

### Reasoning about contacting Villa Sana

#### **Can you tell us a bit about yourself and your situation (age, work experience, marital status, your health, children...)**

##### **Individual level**

- Can you describe the situation that led to your now contacting the Resource Centre Villa Sana for a course or a one-day counselling session?
- What do you experience in this situation?
- What do you find most challenging?
- Can you tell us about the main areas that are especially challenging in your situation?
- What did you want help with?
- What did you want to get out of the counselling session/the course?
  - o Which expectations did you have to the counselling/course at the Resource Centre Villa Sana?
- Are there any aspects that you find challenging about the "doctor role"? If so; which aspects?
  - o Are they related to work hours?
  - o Are they related to the work environment?
  - o Are they related to the burden of responsibility?
- Sick leave? If you've been/are on sick leave now: What do you think about sick leave in the present situation?

##### **Institutional level**

- Is it important that the service maintains confidentiality?
- Has the contact with the Resource Centre Villa Sana made a difference for you?
  - o What has been of importance?
  - o Which role does the Resource Centre Villa Sana play in that (possible) importance?
  - o Which role do other factors play/have?
- Which experiences have been useful for you from the contact with the Resource Centre Villa Sana?
- What was most important for you in your encounter with the Resource Centre Villa Sana?
- What were strengths and weaknesses in the contact with the Resource Centre Villa Sana?
- Is there anything that could have been better?
  - o What can/should be changed?
  
- Are there any questions you had waited to be asked about/wished to be asked about here today that we haven't posed to you?