</b>	<i>Age in full years</i>	8 - 12	Numeric	Prim; Sec; FE	2019, 2020, 2021
		<b>Who do you live with?</b>	<i>I live with both of my parents</i> <i>I live with one of my parents</i> <i>My parents are separated and I live in two homes</i> <i>I live with other relatives or adoptive parents</i> <i>I live with other people (foster carers, foster home, childrens home)</i> <i>I live in more than one place</i> <i>I live somewhere else</i> <i>I would rather not say</i>	PARENTS PARENT SEPARATED PARENT RELATIVE OTHERHOM E MANY OTHER RF	String	Prim; Sec; FE	2019*; 2020;2021
		<b>Is your home rented?</b>	<i>Yes</i> <i>No</i> <i>Don't know</i>	Y N R	String	Prim; Sec; FE	2021
		<b>Were you born in the UK</b>	<i>Yes</i> <i>No</i> <i>Would rather not say</i>	Y N R	String	Prim; Sec; FE	2019*;2020; 2021
		<b>Were both of your parents born in the UK?</b>	<i>Yes</i> <i>No</i> <i>Would rather not say</i>	Y N R	String	Prim; Sec; FE	2019*;2020; 2021

Note: A \* in the Matched or Year Included columns indicates that the Question or Label column contain differences in the \* indicated year or survey version

OxWell 2012 Primary

**DIET AND FOOD POVERTY**

CODE	Contingent	Question	Label	Value	Type	Matched	Year Included
		<b><i>Do you usually eat breakfast?</i></b>	<i>Never</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
			<i>Not often</i>	12.6-37.5			
			<i>Sometimes</i>	37.6-62.4			
			<i>Usually</i>	62.5-87.4			
			<i>Every morning</i>	87.5-100			
		<b><i>Some young people go to school or to bed hungry because there is not enough food at home. How often does this happen to you?</i></b>	<i>Not at all</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
			<i>Once or twice</i>	12.6-37.5			
			<i>Sometimes</i>	37.6-62.4			
			<i>Most days</i>	62.5-87.4			
			<i>Every day</i>	87.5-100			

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

**SLEEP**

CODE	Contingent	Question	Label	Value	Type	Matched	Year Included
		<b>What time (to the nearest hour) did you go to bed last night?</b>	<i>Time to bed (in hour)</i>	6pm – 2am or later	String	Prim; Sec; FE	2019; 2020
		<b>How long do you usually take to fall asleep?</b>	0 mins 30 mins (half an hour) 60 mins (1 hour) 90 mins (1.5 hours) 120+ mins (2 hours or more)	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim; Sec; FE	2021
		<b>What time do you usually go to bed on a school night?</b>	6pm 8pm 10pm 12 midnight 2am or later	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim; Sec; FE	2021
		<b>What time do you usually try to fall asleep on a school night?</b>	6pm 8pm 10pm 12 midnight 2am or later	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim; Sec; FE	2021
		<b>What time do you usually wake up on a school day?</b>	5am 7am 9am 11am 1pm or later	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim; Sec; FE	2021
		<b>What time do you usually go to bed at the weekend?</b>	6pm 8pm 10pm 12 midnight 2am or later	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim; Sec; FE	2021
		<b>What time do you usually try to fall asleep at the weekend?</b>	6pm 8pm 10pm 12 midnight 2am or later	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim; Sec; FE	2021

Note: A \* in the Matched or Year Included columns indicates that the Question or Label column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

	<b>What time do you usually wake up at the weekend?</b>	5am 7am 9am 11am 1pm or later	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim; Sec; FE	2021
	<b>People sometimes feel sleepy during the daytime. During your daytime activities, how much of a problem do you have with sleepiness (feeling sleepy, struggling to stay awake)?</b>	No problem at all A little problem More than a little problem A big problem A very big problem	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim; Sec; FE	2021
	<b>Thinking about the past month, to what extent has poor sleep troubled you in general?</b>	Not at all A little Somewhat Much Very much	NOTATALL LITTLE SOMEWHAT MUCH VERYMUCH	String	Prim; Sec; FE	2021
	<b>Thinking about a typical night in the last month, how many nights a week do you have a problem with your sleep?</b>	0-1 2 3 4 5-7	0TO1 2 3 4 5TO7	String	Prim; Sec; FE	2021
	<b>On a school night (when you have lessons the next day), who usually sets your bedtime?</b>	Yourself Parent/carer/guardian/ other family member other	SELF CARER ## OTHER	String	Prim; Sec; FE	2021
	<b>On a weekend night (no lessons the next day), who usually sets your bedtime?</b>	Yourself Parent/carer/guardian/ other family member other	SELF CARER ## OTHER	String	Prim; Sec; FE	2021
	<b>On school nights (when you have lessons the next day), do you have a rule or set time in your house about when you are supposed to turn off or put away computers, phones or other electronics?</b>	Yes No	Y N	String	Prim; Sec; FE	2021
	<b>How often do you use social media (e.g. tik-tok, instagram) in the hour before you intend to go to sleep?</b>	Never Rarely (1-2 times a month)	0-12.5 12.6-37.5	Sliding scale	Prim; Sec; FE	2021

