

**SUPPLEMENTARY FILE 1: SEARCH STRATEGY**

[PubMed search 06 Jan 2020]

No	Search terms	Results
1	Pilot[Title]	<a href="#">68704</a>
2	Feasibility[Title]	<a href="#">31478</a>
3	1 OR 2	<a href="#">98358</a>
4	Trial[Title/Abstract]	<a href="#">576760</a>
5	Study[Title/Abstract]	<a href="#">7478840</a>
6	Protocol[Title/Abstract]	<a href="#">300466</a>
7	4 OR 5 OR 6	<a href="#">7872797</a>
8	((("Pilot and feasibility studies"[Journal])) OR "Trials"[Journal]) OR "BMJ open"[Journal] OR "PloS one"[Journal]	<a href="#">245189</a>
9	3 AND 7 AND 8	<a href="#">2529</a>
10	9 AND 2018.01.01"[Date - Publication] : "2019.12.31"[Date - Publication]	<a href="#">1030</a>