

Running Title: Co-designed online support for Australian urban and rural cancer carers

## Supplement 2

### Carer Focus Group Interview Questions

	Points of Discussion:
1.	<p><b>How is it that each of you came to be involved in caregiving?</b></p> <p><b>After finding out that your loved one has cancer, how have things changed?</b></p> <p><b>How has this changed your previous family/relationship role? (more to do with the family unit)</b></p> <p><i>[i.e. was it simply an extension of a relationship that you already had with the person, was there a family discussion about who would be the primary caregiver? Etc.]</i></p>
2.	<p><b>Can you tell me the impact that cancer has had on you personally? (more to do with the individual)</b></p> <p><i>[i.e. physically, psychologically, socially, financially/employment, etc.]</i></p>
3.	<p><b>What type of care do you (and your family if applicable) provide to the person with cancer? Can you tell me everything that you do?</b></p> <p><i>[e.g. physical, food/nutrition, counselling, washing, financial, etc.]</i></p> <p><b>What challenges have you found when providing this specific type of care?</b></p> <p><i>How does the patient's involvement/acceptance/enthusiasm in their treatment and care change your relationship with them?</i></p> <p><i>[e.g. if you take care of the person with cancer's nutritional needs, what has been the most challenging part of this task?]</i></p> <p><b>Who looks after your needs?</b></p>
4.	<p><b>What do you really want or need to help you in your caregiving role?</b></p> <p><i>[i.e. if you were to design a new information resource for someone like yourself, what things would you focus on?]</i></p>
5.	<p><b>Where do you usually search for, or get, information and support?</b></p> <p><i>[e.g. online, from peers, written information provided by healthcare professional, written information provided by other patients, written information provided by peers/family, etc.]</i></p> <p><b>How helpful have these resources been?</b></p> <p><i>[e.g. if you turn to your GP the most, how helpful has this been? Have there been times when your GP wasn't able to give you the information or support you needed?]</i></p>

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	<p><b>What gaps in information and support have you noticed?</b></p> <p><b>What type of resources would you like to see or engage in?</b></p>
6.	<b>What websites for cancer carers do you use?</b>
7.	<p><b>Thinking the websites you've named, what is it about them that is useful for you?</b></p> <p><b>Would you recommend them to be included in the Australian website?</b></p> <p><b>How would you change these websites for Australians?</b></p>
8.	<p><b>Do you have any advice or guidance that you would give to us in developing an online resource for people providing care for cancer patients?</b></p> <p><i>[i.e. how would you like information presented? e.g. written, videos, storytelling, etc.]</i></p>

#### Carer Phone Interview Schedule

1.	<p><b>After finding out that your loved one has cancer, how have things changed?</b></p> <p><b>How has this changed your previous family/relationship role? (<i>more to do with the family unit</i>)</b></p> <p><i>[i.e. was it simply an extension of a relationship that you already had with the person, was there a family discussion about who would be the primary caregiver? Etc.]</i></p>
2.	<p><b>Can you tell me the impact that cancer has had on you personally? (<i>more to do with the individual</i>)</b></p> <p><i>[i.e. physically, psychologically, socially, financially/employment, etc.]</i></p>
3.	<p><b>What type of care do you (and your family if applicable) provide to the person with cancer? Can you tell me everything that you do?</b></p> <p><i>[e.g. physical, food/nutrition, counselling, washing, financial, etc.]</i></p> <p><b>What challenges have you found when providing this specific type of care?</b></p> <p><i>How does the patient's involvement/acceptance/enthusiasm in their treatment and care change your relationship with them?</i></p> <p><i>[e.g. if you take care of the person with cancer's nutritional needs, what has been the most challenging part of this task?]</i></p> <p><b>Who looks after <u>your</u> needs?</b></p>
4.	<b>What do you really want or need that would help you in your caregiving role?</b>

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	<i>[i.e. if you were to design a new information resource for someone like yourself, what things would you focus on?]</i>
5.	<p><b>Where do you usually search for, or get, information and support?</b></p> <p><i>[e.g. online, from peers, written information provided by healthcare professional, written information provided by other patients, written information provided by peers/family, etc.]</i></p> <p><b>How helpful have these resources been?</b></p> <p><i>[e.g. if you turn to your GP the most, how helpful has this been? Have there been times when your GP wasn't able to give you the information or support you needed?]</i></p> <p><b>What gaps in information and support have you noticed?</b></p> <p><b>What type of resources would you like to see or engage in?</b></p>
6.	<b>What websites for <u>cancer carers</u> do you use? (i.e. websites that are specific to carers, rather than patients)</b>
7.	<p><b>Thinking the websites you've named, what is it about them that is useful for you?</b></p> <p><b>How would you change these websites to make them suitable for Australians?</b></p>
8.	<p><b>Do you have any advice or guidance that you would give to us in developing a website for people providing care for cancer patients?</b></p> <p><i>[i.e. how would you like information presented? e.g. written, videos, storytelling, etc.]</i></p>

#### Healthcare Professional Phone Interview Schedule and Online Survey

1.	<b>What is your role/title at [site name]?</b>
2.	<b>Please describe your area of expertise in cancer care.</b>
3.	<p><b>What impact do you think cancer has on informal cancer carers?</b></p> <p><i>[Physically, psychologically socially, financially, employment, etc.]</i></p>
4.	<p><b>What kinds of things do carers do for the patient?</b></p> <p><i>[e.g. physical needs; food, nutrition; counselling/mental health and wellbeing; washing/basic hygiene needs; financials; etc.]</i></p>
5.	<p><b>What do you feel are the greatest issues or problems that informal carers face when a patient is diagnosed with cancer?</b></p> <p><i>[What are the main issues that carers worry about? What are the main issues that carers need help to manage? Do these issues vary depending on the patient's stage of cancer, type of treatment, etc.?]</i></p>

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6.	<b>Where do you feel that informal cancer carers access information and support most of the time?</b> <i>[e.g. online; from peers; written info e.g. booklets/pamphlets; from healthcare professionals; from other patients in similar situations]</i>
7.	<b>As a [profession], what advice would you give to a carer on how to deal with stress and burden related to their caregiving role?</b> <i>(e.g. support and informational needs; social support; setting realistic goals; setting priorities; managing feelings of guilt and resentment; alleviating loneliness; fear of asking questions; personal mental health and wellbeing advice; maintaining physical health; how to maintain a sense of normality; financial/employment advice; etc.)</i>
8.	<b>What are your views on the development of an online resource for informal cancer carers?</b> <i>[Is it useful or not useful?]</i>
9.	<b>Have you any advice or guidance that you would give to us in terms of developing an online resource for people providing care for cancer patients?</b> <i>[How would you like information presented? E.g. storytelling, videos, written material, etc.]</i>
10.	<b>Is there anything else you'd like to add that you feel is important advice either for us in developing this new resource, or informal cancer carers?</b>