Note: A \* in the Matched or Year Included columns indicates that the Question or Label column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

		<i>Sometimes (1-2 times a week)</i>	37.6-62.4			
		<i>Often (3-4 times a week)</i>	62.5-87.4			
		<i>Daily</i>	87.5-100			
	<b><i>How often do you play video games in the hour before you intend to go to sleep (including games on consoles, computer, tablet, mobile phone or other portable gaming device)?</i></b>	<i>Never</i>	0-12.5	Sliding scale	Prim; Sec;	2021
		<i>Rarely (1-2 times a month)</i>	12.6-37.5		FE	
		<i>Sometimes (1-2 times a week)</i>	37.6-62.4			
		<i>Often (3-4 times a week)</i>	62.5-87.4			
		<i>Daily</i>	87.5-100			

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

**EXERCISE**

CODE	Contingent	Question	Label	Value	Type	Matched	Year Included
		<b>About how many hours physical activity or exercise do you do over a whole week (in and out of school, during term-time)</b>	<i>1 hour or less)</i>	0-12.5	Sliding scale	Prim; Sec; FE	2020; 2021*
			<i>3 hours</i>	12.6-37.5			
			<i>6 hours</i>	37.6-62.4			
			<i>9 hours</i>	62.5-87.4			
			<i>12 hours or more</i>	87.5-100			
		<b>How many times per week do you normally do PE/sports during school time?</b>	<i>0</i>	0-12.5	Sliding scale	Prim; Sec; FE	2021
			<i>3</i>	12.6-37.5			
			<i>6</i>	37.6-62.4			
			<i>9</i>	62.5-87.4			
			<i>12 or more</i>	87.5-100			
		<b>How many times per week do you do sports or exercise outside of school hours?</b>	<i>0</i>	0-12.5	Sliding scale	Prim; Sec; FE	2021
			<i>3</i>	12.6-37.5			
			<i>6</i>	37.6-62.4			
			<i>9</i>	62.5-87.4			
			<i>12 or more</i>	87.5-100			
		<b>Is most of your exercise at school or outside of school?</b>	<i>Only at</i>	0-12.5	Sliding scale	Prim; Sec; FE	2021
			<i>Mostly at</i>	12.6-37.5			
			<i>Same in/out of</i>	37.6-62.4			
			<i>Mostly outside</i>	62.5-87.4			
			<i>All outside</i>	87.5-100			
		<b>Compared to before the first lockdown, how much time do you spend doing sports or exercise now?</b>	<i>Much less</i>	0-12.5	Sliding scale	Prim; Sec; FE	2021
			<i>Slightly less</i>	12.6-37.5			
			<i>The same amount</i>	37.6-62.4			
			<i>Slightly more</i>	62.5-87.4			
			<i>Much more</i>	87.5-100			
		<b>How much do you enjoy physical exercise outside of school time?</b>	<i>Never</i>	0-12.5	Sliding scale	Prim; Sec; FE	2021
			<i>Not often</i>	12.6-37.5			
			<i>Sometimes</i>	37.6-62.4			
			<i>Quite often</i>	62.5-87.4			
			<i>Always</i>	87.5-100			
		<b>Would you like to do more sports/exercise?</b>	<i>Yes</i>	Y	String	Prim; Sec; FE	2020; 2021
			<i>No</i>	N			

Note: A \* in the Matched or Year Included columns indicates that the Question or Label column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

	<b>How much do you normally enjoy your PE lessons?</b>	Never	0-12.5	String	Prim; Sec; FE	2020; 2021
		Not often	12.6-37.5			
		Sometimes	37.6-62.4			
		Quite often	62.5-87.4			
		Always	87.5-100			
	<b>How important are the following in your decision to do sport or physical activity:</b>					
	<b>Spend time with friends and meet new people</b>	Not at all important	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2021
		Not very important	12.6-37.5			
		Quite important	37.6-62.4			
		Important	62.5-87.4			
		Very important	87.5-100			
	<b>Exercise get fit</b>	Not at all important	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		Not very important	12.6-37.5			
		Quite important	37.6-62.4			
		Important	62.5-87.4			
		Very important	87.5-100			
	<b>Unwind/reduce stress</b>	Not at all important	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		Not very important	12.6-37.5			
		Quite important	37.6-62.4			
		Important	62.5-87.4			
		Very important	87.5-100			
	<b>Weight management/body shaping</b>	Not at all important	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		Not very important	12.6-37.5			
		Quite important	37.6-62.4			
		Important	62.5-87.4			
		Very important	87.5-100			
	<b>Learn a new skill</b>	Not at all important	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		Not very important	12.6-37.5			
		Quite important	37.6-62.4			
		Important	62.5-87.4			
		Very important	87.5-100			
	<b>Improve performance/do well competitively</b>	Not at all important	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		Not very important	12.6-37.5			
		Quite important	37.6-62.4			
		Important	62.5-87.4			
		Very important	87.5-100			
	<b>Enjoyment - feeling good physically/mentally</b>	Not at all important	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		Not very important	12.6-37.5			
		Quite important	37.6-62.4			
		Important	62.5-87.4			

