

Supplementary File 3. Variables Included in Data Extraction Form

Study characteristics

First author
Year
Journal
Funding source
Conflicts of interest
Country
Study eligibility criteria
Recruitment setting and method
Number of participants randomised
Percent female
Mean (standard deviation [SD]) age
Type of SSc
Mean (SD) years with SSc
Notes

Intervention and control group details

Group name
Number of participants randomised to group
Number of participants analysed in group
Description of intervention and comparator
Qualifications of intervention providers
Intervention setting
Intervention length
Number of sessions
Length of sessions
Tailoring
Modifications
Fidelity adherence
Notes

Outcomes

Outcome type
Outcome measure name
Timepoints collected
Measure of aggregation (e.g., mean, median) at post-test assessments
Measure of dispersion (e.g., SD) at post-test assessments
Number of participants analysed
Other relevant results at post-test assessments
Notes