

Table 1: Schedule of enrollment, interventions and assessments during the CoCroS study period of 96 weeks.

| TIMEPOINT (weeks) | STUDY PERIOD | | | | | | | | | | | | |
|--------------------------------------|---------------------------|-----------------------------------|-----------------|----|-----|-----|-----|-----|-----|-----|-----|-----------|--|
| | Enrollment and Allocation | | Post-allocation | | | | | | | | | Close-out | |
| | -t ₁ | 0 | W4 | W8 | W12 | W24 | W36 | W48 | W60 | W72 | W84 | W96 | |
| ENROLMENT: | | | | | | | | | | | | | |
| Eligibility screen | X | | | | | | | | | | | | |
| Informed consent | X | | | | | | | | | | | | |
| Allocation | X | | | | | | | | | | | | |
| Sign up myIBDcoach | X | | | | | | | | | | | | |
| INTERVENTIONS | | | | | | | | | | | | | |
| Adalimumab monotherapy | | ————— | | | | | | | | | | | |
| Step-up care | | ————— | | | | | | | | | | | |
| ASSESSMENTS: | | | | | | | | | | | | | |
| myIBDcoach questionnaires | | X | X | X | X | X | X | X | X | X | X | X | |
| Harvey Bradshaw Index | X | | | | X | X | | X | | | | X | |
| Medication usage | X | | | | X | X | | X | | | | X | |
| Physical examination | X | | | | X | X | | X | | | | X | |
| Laboratory examination | X | | | | X | X | | X | | X | | X | |
| Fecal calprotectin | X | | | X | X | X | X | X | X | X | X | X | |
| Colonoscopy | X | | | | | X | | | | | | | |
| MRI-enterography | X | | | | | | | | | | | X | |
| Yearly quarters of CS free remission | | | | | | | | | | | | X | |
| Disease progression on MRI | | | | | | | | | | | | X | |
| CS free clinical remission | | | | | | X | | X | | | | X | |
| Total health care costs | | | | | | | | | | | | X | |
| Cumulative corticosteroid dosage | | | | | | X | | X | | | | X | |
| Endoscopic remission | | | | | | X | | | | | | | |
| Time to remission | | | | | | | | | | | | X | |
| PROM: quality of life | | | | | | X | | X | | | | X | |
| PROM: disability | | | | | | X | | X | | | | X | |
| PROM: adherence | | | | | | X | | X | | | | X | |
| Serious adverse event form | | As needed throughout the protocol | | | | | | | | | | | |