

Questions for Wave 1

What is your current marital or relationship status?

Married/In a civil partnership
Living as Married
Separated/Divorced
Widowed
Never married

Which of these applies to you?

Working full time
Working part time
Full time student
Retired
Unemployed
Not working/Other

Are you the parent/ guardian of children of any of the following ages? (Please select all that apply.)

Not parent/ guardian
4 years and under
5 to 11 years
12 to 16 years
17 to 18 years
18 years and under
Over 18 years

Children in Household (Please select all that apply.)

0
1
2
3+
Refuse to answer

LMC_Q1. The 2019 novel coronavirus (2019-nCoV), otherwise known as COVID-19, is an infectious disease first identified in the city of Wuhan, capital of Hubei province in China, after 41 people developed pneumonia without a clear cause. Infections have since been reported around the world. Symptoms include fever, coughing and breathing difficulties. Throughout this questionnaire, we will refer to the disease as Coronavirus. Which, if any, of the following statements do you agree with regarding Coronavirus (COVID-19)? (Please select all that apply)

I feel well informed about the need for measures to control the spread of the outbreak personally
I have everything I need to manage if I am self-isolated (e.g., sufficient food. etc.)

I understand the benefit of washing my hands often
I understand the benefit of self-isolating if needed to
I feel I can make a positive contribution to efforts to limit the spread/impact of the outbreak
None of these
Don't know

LMC_Q2. For the following few questions, we have provided you with a "Prefer not to say" option, which you can select if you do not wish to share your experiences on a particular question. Which, if any, of the following emotions have you felt as a result of the Coronavirus pandemic so far? (Please select all that apply)

Afraid
Panicked
Anxious or worried
Empathetic
Indifferent
Hopeful
Hopeless
Ashamed
Guilt
Loneliness
Unprepared
None of these
Don't know
Prefer not to say

For the following question, we have provided you with both a "Not applicable" and "Prefer not to say" options, as some questions may either not apply or are of a sensitive nature. Please select the option that best applies to you. Are you worried about any of the following as a result of the Coronavirus pandemic? (Please select one option on each row)

Options:

Yes
No
Don't know
Not applicable
Prefer not to say

LMC_Q3_1. Financial concerns (e.g., going into debt, ability to pay bills, etc.)

LMC_Q3_2. Losing my job

LMC_Q3_3. Becoming ill with the virus

LMC_Q3_4. Being able to cope with uncertainty (e.g., not knowing what will happen)

LMC_Q3_5. Having no-one to care for me, as a result of becoming ill with the virus

- LMC_Q3_6. Being unable to access my benefit payments**
- LMC_Q3_7. Not being able to care for friends and family, as a result of becoming ill**
- LMC_Q3_8. Being separated from friends and family if I have to self-isolate**
- LMC_Q3_9. Being separated from friends and family if they have to self-isolate**
- LMC_Q3_10. Having enough food to meet my / my households basic needs**
- LMC_Q3_11. Being vulnerable because of an existing medical condition**
- LMC_Q3_12. My education or career training being interrupted**
- LMC_Q3_13. Looking after my children if I get sick**
- LMC_Q3_14. Passing the coronavirus on to someone else if I became infected**
- LMC_Q3_15. Being vulnerable because of my age**
- LMC_Q3_16. Experiencing discrimination if I contract the coronavirus**
- LMC_Q3_17. Making my existing mental health problems worse**
- LMC_Q3_18. How the mental health of my child(ren) will be affected by the pandemic**

LMC_Q4. Still thinking about the Coronavirus...Which, if any, of the following statements apply to you? (Please select all that apply)

- I would volunteer to help tackle the coronavirus as long as it didn't increase my risk of catching it (e.g., dropping food off to people's houses, etc.)
- I would volunteer to help tackle the coronavirus even if it increased my personal risk of catching it (e.g., dropping off food to people's houses, caring for people who are sick. etc.)
- I am worried about someone I know who is living alone and may need help during the pandemic
- I am planning to help someone I know who is living alone during the pandemic
- I am worried about someone who is particularly vulnerable (e.g., elderly, someone with a pre-existing medical condition)
- I live alone and will not have support of family or friends if I became infected
- I think tackling the Coronavirus is solely the job of Government, public services and NHS
- I believe that concern about the Coronavirus is exaggerated
- It has negatively affected how well I sleep
- I am caring for someone and worried about how they will cope if I became infected
- I am a carer and worried about how I will cope if I became infected
- None of these
- Don't know
- Prefer not to say

Questions for Wave 2

What is your current marital or relationship status?