Note: A \* in the Matched or Year Included columns indicates that the Question or Label column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

	<b><i>Have to do it for others - school/team/family</i></b>	<i>Very important</i>	87.5-100	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		<i>Not at all important</i>	0-12.5			
		<i>Not very important</i>	12.6-37.5			
		<i>Quite important</i>	37.6-62.4			
		<i>Important</i>	62.5-87.4			
		<i>Very important</i>	87.5-100			
	<b><i>How do you normally (i.e. for most of the journey) travel to school?</i></b>	<i>I travel by vehicle (e.g. bus, car, van, train, motorbike)</i>	TRAVELVEH ICLE	Sliding scale	Prim; Sec; FE	2019*; 2021
		<i>I do not travel by vehicle (e.g. walk, cycle, skate, skoot, blades)</i>	TRAVELWAL K			

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

**SCHOOL EXPERIENCE**

CODE	Contingent	Question	Label	Value	Type	Matched	Year Included
		<b>How much help and support with learning do you feel that you get at school?</b>	<i>No help at all</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
			<i>Not enough help</i>	12.6-37.5			
			<i>Just about enough help</i>	37.6-62.4			
			<i>Most of the help I need</i>	62.5-87.4			
			<i>All of the help I need</i>	87.5-100			
		<b>How much help and support do you feel you get with your homework from the people you live with?</b>	<i>No help at all</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
			<i>Not enough help</i>	12.6-37.5			
			<i>Just about enough help</i>	37.6-62.4			
			<i>Most of the help I need</i>	62.5-87.4			
			<i>All of the help I need</i>	87.5-100			
		<b>How would you describe being at your school?</b>					2019*; 2021
		<b>I enjoy my school</b>	<i>Strongly Disagree</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2021
			<i>Disagree</i>	12.6-37.5			
			<i>Neither Agree nor disagree</i>	37.6-62.4			
			<i>Agree</i>	62.5-87.4			
			<i>Strongly Agree</i>	87.5-100			
		<b>I try my best at school</b>	<i>Strongly Disagree</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2021
			<i>Disagree</i>	12.6-37.5			
			<i>Neither Agree nor disagree</i>	37.6-62.4			
			<i>Agree</i>	62.5-87.4			
			<i>Strongly Agree</i>	87.5-100			
		<b>I learn a lot at school</b>	<i>Strongly Disagree</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2021
			<i>Disagree</i>	12.6-37.5			
			<i>Neither Agree nor disagree</i>	37.6-62.4			
			<i>Agree</i>	62.5-87.4			
			<i>Strongly Agree</i>	87.5-100			
		<b>My school is giving me useful skills and knowledge</b>	<i>Strongly Disagree</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2021
			<i>Disagree</i>	12.6-37.5			
			<i>Neither Agree nor disagree</i>	37.6-62.4			
			<i>Agree</i>	62.5-87.4			
			<i>Strongly Agree</i>	87.5-100			
		<b>My school has lots of activities (like sport and drama) to take part in at lunchtime or after school</b>	<i>Strongly Disagree</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2021
			<i>Disagree</i>	12.6-37.5			

Note: A \* in the Matched or Year Included columns indicates that the Question or Label column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

<b><i>My teacher(s) make my lessons fun and interesting</i></b>	<i>Neither Agree nor disagree</i>	37.6-62.4	Sliding scale	Prim; Sec; FE*	2019; 2021
	<i>Agree</i>	62.5-87.4			
	<i>Strongly Agree</i>	87.5-100			
	<i>Strongly Disagree</i>	0-12.5			
	<i>Disagree</i>	12.6-37.5			
	<i>Neither Agree nor disagree</i>	37.6-62.4			
<b><i>My teacher(s) tell me how I am doing with my work</i></b>	<i>Agree</i>	62.5-87.4	Sliding scale	Prim; Sec; FE*	2019; 2021
	<i>Strongly Agree</i>	87.5-100			
	<i>Strongly Disagree</i>	0-12.5			
	<i>Disagree</i>	12.6-37.5			
	<i>Neither Agree nor disagree</i>	37.6-62.4			
	<i>Agree</i>	62.5-87.4			
<b><i>Other pupils often disrupt my lessons</i></b>	<i>Strongly Agree</i>	87.5-100	Sliding scale	Prim; Sec; FE	2019; 2021
	<i>Strongly Disagree</i>	0-12.5			
	<i>Disagree</i>	12.6-37.5			
	<i>Neither Agree nor disagree</i>	37.6-62.4			
	<i>Agree</i>	62.5-87.4			
	<i>Strongly Agree</i>	87.5-100			
<b><i>I get enough help at school with learning</i></b>	<i>Strongly Disagree</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2021
	<i>Disagree</i>	12.6-37.5			
	<i>Neither Agree nor disagree</i>	37.6-62.4			
	<i>Agree</i>	62.5-87.4			
	<i>Strongly Agree</i>	87.5-100			
	<i>Strongly Disagree</i>	0-12.5			
<b><i>I get enough help at school when I am upset</i></b>	<i>Disagree</i>	12.6-37.5	Sliding scale	Prim; Sec*; FE*	2019; 2021
	<i>Neither Agree nor disagree</i>	37.6-62.4			
	<i>Agree</i>	62.5-87.4			
	<i>Strongly Agree</i>	87.5-100			
	<i>Strongly Disagree</i>	0-12.5			
	<i>Disagree</i>	12.6-37.5			
<b><i>I feel stressed by school work</i></b>	<i>Neither Agree nor disagree</i>	37.6-62.4	Sliding scale	Prim; Sec; FE	2019; 2021
	<i>Agree</i>	62.5-87.4			
	<i>Strongly Agree</i>	87.5-100			
	<i>Strongly Disagree</i>	0-12.5			
	<i>Disagree</i>	12.6-37.5			
	<i>Neither Agree nor disagree</i>	37.6-62.4			
<b><i>I worry about going to school</i></b>	<i>Agree</i>	62.5-87.4	Sliding scale	Prim; Sec; FE	2019; 2021
	<i>Strongly Agree</i>	87.5-100			
	<i>Strongly Disagree</i>	0-12.5			
	<i>Disagree</i>	12.6-37.5			
	<i>Neither Agree nor disagree</i>	37.6-62.4			
	<i>Agree</i>	62.5-87.4			

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

	<b><i>I am often in trouble</i></b>	<i>Strongly Agree</i>	87.5-100	Sliding scale	Prim; Sec; FE	2019; 2021
		<i>Strongly Disagree</i>	0-12.5			
		<i>Disagree</i>	12.6-37.5			
		<i>Neither Agree nor disagree</i>	37.6-62.4			
		<i>Agree</i>	62.5-87.4			
	<b><i>I am often aggressive or violent</i></b>	<i>Strongly Agree</i>	87.5-100	Sliding scale	Prim; Sec; FE	2019; 2021
		<i>Strongly Disagree</i>	0-12.5			
		<i>Disagree</i>	12.6-37.5			
		<i>Neither Agree nor disagree</i>	37.6-62.4			
		<i>Agree</i>	62.5-87.4			
	<b><i>I usually achieve top marks at my school</i></b>	<i>Strongly Agree</i>	87.5-100	Sliding scale	Prim; Sec; FE	2019; 2021
		<i>Strongly Disagree</i>	0-12.5			
		<i>Disagree</i>	12.6-37.5			
		<i>Neither Agree nor disagree</i>	37.6-62.4			
		<i>Agree</i>	62.5-87.4			
	<b><i>I am happy to use the school toilets</i></b>	<i>Strongly Agree</i>	87.5-100	Sliding scale	Prim; Sec; FE	2019; 2021
<i>Strongly Disagree</i>		0-12.5				
<i>Disagree</i>		12.6-37.5				
<i>Neither Agree nor disagree</i>		37.6-62.4				
<i>Agree</i>		62.5-87.4				
<b><i>How much do you think the school council and pupils views make a difference at your school?</i></b>	<i>Not at all</i>	0-12.5	Sliding scale	Prim; Sec	2019; 2021	
	<i>Not very</i>	12.6-37.5				
	<i>Neither/Don't Know</i>	37.6-62.4				
	<i>Quite a lot</i>	62.5-87.4				
	<i>Very much</i>	87.5-100				
	<b><i>About speaking out:</i></b>			String	Prim; Sec; FE	2021
	<b><i>Adults in my school ask for my opinion on things</i></b>	<i>Never/Rarely</i>	NEVER			
		<i>Sometimes</i>	SOMETIMES			
		<i>Often</i>	OFTEN			
	<b><i>Adults in my school listen when I share my opinion</i></b>	<i>Never/Rarely</i>	NEVER			
		<i>Sometimes</i>	SOMETIMES			
		<i>Often</i>	OFTEN			
	<b><i>My school friends ask my advice when they have a problem</i></b>	<i>Never/Rarely</i>	NEVER			
		<i>Sometimes</i>	SOMETIMES			
		<i>Often</i>	OFTEN			

