

## Appendix A Factors associated with Anxiety, Depression and Insomnia

		Multivariate regression			
		Pearson correlation	P-value	Beta coefficient	p-value
GAD7	Age	-.137	.131	--	--
	Diploma	.123	.178	--	--
	postgraduate	-.119	.191	--	--
	Paramedics	.118	.194	--	--
	Nurses	-.138	.130	--	--
PHQ9	Diploma	0.157	.085	--	--
	Bachelor	-0.12	0.19	--	--
	Paramedics	0.129	0.158	--	--
ISI	Age	-.129	.158	--	--
	Bachelor	-.118	.194	--	--
	Paramedics	.202*	.025	3.4	0.025*
	Nurses	-.121	.183	--	--

ISI: Insomnia Severity Scale (7items); PHQ-9: Patient Health Questionnaire (9 items); GAD: General Anxiety Scale (7 items); \*(F=5.127, R<sup>2</sup>= 0.04)