Married/In a civil partnership
Living as Married
Separated/Divorced
Widowed
Never married

Which of these applies to you?

Working full time
Working part time
Full time student
Retired
Unemployed
Not working/Other

Are you the parent/ guardian of children of any of the following ages? (Please select all that apply.)

Not parent/ guardian
4 years and under
5 to 11 years
12 to 16 years
17 to 18 years
18 years and under
Over 18 years

Children in Household (Please select all that apply.)

0
1
2
3+
Refuse to answer

LMC_QA. The 2019 novel coronavirus (2019-nCoV), otherwise known as COVID-19, is an infectious disease first identified in the city of Wuhan, capital of Hubei province in China, after 41 people developed pneumonia without a clear cause. Infections have since been reported around the world. Symptoms include fever, coughing and breathing difficulties. Throughout this questionnaire, we will refer to the disease as Coronavirus. For the following question, we would like you to think about yourself, members of your household or other family members who have been affected by Coronavirus. Which, if any, of the following applies to how you have been affected by Coronavirus (COVID-19) in the past 2 weeks? (Please select all that apply)

I have been tested for Coronavirus and had a positive result
I have been tested for Coronavirus and had a negative result
Someone in my household has tested positive for Coronavirus
A family member living at a different address has tested positive for Coronavirus
I am self-isolating with symptoms of Coronavirus
My household is self-isolating because someone else has symptoms of Coronavirus
A family member living at a different address is self-isolating with symptoms of Coronavirus
As part of my current work I am working directly with individuals who have tested positive for Coronavirus
None of these
Don't know

LMC_Q1. Which, if any, of the following statements do you agree with regarding Coronavirus (COVID-19 in the past 2 weeks? (Please select all that apply)

I feel well informed about the need for measures to control the spread of the outbreak personally
I have everything I need to manage if I am self-isolated (e.g., sufficient food. etc.)
I understand the benefit of washing my hands often
I understand the benefit of self-isolating if needed to
I feel I can make a positive contribution to efforts to limit the spread/impact of the outbreak
None of these
Don't know

LMC_Q2. For the following few questions, we have provided you with a "Prefer not to say" option, which you can select if you do not wish to share your experiences on a particular question. Which, if any, of the following emotions have you felt as a result of the Coronavirus (COVID-19) pandemic in the past 2 weeks? (Please select all that apply)

Afraid
Panicked
Anxious or worried
Empathetic
Indifferent
Hopeful
Hopeless
Ashamed
Guilt
Loneliness
Unprepared
None of these
Don't know
Prefer not to say

For the following question, we have provided you with both a "Not applicable" and "Prefer not to say" options, as some questions may either not apply or are of a sensitive nature. Please select the option that best applies to you. Have you been worried about any of the following as a result of the Coronavirus (COVID-19) pandemic in the past 2 weeks? (Please select one option on each row)

Options:

Yes

No

Don't know

Not applicable

Prefer not to say

LMC_Q3_1. Financial concerns (e.g., going into debt, ability to pay bills, etc.)

LMC_Q3_2. Losing my job

LMC_Q3_3. Becoming ill with the virus

LMC_Q3_4. Being able to cope with uncertainty (e.g., not knowing what will happen)

LMC_Q3_5. Having no-one to care for me, as a result of becoming ill with the virus

LMC_Q3_6. Being unable to access my benefit payments

LMC_Q3_7. Not being able to care for friends and family, as a result of becoming ill

