

Supplementary Table S3. Overall usage trends for different classes of medications* (most common time to use is highlighted).

Cases (AR) Treated N= 939*	N	Takes it all year-round	Takes it before the allergy season starts	Takes it only during the allergy season	Takes it only after symptoms have started	Takes it only when symptoms are very bothersome
Oral non-sedating antihistamines	422 (44.9%)	9%	7%	26%	39%	19%
Oral sedating antihistamines	81 (8.6%)	2%	7%	30%	31%	30%
Oral decongestants	77 (8.2%)	5%	9%	22%	43%	20%
Oral combination products	151 (16.1%)	5%	3%	33%	35%	23%
Antihistamine nasal sprays	110 (11.7%)	4%	9%	27%	45%	13%
Decongestants nasal sprays	128 (13.6%)	6%	9%	29%	37%	20%
Corticosteroid nasal sprays	147 (15.7%)	9%	8%	25%	38%	21%
Nasal saline spray	114 (12.2%)	15%	6%	21%	38%	19%
Antihistamine eye drops	124 (13.2%)	3%	3%	37%	43%	14%
Other eye drops	30 (3.2%)	0%	4%	27%	47%	23%

*More than one medicine category could be chosen per child.