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

	<b><i>If I see something wrong in school I feel I can tell someone and they will listen</i></b>	<i>Never/Rarely</i>	NEVER			
		<i>Sometimes</i>	SOMETIMES			
		<i>Often</i>	OFTEN			
	<b><i>I can speak up in class when I have a comment or question</i></b>	<i>Never/Rarely</i>	NEVER			
		<i>Sometimes</i>	SOMETIMES			
		<i>Often</i>	OFTEN			
	<b><i>I can speak up when I see someone else being hurt</i></b>	<i>Never/Rarely</i>	NEVER			
		<i>Sometimes</i>	SOMETIMES			
		<i>Often</i>	OFTEN			
	<b><i>I can ask adults in my school for help when I need it</i></b>	<i>Never/Rarely</i>	NEVER			
		<i>Sometimes</i>	SOMETIMES			
		<i>Often</i>	OFTEN			
	<b><i>How much do you agree with the following statement: I identify with my school community</i></b>	<i>Fully disagree</i>	FULLDISAGREE	String	Prim; Sec; FE	2021
		<i>Disagree</i>	DISAGREE			
		<i>Somewhat disagree</i>	SOMEDISAGREE			
		<i>Neither agree nor disagree</i>	NEITHER			
		<i>Somewhat agree</i>	SOMEAGREE			
		<i>Agree</i>	AGREE			
		<i>Fully agree</i>	FULLAGREE			

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

**SAFETY**

CODE	Contingent	Question	Label	Value	Type	Matched	Year Included
		<b><i>When you are at school, how safe do you feel?</i></b>	<i>Very unsafe</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
			<i>Unsafe</i>	12.6-37.5			
			<i>Neither safe nor unsafe</i>	37.6-62.4			
			<i>Safe</i>	62.5-87.4			
			<i>Very safe</i>	87.5-100			
		<b><i>How safe do you feel at home or the place where you live?</i></b>	<i>Very unsafe</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
			<i>Unsafe</i>	12.6-37.5			
			<i>Neither safe nor unsafe</i>	37.6-62.4			
			<i>Safe</i>	62.5-87.4			
			<i>Very safe</i>	87.5-100			
		<b><i>How safe do you feel when crossing roads or walking near roads?</i></b>	<i>Very unsafe</i>	0-12.5	Sliding scale	Prim	2019; 2021
			<i>Unsafe</i>	12.6-37.5			
			<i>Neither safe nor unsafe</i>	37.6-62.4			
			<i>Safe</i>	62.5-87.4			
			<i>Very safe</i>	87.5-100			
		<b><i>How safe do you feel riding your bike on the roads?</i></b>	<i>Very unsafe</i>	0-12.5	Sliding scale	Prim	2019; 2021
			<i>Unsafe</i>	12.6-37.5			
			<i>Neither safe nor unsafe</i>	37.6-62.4			
			<i>Safe</i>	62.5-87.4			
			<i>Very safe</i>	87.5-100			

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

**INTERNET**

CODE	Contingent	Question	Label	Value	Type	Matched	Year Included
		<b>Does an adult usually check what you are doing on the internet?</b>	Yes No	Y N	String	Prim	2019; 2021
		<b>Approximately how much time did you spend last night online/playing computer games on your computer, laptop, tablet, mobile phone or games station?</b>	Under 1 hour 2 hours 4 hours 6 hours More than 8 hours	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim	2019; 2021
		<b>Do you argue with or feel criticised by friends, parents or carers about the amount of time you spend online?</b>	Never Not often Sometimes Quite often Always	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 62.5-87.4	Sliding scale	Prim	2019; 2021
		<b>Have you ever met a person in the real world that you got to know first online?</b>	Yes No	Y N	String	Prim; Sec	2019; 2021
		<b>What was the age of the person that you met?</b>	About the same age Younger Older An adult Would rather not say	SAME YOUNGER OLDER ADULT R	String	Prim, Sec	2019; 2021
		<b>Did you take someone with you when you met up with them?</b>	I went on my own I went with a parent/carer I went with another adult I went with my brother/sister I went with a friend	OWN PARCAR ADULT SIBLING FRIEND	String	Prim, Sec	2019; 2021

Note: A \* in the Matched or Year Included columns indicates that the Question or Label column contain differences in the \* indicated year or survey version