LMC_Q3_8. Being separated from friends and family

LMC_Q3_9. Being able to cope with self-isolation

LMC_Q3_10. Having enough food to meet my / my households basic needs

LMC_Q3_11. Being vulnerable because of an existing medical condition

LMC_Q3_12. My education or career training being interrupted

LMC_Q3_13. Looking after my children if I get sick

LMC_Q3_14. Passing the coronavirus on to someone else if I became infected

LMC_Q3_15. Being vulnerable because of my age

LMC_Q3_16. Experiencing discrimination if I contract the Coronavirus

LMC_Q3_17. Making my existing mental health problems worse

LMC_Q3_18. How the mental health of my child(ren) will be affected by the pandemic

LMC_Q4. Still thinking about the Coronavirus...In the past 2 weeks, which, if any, of the following statements apply to you? (Please select all that apply)

I would volunteer to help tackle the Coronavirus as long as it didn't increase my risk of catching it (e.g., dropping food off to people's houses, etc.)

I would volunteer to help tackle the Coronavirus even if it increased my personal risk of catching it (e.g., dropping off food to people's houses, caring for people who are sick. etc.)

I am worried about someone I know who is living alone and may need help during the pandemic
I am planning to help someone I know who is living alone during the pandemic
I am worried about someone who is particularly vulnerable (e.g., elderly, someone with a pre-existing medical condition)
I live alone and will not have support of family or friends if I became infected
I think tackling the Coronavirus is solely the job of Government, public services and NHS
I believe that concern about the Coronavirus is exaggerated
It has negatively affected how well I sleep
I am caring for someone and worried about how they will cope if I became infected
I am a carer and worried about how I will cope if I became infected
None of these
Don't know
Prefer not to say

LMC_Q5. For the following question, if you have not experienced any stress related to the Coronavirus pandemic, please select the 'Not applicable' option. Overall, how well do you think you are coping with stress related to the Coronavirus (COVID-19) pandemic?

Very well
Fairly well
Not very well
Not at all well
Don't know
Prefer not to say
Not applicable - I have not experienced any stress related to the Coronavirus

LMC_Q6. For the following question, if nothing has helped you cope with stress related to the Coronavirus pandemic, please select the 'Not applicable' option. Which, if any, of the following have helped you to cope with stress related to the Coronavirus (COVID-19) pandemic in the past 2 weeks? (Please select all that apply)

Contacting my family (e.g., phone, video chat, etc.)
Contacting my friends (e.g., phone, video chat, etc.)
Contacting a mental health worker or counsellor (e.g., via phone, video chat etc.)
Maintaining a healthy lifestyle (e.g., balanced diet, enough sleep, exercise etc.)
Keeping up to date with relevant information (e.g., TV news, newspapers, online etc.)
Limiting my exposure to the news about the Coronavirus
Limiting exposure to social media (e.g., Facebook, Instagram, Snapchat, Twitter etc.)
Contacting a support group (i.e., where members with the same issues can come together for sharing coping strategies, to feel more empowered and for a sense of community)
Going for a walk outside
Doing a hobby
Volunteering to help in my local community or for the NHS
Other

Don't know

Not applicable - Nothing has helped me to cope with stress related to the Coronavirus

For the following question, if you do not normally do any of the following, please select the 'Not applicable' option. We have also provided you a 'Prefer not to say' option as the question might be of a sensitive nature. Which, if any, of the following have you done more or less of to cope with the stress of the Coronavirus (COVID-19) pandemic situation in the past 2 weeks, or has there been no change? (Please select one option on each row)

Options:

More

Less

No change

Not applicable

Prefer not to say

LMC_Q7_1. Drunk alcohol

LMC_Q7_2. Smoking (e.g., cigarettes, cigars, etc.)

LMC_Q7_3. Used illicit drugs or other substances

LMC_Q7_4. Eaten too much

LMC_Q7_5. Eaten too little

LBC_Q8A. The following questions are on the topic of self-harm and suicidal thoughts, and your own personal experiences of this. We understand this can be a sensitive topic, but please remember your answers will always be treated anonymously and will never be analysed individually. We will provide you with a "Prefer not to say" option for particularly sensitive questions, which you can select if you do not wish to share your opinion or experiences on a particular question. Are you happy to continue with this section of the survey?

