

Questionnaire**Eid-al-Fiter Festivity among Diabetics: Diabetic subjects' perspective**

Age=----- yrs Gender= Male/Female,

Diabetes type= Type 1/Type2 Duration of diabetes= <5 yrs/5-10 yrs/11-15 yrs/>15 yrs,

Body weight= ----- Kg Height=----- cm

Statements	Yes	No	
Do you have any first degree relative with diabetes?			
If yes:			
Type 1 DM			
Type 2 DM			
Did you visit a doctor during recent Ramadan?			
Did you visit a doctor before recent Ramadan?			
Experience during fasting recent Ramadan			
Did you break the fast a day or more because of diabetes?			
Did you observe hypoglycemia while fasting			
Were you strictly adherent to your medications during Ramadan?			
How would you score comfort of fasting in Ramadan? 0-10 score			
Which Eid is this after becoming diabetic?			
Was Eid-al-Fiter a special day for you?			
Was your blood sugar level remained controlled during Ramazan?	Yes	No	sometimes
Did you feel stressed or depressed on Eid day because of diabetes?			
Did you perform all activities on Eid day that you were used to perform before developing diabetes?			
Did you feel that people had sympathy for you on Eid day?			
Did you feel that you have celebrated Eid just like other people without any constraint?			

Did you feel that on Eid day, your activities were restrictive because of diabetes?			
Did you feel that people had sympathy for you on Eid day?			
How do you evaluate yourself in diabetes monitoring, during Eid-ul-Fitr days? (score Not very disciplined 1-5 very disciplined)			
Consumption attitude			
Are you using white sugar to tea or coffee on Eid-ul-fitr?			
Are you using brown sugars to tea for coffee on Eid-ul-fitr?			
Are you using artificial sweeteners for tea or coffee on Eid-ul-fitr?			
Are you using consuming chocolates on Eid-ul-fitr?			
Are you using consuming sugary foods on Eid-ul-fitr?			
Are you using consuming candies and sweets on Eid-ul-fitr?			
Are you using consuming fatty foods on Eid-ul-fitr?			
Are you using consuming fruits on Eid-ul-fitr?			
Are you using consuming vegetables on Eid-ul-fitr?			
Are you using consuming salty foods on Eid-ul-fitr?			
Are you using consuming fizzy drinks on Eid-ul-fitr?			
Are you using consuming canned juices on Eid-ul-fitr?			
Are you using consuming fresh juices on Eid-ul-fitr?			
Diabetic complications			
Do you have eye complications?	Yes	No	
Do you have kidney complications?			
Do you have foot complications?			
Do you have heart complications?			
Treatments for DM			
Are you using Tablets?			

Are you using Insulins?			
Are you using both, Tablets and Insulins?			
Are you using medications for hypertension?			
Are you using hypolipidemic medications?			
Are you using medications for medications for gout?			
Are you using medications for heart diseases?			
Are you using vitamins B complex ?			
Measurements			
What was your last fasting glucose ?(<5.6 mmol/L, 5.6-7 mmol/l, >7 mmol/l) (<100 mg/dl, 100-126mg/dl, >126 mg/dl)			
What was your last HbA1level ?(<6.5, >6.5)			
What was your last cholesterol result ?(<5.18 mmol/l, >5.18 mmol/l) (<200 mg/dl, >200 mg/dl)			
What was your last triglycerides result ? (<1.7 mmol/l, >1.7 mmol/l) (<150 mg/dl, >150 mg/dl)			
General Comments (Optional) :			
If you are interested in more diabetes activities related to the initiative; Diabetes : Sustainable Care Model then pls rite your email ID (Optional)			