

Supplementary File 3

Interview Schedule for Qualitative Consultations with Young People

- 1) What do you think of the language and use of the term ‘risk assessment’?
- 2) What are the barriers and enablers that you think might exist with regard to help-seeking specific to depression/suicide/self-harm from a professional?
- 3) What do you think might be some important things for a professional to consider when talking to a young person about depression and/or suicide/self-harm risk?
- 4) Please discuss commonly encountered questions professionals may ask during a ‘risk assessment’, and young people’s views on these.
- 5) What could be some key questions that a GP or other professional should ask when someone discloses depression and/or suicide/self-harm risk, and how do you think a professional could approach this in order to make them feel respected?
- 6) What do you think professionals could do better when a young person who might feel depressed, or be at risk of suicide/self-harm, presents to them?