Yes

No

Have you done or experienced any of the following, as a result of the Coronavirus (COVID-19) pandemic in the past 2 weeks? (Please select one option on each row)

Options:

Yes

No

Prefer not to say

LMC_Q8_1. Experienced suicidal thoughts/ feelings

LMC_Q8_2. Deliberately hurt myself

LMC_Q8_3. Worried about someone close to me dying

How often have you done each of the following as a result of the Coronavirus (COVID-19 pandemic in the past 2 weeks? (Please select one option on each row)

Options:

Once a day or more often

Nearly every day

A few times a week

Passing thoughts

Don't know

Prefer not to say

LMC_Q9_1. Experienced suicidal thoughts/ feelings

LMC_Q9_2. Deliberately hurt myself

LMC_Q9_3. Worried about someone close to me dying

Questions for Wave 3

What is your current marital or relationship status?

Married/In a civil partnership
Living as Married
Separated/Divorced
Widowed
Never married

Which of these applies to you?

Working full time
Working part time
Full time student
Retired
Unemployed
Not working/Other

Are you the parent/ guardian of children of any of the following ages? (Please select all that apply.)

Not parent/ guardian
4 years and under
5 to 11 years
12 to 16 years
17 to 18 years
18 years and under
Over 18 years

Children in Household (Please select all that apply.)

0
1
2
3+
Refuse to answer

Which, if any, of the following best describes your current living arrangements? Please select all that apply.

I live alone
Living with a spouse or partner
Living with friend(s) or housemate(s)
Living with parent(s)
Living with brother(s) or sister(s)
Living with child(ren) who are over 18

Living with child(ren) who are below 18
Living with other adult family members, e.g., Grandparents, Cousins, etc.
Living with grandchild(ren) (by grandchildren we mean the children of your children, whether by birth, adoption, or relationship)
Prefer not to say
None of these

LMC_QA. Which, if any, of the following applies to how you have been affected by Coronavirus (COVID-19) in the past 2 weeks? (Please select all that apply)

I have been tested for Coronavirus and had a positive result
I have been tested for Coronavirus and had a negative result
Someone in my household has tested positive for Coronavirus
A family member living at a different address has tested positive for Coronavirus
I am self-isolating with symptoms of Coronavirus
I am self-isolating but don't have any symptoms of Coronavirus
My household is self-isolating because someone else has symptoms of Coronavirus
A family member living at a different address is self-isolating with symptoms of Coronavirus
As part of my current work I am working directly with individuals who have tested positive for Coronavirus
None of these
Don't know

LMC_QBA. Which ONE, if any, of the following BEST describes your current employment since the outbreak of the Coronavirus (COVID-19)?

I am still in employment and continue to work at my workplace (i.e., not from home)
I was working from home before the outbreak and continue to work from home now
I am currently working, but now from home permanently, where I didn't before the outbreak
I have taken temporary unpaid leave
I have been temporarily furloughed by my employer
I have been laid off by my employer
None of these
Don't know

LMC_Q1. Which, if any, of the following statements do you agree with regarding Coronavirus (COVID-19) in the past 2 weeks? (Please select all that apply)

I feel well informed about the need for measures to control the spread of the outbreak personally
I have everything I need to manage if I am self-isolated (e.g., sufficient food. etc.)
I understand the benefit of washing my hands often
I understand the benefit of self-isolating if I needed to
I feel I can make a positive contribution to efforts to limit the spread/impact of the outbreak
None of these
Don't know

LMC_Q2. Which, if any, of the following emotions have you felt as a result of the Coronavirus (COVID-19) pandemic in the past 2 weeks? (Please select all that apply)

Afraid
Panicked
Anxious or worried
Empathetic
Indifferent
Hopeful
Hopeless
Ashamed
Guilt
Loneliness
Unprepared
None of these
Don't know
Prefer not to say

Have you been worried about any of the following as a result of the Coronavirus (COVID-19) pandemic in the past 2 weeks? (Please select one option on each row)

Options:

Yes
No
Don't know
Not applicable
Prefer not to say

LMC_Q3_1. Financial concerns (e.g., going into debt, ability to pay bills, etc.)

