

## Search strategy

### PubMed

#1 Qigong[MeSH Terms] Filters: Chinese, English.

#2 (((Baduanjin[Title/Abstract]) OR (Mind-body exercise[Title/Abstract])) OR (Ch'i Kung[Title/Abstract])) AND (traditional exercises[Title/Abstract]) Filters: Chinese, English.

#3 #1 OR #2

#4 (Parkinson disease[MeSH Terms]) OR (Parkinsonian Disorders[MeSH Terms]) Filters: Chinese, English.

#5 ((Parkinsonian Diseases[Title/Abstract]) OR (Parkinsonian Syndrome[Title/Abstract])) OR (PD[Title/Abstract]) Filters: Chinese, English.

#6 #4 OR #5

#7 #3 AND #6

((Qigong[MeSH Terms]) OR (((Baduanjin[Title/Abstract]) OR (Mind-body exercise[Title/Abstract])) OR (Ch'i Kung[Title/Abstract])) OR (traditional exercises[Title/Abstract])) AND (((Parkinson disease[MeSH Terms]) OR (Parkinsonian Disorders[MeSH Terms])) OR (((Parkinsonian Diseases[Title/Abstract]) OR (Parkinsonian Syndrome[Title/Abstract])) OR (PD[Title/Abstract]))) Filters: Chinese, English.

### Web of Science

#1 (((TS=(Qigong)) OR TS=(Baduanjin)) OR TS=(Mind-body exercise)) OR TS=(Ch'i Kung)) OR TS=(traditional exercises)

#2 (((TS=(Parkinson disease)) OR TS=(Parkinsonian Disorders )) OR TS=(Parkinsonian Diseases)) OR TS=(Parkinsonian Syndrome)) OR TS=(PD)

#3 #1 AND #2

((((TS=(Qigong)) OR TS=(Baduanjin)) OR TS=(Mind-body exercise)) OR TS=(Ch'i Kung)) OR TS=(traditional exercises) AND (((TS=(Parkinson disease)) OR TS=(Parkinsonian Disorders )) OR TS=(Parkinsonian Diseases)) OR TS=(Parkinsonian Syndrome)) OR TS=(PD) AND English OR Chinese (Languages)

**Cochrane Library**

#1 MeSH descriptor: [Qigong] explode all trees

#2 (Baduanjin OR Mind-body exercise OR Ch'i Kung OR traditional exercises):ti,ab,kw

#3 #1 OR #2

#4 MeSH descriptor: [Parkinson Disease] explode all trees

#5 MeSH descriptor: [Parkinsonian Disorders] explode all trees

#6 (Parkinsonian Diseases OR Parkinsonian Syndrome OR PD):ti,ab,kw

#7 #4 OR #5 OR #6

#8 #3 AND #7

**Embase**

#1 'qigong'/exp AND ([chinese]/lim OR [english]/lim)

#2 ('baduanjin':ab,ti OR 'mind-body exercise':ab,ti OR 'chi kung':ab,ti OR 'traditional exercises':ab,ti) AND ([chinese]/lim OR [english]/lim)

#3 #1 OR #2

#4 'parkinson disease'/exp OR 'parkinsonian disorders'/exp AND ([chinese]/lim OR [english]/lim)

#5 ('parkinsonian diseases':ab,ti OR 'parkinsonian syndrome':ab,ti OR pd:ab,ti) AND ([chinese]/lim OR [english]/lim)

#6 #4 OR #5

#7 #3 AND #6

**EBSCOhost**

#1 SU qigong Language:- english or chinese

#2 TX ( Baduanjin OR Mind-body exercise OR Ch'i Kung OR traditional exercises ) Language:- english or chinese

#3 #1 OR #2 SU qigong OR TX ( Baduanjin OR Mind-body exercise OR Ch'i Kung OR traditional exercises )

#4 SU (parkinson disease OR parkinsonian disorders) Language:- english or chinese

#5 TX (Parkinsonian Diseases OR Parkinsonian Syndrome OR PD) Language:- english or chinese

#6 #4 OR #5 SU (parkinson disease OR parkinsonian disorders) OR (Parkinsonian Diseases OR

Parkinsonian Syndrome OR PD)

**#7 #3 AND #6**

#### **OVID**

**#1** qigong.hw. limit (chinese or english)

**#2** (Baduanjin or Mind-body exercise or Ch'i Kung or traditional exercises).af. limit (chinese or english)

**#3 #1 or #2** qigong.hw. or (Baduanjin or Mind-body exercise or Ch'i Kung or traditional exercises).af.

**#4** (parkinson disease or parkinsonian disorders).hw. limit (chinese or english)

**#5** (Parkinsonian Diseases or Parkinsonian Syndrome or PD).af. limit (chinese or english)

**#6 #4 or #5** (parkinson disease or parkinsonian disorders) or (Parkinsonian Diseases or Parkinsonian Syndrome or PD).af.

**#7 #3 and #6**

#### **SinoMed**

**#1** ("气功"[加权:扩展])

**#2** "八段锦"[中文标题:智能] OR "传统功法"[中文标题:智能] OR "身心运动"[中文标题:智能] OR "体育疗法"[中文标题:智能]

**#3** "八段锦"[摘要:智能] OR "传统功法"[摘要:智能] OR "身心运动"[摘要:智能] OR "体育疗法"[摘要:智能]

**#4 #1 OR #2 OR #3**

**#5** "帕金森病"[加权:扩展]

**#6** "帕金森综合征"[中文标题:智能] OR "帕金森障碍"[中文标题:智能]

**#7** "帕金森综合征"[摘要:智能] OR "帕金森障碍"[摘要:智能]

**#8 #5 OR #6 OR #7**

**#9 #4 AND #8**

#### **China National Knowledge Infrastructure (CNKI)**

**#1** SU=八段锦+传统功法+身心运动+气功+体育疗法

#2 SU=帕金森病+帕金森综合征+帕金森障碍

#3 #1 and #2

(SU=八段锦+传统功法+身心运动+气功+体育疗法) and (SU=帕金森病+帕金森综合征+帕金森障碍)

### Wanfang Data

#1 主题:八段锦+传统功法+身心运动+气功+体育疗法

#2 主题:帕金森病+帕金森综合征+帕金森障碍

#3 #1 and #2

(主题:八段锦+传统功法+身心运动+气功+体育疗法) and (主题:帕金森病+帕金森综合征+帕金森障碍)

### China Science Journal Database (VIP)

#1 M=八段锦 OR M=传统功法 OR M=身心运动 OR M=气功 OR M=体育疗法

#2 M=帕金森病 OR M=帕金森综合征 OR M=帕金森障碍

#3 #1 AND #2

(M=八段锦 OR M=传统功法 OR M=身心运动 OR M=气功 OR M=体育疗法) AND (M=帕金森病 OR M=帕金森综合征 OR M=帕金森障碍)