OxWell 2012 Primary  
COVID

CODE	Contingent	Question	Label	Value	Type	Matched	Year Included
		<b>Do you think you have had Covid?</b>	No Possibly Probably Yes (confirmed by test)	N POSSIBLY PROBABLY Y	String	Prim; Sec; FE	2021
		<b>Compared to before the first lockdown, how easy have you found it to remember things?</b>	Very difficult Quite difficult The same Quite easy Very easy	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim; Sec; FE	2021
		<b>Compared to before the first lockdown, how easy have you found it to concentrate?</b>	Very difficult Quite difficult The same Quite easy Very easy	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim; Sec; FE	2021
		<b>Compared to before the first lockdown, how easy have you found it to think clearly?</b>	Very difficult Quite difficult The same Quite easy Very easy	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim; Sec; FE	2021
		<b>Would you take a COVID-19 vaccine (approved for use in the UK) if offered?</b>	Eager to get a COVID-19 vaccine Willing to get a COVID-19 vaccine Not bothered about getting a COVID-19 vaccine Unwilling to get a COVID-19 vaccine Anti-vaccination for COVID-19 Don't know Don't know what this means	EAGER WILLING NOTBOTHE RED UNWILLING ANTIVACCINATION DONTKNOW NOTUNDER STAND	String	Prim; Sec; FE	2021

Note: A \* in the Matched or Year Included columns indicates that the Question or Label column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

**BULLYING**

CODE	Contingent	Question	Label	Value	Type	Matched	Year Included
		<b>How well do you think your school deals with bullying</b>	<i>Very badly</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2021
			<i>Not very well</i>	12.6-37.5			
			<i>Average</i>	37.6-62.4			
			<i>Quite well</i>	62.5-87.4			
			<i>Extremely well</i>	87.5-100			
		<b>Have you been bullied in the last year?</b>	<i>No</i>	0-12.5	Sliding scale	Prim*; Sec; FE	2019*; 2020; 2021
			<i>Not often (e.g. once or twice)</i>	12.6-37.5			
			<i>Sometimes (e.g. monthly)</i>	37.6-62.4			
			<i>Quite often (e.g. weekly)</i>	62.5-87.4			
			<i>Most days</i>	87.5-100			
		<b>Is the bullying still happening?</b>	Yes	Y	String	Prim; Sec; FE	2019; 2021
			No	N			
			Would rather not say	R			
		<b>If you have been bullied in the last year in what way did it happen?</b>	Physical	Y	Tick box	Prim; Sec; FE	2019*; 2020; 2021
			Verbal	Y			
			Cyber	Y			
			Isolated or Excluded	Y			
			Other	Y			
		<b>If you have ever been bullied, did someone help you deal with it?</b>	Parent, step-parent or carer	Y	Tick box	Prim; Sec; FE	2019; 2021*
			Someone else in your family	Y			
			Friend(s)	Y			
			A teacher or other adult at your school	Y			
			A mental health worker (from outside the school) who visits the school	Y			
			A doctor, nurse (outside school), psychologist	Y			
			A counsellor, youth worker or social worker	Y			
			Internet advice sites, forums, chatrooms etc	Y			
			No-one	Y			

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

	<b>Where does the bullying usually happen?</b>	The journey to/from school Online/social media sites  During lessons In school but outside of lessons At home The place you are living now Outside Other	TOFROMSCH HOOL INTERNET  CLASSROOM M OTHERSCHOOL OL HOME PLACEMENT  OUTSIDE OTHER	String	Prim; Sec; FE	2019; 2021*
	<b>What do pupils in your school do if they see someone being bullied?</b>	Try to stop the bullying Tell a teacher Laugh Join in Nothing	Y Y Y Y Y	Tick box		2021

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version

OxWell 2012 Primary  
**MENTAL HEALTH**

CODE	Contingent	Question	Label	Value	Type	Matched	Year Included
		<b><i>I've been feeling optimistic about the future (optimistic means hopeful and confident)</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim*; Sec; FE	2019; 2020; 2021
			<i>Rarely</i>	12.6-37.5			
			<i>Some of the time</i>	37.6-62.4			
			<i>Often</i>	62.5-87.4			
			<i>All of the time</i>	87.5-100			
		<b><i>I've been feeling useful</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
			<i>Rarely</i>	12.6-37.5			
			<i>Some of the time</i>	37.6-62.4			
			<i>Often</i>	62.5-87.4			
			<i>All of the time</i>	87.5-100			
		<b><i>I've been feeling relaxed</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
			<i>Rarely</i>	12.6-37.5			
			<i>Some of the time</i>	37.6-62.4			
			<i>Often</i>	62.5-87.4			
			<i>All of the time</i>	87.5-100			
		<b><i>I've been feeling interested in other people</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
			<i>Rarely</i>	12.6-37.5			
			<i>Some of the time</i>	37.6-62.4			
			<i>Often</i>	62.5-87.4			
			<i>All of the time</i>	87.5-100			
		<b><i>I've had energy to spare</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
			<i>Rarely</i>	12.6-37.5			
			<i>Some of the time</i>	37.6-62.4			
			<i>Often</i>	62.5-87.4			
			<i>All of the time</i>	87.5-100			
		<b><i>I've been dealing with problems well</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
			<i>Rarely</i>	12.6-37.5			
			<i>Some of the time</i>	37.6-62.4			
			<i>Often</i>	62.5-87.4			
			<i>All of the time</i>	87.5-100			
		<b><i>I've been thinking clearly</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
			<i>Rarely</i>	12.6-37.5			
			<i>Some of the time</i>	37.6-62.4			