LMC_Q3_2. Losing my job

LMC_Q3_3. Becoming ill with the virus

LMC_Q3_4. Being able to cope with uncertainty (e.g., not knowing what will happen)

LMC_Q3_5. Having no-one to care for me, as a result of becoming ill with the virus

LMC_Q3_6. Being unable to access my benefit payments

LMC_Q3_7. Not being able to care for friends and family, as a result of becoming ill

LMC_Q3_8. Being separated from friends and family

LMC_Q3_9. Being able to cope with self-isolation

LMC_Q3_10. Having enough food to meet my / my households basic needs

LMC_Q3_11. Being vulnerable because of an existing medical condition

LMC_Q3_12. My education or career training being interrupted

LMC_Q3_13. Looking after my children if I get sick

LMC_Q3_14. Passing the coronavirus on to someone else if I became infected

LMC_Q3_15. Being vulnerable because of my age

LMC_Q3_16. Experiencing discrimination if I contract the Coronavirus

LMC_Q3_17. Making my existing mental health problems worse

LMC_Q3_18. How the mental health of my child(ren) will be affected by the pandemic

LMC_Q4. Still thinking about the Coronavirus...In the past 2 weeks, which, if any, of the following statements apply to you? (Please select all that apply)

I would volunteer to help tackle the Coronavirus as long as it didn't increase my risk of catching it (e.g., dropping food off to people's houses, etc.)

I would volunteer to help tackle the Coronavirus even if it increased my personal risk of catching it (e.g., dropping off food to people's houses, caring for people who are sick. etc.)

I am worried about someone I know who is living alone and may need help during the pandemic

I am planning to help someone I know who is living alone during the pandemic

I am worried about someone who is particularly vulnerable (e.g., elderly, someone with a pre-existing medical condition)

I live alone and will not have support of family or friends if I became infected

I think tackling the Coronavirus is solely the job of Government, public services and NHS

I believe that concern about the Coronavirus is exaggerated

It has negatively affected how well I sleep

I am caring for someone and worried about how they will cope if I became infected

I am a carer and worried about how I will cope if I became infected

I have experienced a loss due to COVID-19

None of these

Don't know

Prefer not to say

LMC_Q4A. For the following question we would like you to think about kindness in general. By kindness we mean the quality of being friendly, generous and considerate. Which, if any, of the following statements do you agree with? (Please select all that apply)

Being kind to myself has a positive impact on my mental health

Being kind to others has a positive impact on my mental health.

When other people are kind it has a positive impact on my mental health.

The desire to be kind motivates me to be more socially active (e.g., joining groups, volunteering)

I try to make sure I make time to be kind to myself

It's important to look after my own needs as well as being kind to others

It's important that politicians value kindness

It's important that politicians prioritise kindness in policy making

It's important that politicians prioritise kindness in service provision
Trying to be kind to too many people can sometimes feel overwhelming
None of these
Don't know

LMC_Q4B. Thinking now about the Coronavirus (COVID-19)...Which, if any, of the following statements do you agree with? (Please select all that apply)

It's important we show kindness to key workers who are working during the pandemic
It's important to show kindness to young people during the pandemic
It's important to show kindness to older adults during the pandemic
It's important to show kindness to people with underlying health conditions during the pandemic
It's important to show kindness to people who have been bereaved during the pandemic
It's important that we show kindness to the families and friends of people who have died in the pandemic
It's important that we learn from this crisis in order to be more kind as a society
It's important after the pandemic that politicians value kindness more than they did previously
It's important that after the pandemic politicians prioritise kindness in policy making
It's important that after the pandemic politicians prioritise kindness in service provision
It's important to remember to be kind to ourselves in order to cope with the pandemic
I sometimes feel overwhelmed by trying to be kind to too many people during the pandemic
None of these
Don't know

LMC_Q5. For the following question, if you have not experienced any stress related to the Coronavirus pandemic, please select the 'Not applicable' option. Overall, how well do you think you are coping with stress related to the Coronavirus (COVID-19) pandemic?

