

**I – Characteristics of the participating physicians****Sex: Age:****Marital status:****Religion:****How many patients do you care for during the shift?****How long do you work in the ICU (years)?****Do you work in another hospital?** [  ]No [  ] Yes**Do you work solely in the private sector?** (  ) No (  ) Yes**Did you have conflicts in the last week?**(  )No conflicts (  ) With family (  ) With patients (  ) With nurses(  ) Attending physician (  ) with other professionals**How many night shifts did you work in the last week?****How many patients you cared for died in the last week?****How often do you participate in the decision-making to limit invasive measures?****How is your relationship with the multidisciplinary team?**(  ) Bad (  ) Regular (  ) Good (  ) Great**Have you considering quitting your job for demotivation in the last week?**(  ) No (  ) Yes**Do you have a good structure and/or Family life?** [  ]No [  ] Yes**How many work absences in the last month?****Did you had been diagnosed with COVID-19?** [  ]No [  ] Yes**Did someone in your Family has been infected by COVID-19?** [  ]No [  ] Yes**Did you lost someone close to the COVID-19?** [  ]No [  ] Yes

**Day-to-day life impact of the pandemic****How the pandemic changed your day to day?****Insomnia**

Never  Raramente  algumas vezes  Frequentemente

**Lack of appetite**

Never  Rarely  Sometimes  Often  Always

**Overspending**

Never  Rarely  Sometimes  Often  Always

**Irritability**

Never  Rarely  Sometimes  Often  Always

**Decreased libido**

Never  Rarely  Sometimes  Often  Always

**Fear of being infected**

Never  Rarely  Sometimes  Often  Always

**Fear of infecting loved ones**

Never  Rarely  Sometimes  Often  Always

**Consumption of tobacco**

No consume  consumption equal to the period before the pandemic

consumption increased after pandemic

**Drinking of alcohol:**

No consume  consumption equal to the period before the pandemic

consumption increased after pandemic

**Regular physical activity**

Do not do  practice similar to the period before the pandemic  practice increased after pandemic

**Psychotherapeutic or psychiatric treatment**

Do not do  Done previously  Started after pandemic

**Suicidal thoughts**

Never  Rarely  Sometimes  Often  Always

**Burnout measurement - Maslach Burnout Inventory**

**For each statement, answer according to the frequency below:**

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Never</b>	<b>Rarely</b>	<b>Sometimes</b>	<b>Often</b>	<b>Always</b>

- 1) Feel emotionally drained from work.
- 2) Feel used up at the end of the workday.
- 3) Feel fatigued when get up in the morning.
- 4) Can easily understand patients' feelings.
- 5) Treat patients as impersonal "objects".
- 6) Working with people puts too much stress.
- 7) Deal effectively with the patients' problems.
- 8) Feel burned out from work.
- 9) Feel positively influencing people's lives.
- 10) Become more callous toward people.
- 11) Worry that job is hardening emotionally.
- 12) Feel very energetic.
- 13) Feel frustrated by job.
- 14) Feel working too hard on the job.
- 15) Don't really care what happens to patients.
- 16) Working with patients is a strain.
- 17) Can easily create a relaxed atmosphere.
- 18) Feel exhilarated after working with patients.
- 19) Have accomplished worthwhile things in job.
- 20) Feel like at the end of the rope.
- 21) Deal with emotional problems calmly.
- 22) Feel patients blame for their problems.