

Search strategy for Embase, SCOPUS, and Web of Science

Embase	<p>(‘Leisure time’/exp OR ‘playtime’/exp OR ‘recreation’/exp OR ‘holiday’/exp OR ‘breaktime’/exp OR ‘free time’/exp OR ‘spare time’/exp)</p> <p>AND</p> <p>(‘exercise’/exp OR ‘physical activ*/exp OR ‘sports’/exp OR ‘leisure activities’/exp OR ‘walking’/exp OR ‘running’/exp OR ‘jogging’/exp OR ‘baseball’/exp OR ‘basketball’/exp OR ‘bicycling’/exp OR ‘boxing’/exp OR ‘Cricket Sport’/exp OR ‘dancing’/exp OR ‘football’/exp OR ‘golf’/exp OR ‘gardening’/exp OR ‘gymnastics’/exp OR ‘mountaineering’/exp OR ‘hockey’/exp OR ‘Martial Arts’/exp OR ‘swimming’/exp OR ‘volleyball’/exp OR ‘soccer’/exp OR ‘water sports’/exp OR ‘wrestling’/exp OR ‘weight lifting’/exp OR ‘track and field’/exp OR ‘skiing’/exp OR ‘skating’/exp OR ‘Snow Sports’/exp OR ‘Racquet Sports’/exp OR ‘tennis’/exp OR ‘physical fitness’/exp OR ‘athletic performance’/exp OR ‘Youth Sports’/exp)</p> <p>AND</p> <p>(‘hypertension’/exp OR ‘blood pressure’/exp OR ‘high blood pressure’/exp OR ‘bloodpressure’/exp OR ‘arterial pressure’/exp OR ‘diastolic pressure’/exp OR ‘systolic pressure’/exp)</p>
Web of Science	<p>TS= (“Leisure time” OR “playtime” OR “recreation*” OR “holiday” OR “break time” OR “free time” OR “spare time”)</p> <p>AND</p> <p>TS= (exercise OR “physical activ*” OR sports OR “leisure activ*” OR walk* OR running OR jogging OR baseball OR basketball OR bicycling OR Boxing OR cricket OR Dancing OR football OR golf OR Gardening OR gymnastics OR mountaineering OR hockey OR "Martial Arts" OR swimming OR volleyball OR soccer OR “Water Sports” OR wrestling OR “weight lifting” OR “track and field” OR skiing OR skating</p>

	<p>OR “Snow Sports” OR “Racquet Sports” OR tennis OR “physical fitness” OR “athletic performance” OR "Youth Sports")</p> <p>AND</p> <p>TS= (Hypertension OR “Blood Pressure” OR “high blood pressure” OR “arterial pressure” OR “diastolic pressure” OR “systolic pressure”)</p>
Scopus	<p>TITLE-ABS-KEY (“Leisure time” OR “playtime” OR “recreation*” OR “holiday” OR “break time” OR “free time” OR “spare time”)</p> <p>AND</p> <p>TITLE-ABS-KEY (exercise OR “physical activ*” OR sports OR “leisure activ*” OR walk* OR running OR jogging OR baseball OR basketball OR bicycling OR Boxing OR cricket OR Dancing OR football OR golf OR Gardening OR gymnastics OR mountaineering OR hockey OR "Martial Arts" OR swimming OR volleyball OR soccer OR “Water Sports” OR wrestling OR “weight lifting” OR “track and field” OR skiing OR skating OR “Snow Sports” OR “Racquet Sports” OR tennis OR “physical fitness” OR “athletic performance” OR "Youth Sports")</p> <p>AND</p> <p>TITLE-ABS-KEY (Hypertension OR “Blood Pressure” OR “high blood pressure” OR “arterial pressure” OR “diastolic pressure” OR “systolic pressure”)</p>