Very well
Fairly well
Not very well
Not at all well
Don't know
Prefer not to say
Not applicable - I have not experienced any stress related to the Coronavirus

LMC_Q6. Which, if any, of the following have helped you to cope with stress related to the Coronavirus (COVID-19) pandemic in the past 2 weeks? (Please select all that apply)

Contacting my family (e.g., phone, video chat, etc.)
Contacting my friends (e.g., phone, video chat, etc.)
Contacting a mental health worker or counsellor (e.g., via phone, video chat etc.)
Maintaining a healthy lifestyle (e.g., balanced diet, enough sleep, exercise etc.)
Keeping up to date with relevant information (e.g., TV news, newspapers, online etc.)
Limiting my exposure to the news about the Coronavirus

Limiting exposure to social media (e.g., Facebook, Instagram, Snapchat, Twitter etc.)
Contacting a support group (i.e., where members with the same issues can come together for sharing coping strategies, to feel more empowered and for a sense of community)
Going for a walk outside
Doing a hobby
Volunteering to help in my local community or for the NHS
Other
Don't know
Not applicable - Nothing has helped me to cope with stress related to the Coronavirus

Which, if any, of the following have you done more or less of to cope with the stress of the Coronavirus (COVID-19) pandemic situation in the past 2 weeks, or has there been no change? (Please select one option on each row)

Options:

More

Less

No change

Not applicable

Prefer not to say

LMC_Q7_1. Drunk alcohol

LMC_Q7_2. Smoking (e.g., cigarettes, cigars, etc.)

LMC_Q7_3. Used illicit drugs or other substances

LMC_Q7_4. Eaten too much

LMC_Q7_5. Eaten too little

LBC_Q8A. The following questions are on the topic of self-harm and suicidal thoughts, and your own personal experiences of this. We understand this can be a sensitive topic, but please remember your answers will always be treated anonymously and will never be analysed individually. We will provide you with a "Prefer not to say" option for particularly sensitive questions, which you can select if you do not wish to share your opinion or experiences on a particular question. Are you happy to continue with this section of the survey?

Yes

No

Have you done or experienced any of the following, as a result of the Coronavirus (COVID-19) pandemic in the past 2 weeks? (Please select one option on each row)

Options:

Yes

No

Prefer not to say

LMC_Q8_1. Experienced suicidal thoughts/ feelings

LMC_Q8_2. Deliberately hurt myself

LMC_Q8_3. Worried about someone close to me dying

How often have you done each of the following as a result of the Coronavirus (COVID-19 pandemic in the past 2 weeks? (Please select one option on each row)

Options:

Once a day or more often

Nearly every day

A few times a week

Passing thoughts

Don't know

Prefer not to say

LMC_Q9_1. Experienced suicidal thoughts/ feelings

LMC_Q9_2. Deliberately hurt myself

LMC_Q9_3. Worried about someone close to me dying

LMC_Q10. Do you have a current pre-existing mental health condition or psychiatric diagnosis?

Yes

No

Don't know

Prefer not to say

Questions for Wave 4

What is your current marital or relationship status?

Married/In a civil partnership
Living as Married
Separated/Divorced
Widowed
Never married

Which of these applies to you?

Working full time
Working part time
Full time student
Retired
Unemployed
Not working/Other

Are you the parent/ guardian of children of any of the following ages? (Please select all that apply.)

Not parent/ guardian
4 years and under
5 to 11 years
12 to 16 years
17 to 18 years
18 years and under
Over 18 years

Children in Household (Please select all that apply.)

0
1
2
3+
Refuse to answer

Which, if any, of the following best describes your current living arrangements? Please select all that apply.

I live alone
Living with a spouse or partner
Living with friend(s) or housemate(s)
Living with parent(s)
Living with brother(s) or sister(s)
Living with child(ren) who are over 18

Living with child(ren) who are below 18
Living with other adult family members, e.g., Grandparents, Cousins, etc.
Living with grandchild(ren) (by grandchildren we mean the children of your children, whether by birth, adoption, or relationship)
Prefer not to say
None of these

LMC_QA. Which, if any, of the following applies to how you have been affected by Coronavirus (COVID-19) in the past 2 weeks? (Please select all that apply)

I have been tested for Coronavirus and had a positive result
I have been tested for Coronavirus and had a negative result
Someone in my household has tested positive for Coronavirus
A family member living at a different address has tested positive for Coronavirus
I am self-isolating with symptoms of Coronavirus
I am self-isolating but don't have any symptoms of Coronavirus
My household is self-isolating because someone else has symptoms of Coronavirus
A family member living at a different address is self-isolating with symptoms of Coronavirus
As part of my current work I am working directly with individuals who have tested positive for Coronavirus
None of these
Don't know

LMC_QBAB. Which ONE, if any, of the following BEST describes your current employment since the outbreak of the Coronavirus (COVID-19)?

I am still in employment and continue to work at my workplace (i.e., not from home)
I was working from home before the outbreak and continue to work from home now
I am currently working but now from home permanently, whereas I didn't before the outbreak
I have taken temporary unpaid leave
I have been temporarily furloughed by my employer
I have been laid off by my employer
I have returned to work in the last 2 weeks (e.g., after being furloughed, laid off etc.)
None of these
Don't know

LMC_Q1. Which, if any, of the following statements do you agree with regarding Coronavirus (COVID-19) in the past 2 weeks? (Please select all that apply)

I feel well informed about the need for measures to control the spread of the outbreak personally
I have everything I need to manage if I am self-isolated (e.g., sufficient food. etc.)
I understand the benefit of washing my hands often
I understand the benefit of self-isolating if I needed to
I feel I can make a positive contribution to efforts to limit the spread/impact of the outbreak

None of these
Don't know

LMC_Q2. For the following few questions, we have provided you with a "Prefer not to say" option, which you can select if you do not wish to share your experiences on a particular question. Which, if any, of the following emotions have you felt as a result of the Coronavirus (COVID-19) pandemic in the past 2 weeks? (Please select all that apply)

Afraid
Panicked
Anxious or worried
Empathetic
Indifferent
Hopeful
Hopeless
Ashamed
Guilt
Loneliness
Unprepared
None of these
Don't know
Prefer not to say

For the following question, we have provided you with both a "Not applicable" and "Prefer not to say" options, as some questions may either not apply or are of a sensitive nature. Please select the option that best applies to you. Have you been worried about any of the following as a result of the Coronavirus (COVID-19) pandemic in the past 2 weeks? (Please select one option on each row)

Options:

Yes
No
Don't know
Not applicable
Prefer not to say
Refused

LMC_Q3_1. Financial concerns (e.g., going into debt, ability to pay bills, etc.)

LMC_Q3_2. Losing my job

LMC_Q3_3. Becoming ill with the virus

LMC_Q3_4. Being able to cope with uncertainty (e.g., not knowing what will happen)

LMC_Q3_5. Having no-one to care for me, because of becoming ill with the virus

LMC_Q3_6. Being unable to access my benefit payments

LMC_Q3_7. Not being able to care for friends and family, as a result of becoming ill

LMC_Q3_8. Being separated from friends and family

LMC_Q3_9. Being able to cope with self-isolation

LMC_Q3_10. Having enough food to meet my / my household's basic needs

LMC_Q3_11. Being vulnerable because of an existing medical condition

LMC_Q3_12. My education or career training being interrupted

LMC_Q3_13. Looking after my children if I get sick

LMC_Q3_14. Passing the coronavirus on to someone else if I became infected

LMC_Q3_15. Being vulnerable because of my age

LMC_Q3_16. Experiencing discrimination if I contract the Coronavirus

LMC_Q3_17. Making my existing mental health problems worse

LMC_Q3_18. How the mental health of my child(ren) will be affected by the pandemic

LMC_Q4. Still thinking about the Coronavirus...In the past 2 weeks, which, if any, of the following statements apply to you? (Please select all that apply)

I would volunteer to help tackle the Coronavirus as long as it didn't increase my risk of catching it (e.g., dropping food off to people's houses, etc.)

I would volunteer to help tackle the Coronavirus even if it increased my personal risk of catching it (e.g., dropping off food to people's houses, caring for people who are sick, etc.)

