

## Appendix II: Data Extraction Instrument

<b>1. Source Details</b>	
Citation details (eg author/s, dates, title, journal, volume, issue, pages)	
Type of source or study (eg peer reviewed manuscript, technical report, grey literature)	
Geographical location	
Participant characteristics (age, sex) and sample size	
Aim / purpose / objective	
<b>2. Inclusion / exclusion criteria</b>	
Population	
Concept	
Context / environment of research	
<b>3. Details / results extracted from source</b>	
Common themes	
Outcome measures used	
Recommendations	
Limitations	