

In-depth interview guide

Research Article Title: Exploratory study of the experiences of breastfeeding Among Adolescent Mothers in Ghana.

Introduction: The purpose of the study is to explore the experiences of adolescent mothers in breastfeeding their neonates while assessing postnatal services. It will be appreciated if you could respond appropriately to all the questions that will be asked in this interview. You are assured of confidentiality of any information shared. Thank you for agreeing to take part in this interview.

Socio-demographic characteristics of participants

Can you please introduce yourself? I want to know you better.

Possible probes.

1. Please how old are you?
2. What is your marital status?
3. What is your occupation?
4. What is the age in months of your baby?

Challenges of breastfeeding among Adolescent Mothers.

How is it like to be a breastfeeding adolescent mother? Please tell me about your experiences, specifically the challenges you faced on daily bases in breastfeeding your baby.

Probes

1. How do you perceive breastfeeding in general knowing that you are an adolescent and breastfeeding?
2. Tell me how others make it difficult for you to breastfeed as an adolescent?

3. What is it about you that makes breastfeeding a problem?
4. What other challenges do you face with breastfeeding?

Thank you for spending time to take part in this interview.

We appreciate every bit of information provided.