

Supplementary 2

Table 2: Nine domains of PRECIS-2 tool

	Domain	Explanation
1.	Eligibility criteria	Pregnant women with UI who fulfil inclusion and exclusion criteria will be recruited. (4)
2.	Recruitment	The RA will recruit the study participants from ten clinics during the participants' usual antenatal appointment. (4)
3.	Setting	The usual primary care setting. (5)
4.	Organisation	There is no difference in provider expertise in the intervention group (mHealth app). (5)
5.	Flexibility (delivery)	The KEPT-app is delivered and it is flexible according to the participants' time. (5)
6.	Flexibility (adherence)	This is an individual-based intervention and range of exercises are recorded despite a reminder system. (3)
7.	Follow-up	The follow-up is as usual care for the antenatal check-up. (5)
8.	Primary outcome	Change in UI is the main outcome. (5)
9.	Primary analysis	This study will apply the intention-to-treat principle analysis. (5)