

Supplementary Material 3

CHIME session Check-List

1. Did any of the songs address any of the following topics? Y/N (Circle which ones below)
 - a. Importance of the singing group in supporting each other
 - b. Importance of other positive relationships in their lives
 - c. Resilience to challenges and empowerment
 - d. Importance of being open, removing stigma to discuss challenges
2. Did the sessions dwell on the challenges of pregnancy or more the coping mechanisms and resilience? Y/N
3. Did the kanyeleng group incorporate a lullaby? If so, which? Y/N
 - a. Lullaby name:
4. Did the kanyeleng group explain the benefits of singing lullabies? Y/N
5. Did the kanyeleng group use a welcoming song? If so, which? Y/N
 - a. Song name:
6. Did the kanyeleng group use a closing song at the end? If so, which song? Y/N
 - a. Song name:
7. Overall, did the participants actively participate in the session by joining in with the singing, dancing or clapping? Y/N
8. Were there any examples where the kanyeleng group acted to encourage women to participate? Y/N
 - a. Give example and time point in the video: