

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Forel2006	?	?	—	+	+	+	?
Gainnier2004	?	?	+	+	+	+	?
Guervilly2017	+	?	—	+	+	+	?
Lyu Guangyu2014	+	?	?	+	+	+	?
Moss2019	+	+	—	+	+	+	?
Papazian2010	+	+	+	+	+	+	?
Yirao 2016	+	+	—	+	+	+	?