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

		<i>Often</i>	62.5-87.4			
		<i>All of the time</i>	87.5-100			
	<b><i>I've been feeling good about myself</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		<i>Rarely</i>	12.6-37.5			
		<i>Some of the time</i>	37.6-62.4			
		<i>Often</i>	62.5-87.4			
		<i>All of the time</i>	87.5-100			
	<b><i>I've been feeling confident</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		<i>Rarely</i>	12.6-37.5			
		<i>Some of the time</i>	37.6-62.4			
		<i>Often</i>	62.5-87.4			
		<i>All of the time</i>	87.5-100			
	<b><i>I've been able to make my own mind up about things</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		<i>Rarely</i>	12.6-37.5			
		<i>Some of the time</i>	37.6-62.4			
		<i>Often</i>	62.5-87.4			
		<i>All of the time</i>	87.5-100			
	<b><i>I've been feeling loved</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		<i>Rarely</i>	12.6-37.5			
		<i>Some of the time</i>	37.6-62.4			
		<i>Often</i>	62.5-87.4			
		<i>All of the time</i>	87.5-100			
	<b><i>I've been interested in new things</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		<i>Rarely</i>	12.6-37.5			
		<i>Some of the time</i>	37.6-62.4			
		<i>Often</i>	62.5-87.4			
		<i>All of the time</i>	87.5-100			
	<b><i>I've been feeling cheerful</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		<i>Rarely</i>	12.6-37.5			
		<i>Some of the time</i>	37.6-62.4			
		<i>Often</i>	62.5-87.4			
		<i>All of the time</i>	87.5-100			
	<b><i>I've been feeling close to other people</i></b>	<i>None of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		<i>Rarely</i>	12.6-37.5			
		<i>Some of the time</i>	37.6-62.4			

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

		<i>Often</i>	62.5-87.4			
		<i>All of the time</i>	87.5-100			
	<b>Overall, are you basically satisfied with your life?</b>	<i>Unsatisfied most of the time</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		<i>Quite unsatisfied</i>	12.6-37.5			
		<i>Neither satisfied nor unsatisfied</i>	37.6-62.4			
		<i>Quite satisfied</i>	62.5-87.4			
		<i>Satisfied</i>	87.5-100			
	<b>How often have you been so worried about something you can not sleep at night?</b>	<i>Never</i>	0-12.5	Sliding scale	Prim; Sec; FE	2019; 2020; 2021
		<i>Once or twice</i>	12.6-37.5			
		<i>Sometimes</i>	37.6-62.4			
		<i>Most nights</i>	62.5-87.4			
		<i>Every night</i>	87.5-100			
	<b>Thinking about how happy you have felt over the past week, would you say you felt generally</b>	<i>Unhappy most of the time</i>	0-12.5	Sliding scale	Prim; Sec*; FE*	2019; 2020; 2021*
		<i>Quite unhappy</i>	12.6-37.5			
		<i>Neither happy nor unhappy</i>	37.6-62.4			
		<i>Quite happy</i>	62.5-87.4			
		<i>Happy most of the time</i>	87.5-100			
	<b>Thinking about how happy you have felt over the past week AT SCHOOL, would you say you felt generally</b>	<i>Unhappy most of the time</i>	0-12.5	Sliding scale	Prim; Sec*; FE*	2019; 2021*
		<i>Quite unhappy</i>	12.6-37.5			
		<i>Neither happy nor unhappy</i>	37.6-62.4			
		<i>Quite happy</i>	62.5-87.4			
		<i>Happy most of the time</i>	87.5-100			
	<b>Overall, how confident about your future do you generally feel?</b>	Not at all confident	0-12.5	Sliding scale	Prim ; Sec; FE	2019;2021
		Not very confident	12.6-37.5			
		Quite confident	37.6-62.4			
		Confident	62.5-87.4			
		Extremely confident	87.5-100			
	<b>How proud do you feel of things you have achieved in your life?</b>	Not at all	0-12.5	Sliding scale	Prim ; Sec; FE	2019; 2021
		Not very	12.6-37.5			
		A bit	37.6-62.4			
		Quite	62.5-87.4			

Note: A \* in the Matched or Year Included columns indicates that the Question or Label column contain differences in the \* indicated year or survey version

