

Supplementary Table 4 – Bias Assessment

Author	Year	Random Sequence	Allocation concealment	Blinding participants	Blinding personnel	Blinding outcome	Incomplete outcomes	Selective reporting	Overall (Jadad score)
Aberg (2015)	2015	Unclear	Unclear	Low Risk	Low Risk	Low Risk	Low Risk	Unclear	4
Barker (2021)	2021	Low Risk	Unclear	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	4
Cerit (2018)	2018	Unclear	Unclear	High Risk	High Risk	Low Risk	Low Risk	Low Risk	1
De Bruyn (2020)	2021	Low Risk	High Risk	Low Risk	High Risk	Low Risk	Low Risk	Low Risk	5
Eslami (2021)	2021	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	5
Genser (2013)	2014	Low Risk	High Risk	Unclear	Unclear	Unclear	Unclear	Low Risk	4
Haji-Ketab (2021) ^a	2021	Low Risk	High Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	5
Hao (2021)	2021	Unclear	Unclear	Unclear	Unclear	Unclear	Unclear	Unclear	2
Krasowska (2019)	2019	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	3
Naguib (2021)	2021	Low Risk	Unclear	High Risk	High Risk	High Risk	Low Risk	Low Risk	5
Parekh (2018)	2018	Low Risk	Low Risk	Low Risk	Low Risk	High Risk	Low Risk	Low Risk	5
Rowe (2018)	2018	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	5
Slobogean (2020)	2020	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	High Risk	High Risk	3
Urashima (2019)	2019	Unclear	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	5

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