Supplementary File 2. Inclusion and exclusion coding manual

Title/Abstract Coding Manual

No: no original human data. If it is clear from the title or abstract that the article is not an original report, but rather a letter, editorial, systematic review, meta-analysis, case series, or case report, it is excluded. Conference or symposium abstracts are eligible.

No: not about scleroderma/scleroderma patients. If the title or abstract do not describe the inclusion of participants with "scleroderma", "systemic sclerosis" (SSc) or "CREST syndrome", the study will be excluded. If the study reports data on people with SSc, along with people with other conditions, the study will be included if the SSc data are reported separately or if at least 80% of the included participants have SSc.

No: not a randomized controlled trial (RCT) with eligible comparators. If it clear from the title or abstract that the study is not an RCT that compares an intervention to an (1) inactive control condition (e.g., no treatment, waitlist control, usual care) or (2) another intervention, it will be excluded. If the trial includes fewer than 10 participants per trial arm, it is excluded.

No: not about a non-pharmacological intervention. If it is clear from the title or abstract that the intervention is not non-pharmacological or non-surgical, then it is excluded. Eligible interventions include, but are not limited to, physical or occupational therapy, rehabilitation, exercise, psychological, self-management, educational, diet or nutrition, nursing, podiatry, and oral or dental hygiene. All pharmacological interventions, or interventions with a drug component, will be excluded. Interventions will be classified as having a drug component if any form of the active intervention ingredient was listed by the US Food and Drug Administration (FDA) in the Drugs@FDA database at the time of review. Use of probiotics will be included as a

dietary or nutrition intervention if delivered as a food product similar to products that could be obtained outside of a medical intervention (e.g., yoghurt). They will be excluded if they are products registered as a drug or delivered in pill format. Biologics will be excluded, even if autologous (i.e. skin grafting, stem cells), regardless of regulation status.

No: does not target health outcomes or delivery of services. If it is clear from the title or abstract that the intervention does not target physical or psychological health or the delivery of health and support services, it will be excluded.

Yes: Study eligible for inclusion in full-text review.

Full Text Coding Manual

No: no original human data. If the article is not an original report, but rather a letter, editorial, systematic review, meta-analysis, case series, or case report, it is excluded. Conference or symposium abstracts are eligible.

No: not about scleroderma/scleroderma patients. If the study does not describe the inclusion of participants with "scleroderma", "systemic sclerosis" (SSc) or "CREST syndrome", the study will be excluded. If the study reports data on people with SSc, along with people with other conditions, the study will be included if the SSc data are reported separately or if at least 80% of the included participants have SSc.

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No: not about a non-pharmacological intervention. If the intervention is not non-pharmacological or non-surgical, then it is excluded. Eligible interventions include, but are not limited to, physical or occupational therapy, rehabilitation, exercise, psychological, self-management, educational, diet or nutrition, nursing, podiatry, and oral or dental hygiene. All pharmacological interventions, or interventions with a drug component, will be excluded. Interventions will be classified as having a drug component if any form of the active intervention ingredient was listed by the US Food and Drug Administration (FDA) in the Drugs@FDA database at the time of review. Use of probiotics will be included as a dietary or nutrition intervention if delivered as a food product similar to products that could be obtained outside of a medical intervention (e.g., yoghurt). They will be excluded if they are products registered as a

drug or delivered in pill format. Biologics will be excluded, even if autologous (i.e. skin grafting, stem cells), regardless of regulation status.

No: does not target health outcomes or delivery of services. If the intervention does not target physical or psychological health or the delivery of health and support services, it will be excluded.

Yes: Study eligible for inclusion.