OxWell 2012 Primary

Extremely

87.5-100

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version

OxWell 2012 Primary

**MENTAL HEALTH SERVICES**

CODE	Contingent	Question	Label	Value	Type	Matched	Year Included
		<b>Do you know who helps children in your school when they feel upset and need help (mental health support)?</b>	Yes	Y	String	Prim*; Sec; FE	2019*; 2020; 2021
	No		N				
	Not sure		D				
		<b>Is it easy for you to find someone when you feel upset and need help?</b>	Very difficult	0-12.5	Sliding scale	Prim*; Sec; FE	2020; 2021*
	Quite difficult		12.6-37.5				
	Sometimes difficult		37.6-62.4				
	Quite easy		62.5-87.4				
	Very easy		87.5-100				
		<b>Who provides mental health support in your school?</b>	Class teacher	Y	Tick box	Prim*; Sec; FE	2021
	Teaching assistants		Y				
	Another adult in school		Y				
	A mental health worker (from outside school) who visits the school		Y				
		<b>If you felt you needed to speak to someone to get mental health support what would you do?</b>	Speak to a parent/carer	Y	Tick box	Prim; Sec; FE	2020*; 2021*
	Speak to another family member		Y				
	Speak to a friend		Y				
	Speak to someone who works at school (e.g. teacher, class assistant or other adults in school)		Y				
	Look for help online (e.g. Childline, Mind)		Y				
	Speak to another adult I trust (e.g. a mental health worker who visits the school)		Y				
	Nothing		Y				
	Other		Y				

Note: A \* in the Matched or Year Included columns indicates that the Question or Label column contain differences in the \* indicated year or survey version

OxWell 2012 Primary  
**RELATIONSHIPS**

CODE	Contingent	Question	Label	Value	Type	Matched	Year Included
		<b>How easy do you find it to make and keep friends?</b>	<i>Very difficult</i>	0-12.5	String	Prim; Sec; FE	2019; 2021
			<i>Quite difficult</i>	12.6-37.5			
			<i>Sometimes difficult</i>	37.6-62.4			
			<i>Quite easy</i>	62.5-87.4			
			<i>Very easy</i>	87.5-100			
		<b>How well do you get along with other people in your household?</b>	<i>Very well or well</i>	WELL	String	Prim; Sec; FE	2020; 2021
			<i>Most of the time well</i>	WELLMOST			
			<i>Not well or not at all well</i>	NOTWELL			
		<b>How well do you get along with your friends?</b>	<i>Very well or well</i>	WELL	String	Prim; Sec; FE	2020; 2021
			<i>Most of the time well</i>	WELLMOST			
			<i>Not well or not at all well</i>	NOTWELL			
		<b>How often do you feel that you have no one to talk to (in person/online/phone)?</b>	<i>Hardly ever or never</i>	NEVER	String	Prim; Sec; FE	2020; 2021
			<i>Some of the time</i>	SOMETIMES			
			<i>Often</i>	OFTEN			
		<b>How often do you feel left out?</b>	<i>Hardly ever or never</i>	NEVER	String	Prim; Sec; FE	2020; 2021
			<i>Some of the time</i>	SOMETIMES			
			<i>Often</i>	OFTEN			
		<b>How often do you feel alone?</b>	<i>Hardly ever or never</i>	NEVER	String	Prim; Sec; FE	2021
			<i>Some of the time</i>	SOMETIMES			
			<i>Often</i>	OFTEN			
		<b>How often do you feel lonely?</b>	<i>Hardly ever or never</i>	NEVER	String	Prim; Sec; FE	2020; 2021
			<i>Some of the time</i>	SOMETIMES			
			<i>Often</i>	OFTEN			

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version

## OxWell 2012 Primary

**RESEARCH**

CODE	Contingent	Question	Label	Value	Type	Matched	Year Included
		<b><i>If this survey asked you to tell us your name, so that we would know who you are, would you still take part?</i></b>	Yes No Maybe I don't understand	Y N MAYBE D	String	Prim; Sec; FE	2021
		<b><i>Did you also complete this survey last year at school?</i></b>	Yes No I can't remember	Y N NOMEMORY	String	Prim; Sec; FE	2020; 2021*
		<b><i>If this survey asked you to tell us your name, so that we would know who you are, would you still take part?</i></b>	Not at all Not much Some Quite a lot A great deal	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim*; Sec; FE	2019*; 2020; 2021*
		<b><i>If this survey asked you to tell us your name, so that we would know who you are, would you have answered any of questions in this survey differently?</i></b>	Not at all Not much Some Quite a lot A great deal	0-12.5 12.6-37.5 37.6-62.4 62.5-87.4 87.5-100	Sliding scale	Prim*; Sec; FE	2019*; 2020; 2021*

Note: A \* in the *Matched* or *Year Included* columns indicates that the *Question* or *Label* column contain differences in the \* indicated year or survey version