	Was the study question or objective clearly stated?	Were eligibility/selection criteria for the study population pre-specified and clearly described?	Were the participants in the study representative of those who would be eligible for the test/service/intervention in the general or clinical population of interest?	Were all eligible participants that met the pre-specified entry criteria enrolled?	Was the sample size sufficiently large to provide confidence in the findings?	Was the test/service/intervention clearly described and delivered consistently across the study population?	Were the outcome measures pre-specified, clearly defined, valid, reliable, and assessed consistently across all study participants?	Were the people assessing the outcomes blinded to the participants' exposures/interventions?	Was the loss to follow-up after baseline 20% or less? Were those lost to follow-up accounted for in the analysis?	Did the statistical methods examine changes in outcome measures from before to after the intervention? Were statistical tests done that provided p values for the pre-to-post changes?	Were outcome measures of interest taken multiple times before the intervention and multiple times after the intervention (i.e., did they use an interrupted time-series design)?	If the intervention was conducted at a group level (e.g., a whole hospital, a community, etc.) did the statistical analysis take into account the use of individual-level data to determine effects at the group level?
Benmore 2018 Best 2010	•	+	<b>+</b>	•	<b>-</b>	+	<b>+</b>	•	•	•	•	•
Castillo-Angeles 2019	•	+	•	•	•	•	•	•	•	•	•	
Cresswell 2016	•	•	•	•	•	+	•	•	•	•	•	•
Fried 2015	•	+	•	•	•	+	•	•	•	•	•	•
House 2018	•	+	•	•	•	+	•	•	•	•	•	
Карру 2019	•	•	•	•	•	-	•	•	•	•	•	
Kulaylat 2016	•	•	•	+	•	•	•	•	•	•	•	•
⊔nd 2020	•	•	•	•	•	•						