

Appendix B: Interview guides.

Individual interviews with patients and partners	
Perceived impact	What is your experience with Energetic?
Content of Energetic	What were the positive and negative aspects of the content of Energetic? Elements: Experience with Energetic, different modules, frequency, lengths, construction, group, goal setting, next of kin's involvement, influence on home situation, trainers
Organisation	What were the facilitators and barriers in the delivery and organisation of Energetic? Elements: location, accessibility, travel time, facilities,
Focus group with patients	
	<p>How did you experience the quality of:</p> <ul style="list-style-type: none"> • Content of the sessions • Working methods • Education • Individual goals • Group setting • Trainers • Organization • involvement of next of kin/partners <p>Creative questions regarding the benefit of Energetic. For instance:</p> <ul style="list-style-type: none"> • If you could make a commercial about Energetic for the health insurance, what would you mention in this commercial? • Suppose you are in the waiting room in the hospital and would meet a peer, what would you tell him/her about Energetic? • Suppose in one-month time you are back with the rehabilitation physician who referred you to Energetic, what will you tell him/her about the programme? • What components should stay in Energetic? <p>Barriers:</p> <ul style="list-style-type: none"> • If the health insurance company forces you to adapt the programme in order to reduce costs, what components could be deleted from Energetic? • What components could be altered or deleted from Energetic? <p>Addition:</p> <ul style="list-style-type: none"> • For instance: if money is no issue for Energetic, what would you add to the programme? • Is there some component that you missed in Energetic? • If you must describe your experience with Energetic in a few words, what would that be?
Individual interviews with healthcare professionals	

All healthcare professionals	General information: name, function in relation to Energetic.
Healthcare professionals involved in the delivery	<p>How was the starting phase (implementation) of the programme?</p> <p>What were the facilitators and barriers for Energetic at your location?</p> <p>What is needed in the programme to implement it nationally?</p> <p>Elements: provided means for implementation, instruction manual, education, meetings, time investment, what should be changed or altered in the starting phase of Energetic (implementation), guidance as a therapist, communication in the programme (in the setting and between the different settings)</p>
Healthcare professionals involved in the recruitment	<p>Can you describe how the recruitment took place?</p> <p>What is needed to recruit patients for Energetic?</p> <p>Can you tell us something about the time investment for recruitment?</p>
Healthcare professionals involved in the organisation	<p>Can you describe how the organisation took place?</p> <p>What means and facilities were necessary to organise Energetic and how did this influence the delivery of the programme?</p>