

Supplement File 2: Development of the Codes

Initial Codes	Revision of Codes	Current Codes
Cardiac Symptoms Severity of Symptoms Types of Symptoms Thoughts about the Symptoms Approach to symptoms Pain	Approach to symptoms Severity of symptoms Types of Symptoms Interpretation of symptoms	Symptoms
Compartmentalising	Feeling and Emotions	Feeling and Emotions
Age profile for heart disease	Age	Age
Lifestyle factors Risk Factors for	Risk Factors	Risk Factors
Doctor Consultation Nurse Consultation	Doctor Consultation Nurse consultation	Consultations
Procedural complications Procedures	Test and Treatments Procedural complications Procedures	Test and Treatments
Non-Cardiac Conditions	Other conditions Co-morbidity	General Health
Physical Activity Non-physical Activity	Activity	Activity Exercise
Gender Issues	Gender Issues Social Role evolution	Gender
Behaviours Beliefs Denial Culture	Belief and Behaviours Denial Trivialising of symptoms Concealing symptoms Being judged Coping Culture	Behaviours Beliefs
Motivators	Motivators Breadwinners	Motivations
Help-seeking Barriers to help-seeking Facilitators to help-seeking Delay	Help-seeking	Help-seeking Delay
Family	Family	Family
Friends	Friends	Friends
Attitude to self Thoughts	Attitude to self Self-talk Thoughts Misconceptions of heart disease	Thoughts
Avoidance of people when unwell	Avoidance of people when unwell	Behaviours
Timing	Timeliness	Time
Previous medical experience	Health Knowledge	Health Knowledge
Diagnosis	Diagnosis	Diagnosis
Social Activity Profession	Social Activity Profession Professional Disappointments	Occupations
Mental health	Mental health Psychology	Mental health
Media	Media	Media
Partners	Partners	Partners
Referrals Access to medical services	Accessibility	Accessibility
	Physical Limitations Daily living limitations	Limitations
	Incidental findings	Help-seeking
	Diet	Diet
	Anti-help-seeking	Help-seeking
	Deference to doctors Doctor consultation	Doctors
	Nurses Cardiac Scientists	Health Professionals
	Culture	Culture
	Stress	Stress
		Severity
		Duration
		Frequency
		Barriers

		Women
		Men
		Pre (outcome)
		Post (outcome)
Identity issues	Identity issues	<i>Deleted</i>
Hospitals	Hospital	<i>Deleted</i>
The future	<i>Deleted</i>	
Positive Effect of a cardiac experience	<i>Deleted</i>	
Chest Pain Clinic experience	Chest pain experience	<i>Deleted</i>
Escapism	<i>Deleted</i>	