

Supplementary Material 4*Retention and Attrition Rates Overall and by Group*

	Retention			Attrition		
	Pre <i>n</i> (%)	Post <i>n</i> (%)	Follow-up <i>n</i> (%)	Pre- Post (%)	Post- Follow-up (%)	Pre- Follow-up (%)
All	124 (100%)	99 (80%)	83 (67%)	20%	16%	33%
Intervention	50 (100%)	39 (78%)	33 (66%)	22%	15%	34%
Control	74 (100%)	60 (81%)	50 (68%)	19%	17%	32%