Supplementary Table 2 Primary physical activities that university students participated

| Activity items | Total (N=3147), $\mathrm{n}(\%)$ | Males ( $\mathrm{N}=1107), \mathrm{n}(\%)$ | Females (N=2040), $\mathrm{n}(\%)$ |
| :--- | :---: | :---: | :---: |
| Basketball | $790(25.1)$ | $462(41.7)$ | $329(16.1)$ |
| Running | $1778(55.8)$ | $548(49.5)$ | $1230(60.3)$ |
| Badminton | $1518(48.2)$ | $458(41.4)$ | $1060(52.0)$ |
| Bicycling | $525(16.7)$ | $156(14.1)$ | $369(18.1)$ |
| Swimming | $391(12.4)$ | $137(12.4)$ | $254(12.5)$ |
| Table tennis | $545(17.3)$ | $253(22.9)$ | $292(14.3)$ |
| Football | $211(6.7)$ | $139(12.6)$ | $72(3.5)$ |
| Dance | $187(5.9)$ | $25(2.3)$ | $162(7.9)$ |
| Fitness | $258(8.2)$ | $101(9.1)$ | $157(7.7)$ |

This table only listed those physical activities of participation rate more than $5 \%$.