I am worried about someone I know who is living alone and may need help during the pandemic

I am planning to help someone I know who is living alone during the pandemic

I am worried about someone who is particularly vulnerable (e.g., elderly, someone with a pre-existing medical condition)

I live alone and will not have support of family or friends if I became infected

I think tackling the Coronavirus is solely the job of Government, public services and NHS

I believe that concern about the Coronavirus is exaggerated

It has negatively affected how well I sleep

I am caring for someone and worried about how they will cope if I became infected

I am a carer and worried about how I will cope if I became infected

I have experienced a loss due to COVID-19

None of these

Don't know

Prefer not to say

LMC_Q5. For the following question, if you have not experienced any stress related to the Coronavirus pandemic, please select the 'Not applicable' option. Overall, how well do you think you are coping with stress related to the Coronavirus (COVID-19) pandemic?

Very well

Fairly well
 Not very well
 Not at all well
 Don't know
 Prefer not to say
 Not applicable - I have not experienced any stress related to the Coronavirus

LMC_Q6. For the following question, if nothing has helped you cope with stress related to the Coronavirus pandemic, please select the 'Not applicable' option. Which, if any, of the following have helped you to cope with stress related to the Coronavirus (COVID-19) pandemic in the past 2 weeks? (Please select all that apply)

Contacting my family (e.g., phone, video chat, etc.)
 Contacting my friends (e.g., phone, video chat, etc.)
 Contacting a mental health worker or counsellor (e.g., via phone, video chat etc.)
 Maintaining a healthy lifestyle (e.g., balanced diet, enough sleep, exercise etc.)
 Keeping up to date with relevant information (e.g., TV news, newspapers, online etc.)
 Limiting my exposure to the news about the Coronavirus
 Limiting exposure to social media (e.g., Facebook, Instagram, Snapchat, Twitter etc.)
 Contacting a support group (i.e., where members with the same issues can come together for sharing coping strategies, to feel more empowered and for a sense of community)
 Going for a walk outside
 Doing a hobby
 Volunteering to help in my local community or for the NHS
 Being able to visit green spaces (e.g., outdoor spaces, parks etc.)
 Other
 Don't know
 Not applicable - Nothing has helped me to cope with stress related to the Coronavirus

For the following question, if you do not normally do any of the following, please select the 'Not applicable' option. We have also provided you a 'Prefer not to say' option as the question might be of a sensitive nature. Which, if any, of the following have you done more or less of to cope with the stress of the Coronavirus (COVID-19) pandemic situation in the past 2 weeks, or has there been no change? (Please select one option on each row)

Options:
 More
 Less
 No change
 Not applicable
 Prefer not to say

LMC_Q7_1. Drunk alcohol

LMC_Q7_2. Smoking (e.g., cigarettes, cigars, etc.)

LMC_Q7_3. Used illicit drugs or other substances

LMC_Q7_4. Eaten too much

LMC_Q7_5. Eaten too little

LBC_Q8A. The following questions are on the topic of self-harm and suicidal thoughts, and your own personal experiences of this. We understand this can be a sensitive topic, but please remember your answers will always be treated anonymously and will never be analysed individually. We will provide you with a "Prefer not to say" option for particularly sensitive questions, which you can select if you do not wish to share your opinion or experiences on a particular question. Are you happy to continue with this section of the survey?

Yes

No

Have you done or experienced any of the following, as a result of the Coronavirus (COVID-19) pandemic in the past 2 weeks?

Options:

Yes

No

Prefer not to say

LMC_Q8_1. Experienced suicidal thoughts/ feelings

LMC_Q8_2. Deliberately hurt myself

LMC_Q8_3. Worried about someone close to me dying

How often have you done each of the following as a result of the Coronavirus (COVID-19) pandemic in the past 2 weeks? (Please select one option on each row)

Options:

Once a day or more often

Nearly every day

A few times a week

Passing thoughts

Don't know

Prefer not to say

LMC_Q9_1. Experienced suicidal thoughts/ feelings

LMC_Q9_2. Deliberately hurt myself

LMC_Q9_3. Worried about someone close to me dying

LMC_Q10. For the following questions, please remember that your answers are always treated confidentially and are never analysed individually. We have provided you with a "Prefer not to say"

option if you would rather not share your experiences. Do you have a current pre-existing mental health condition or psychiatric diagnosis?

Yes

No

Don't know

Prefer not to say

Refused