Clinician Depression Information Priorities

What Matters Most? Information Priorities for Treatment of Depression

Depression is the most common mental health disorder among Americans, and recognition and treatment are increasing. This survey seeks to identify information priorities in the treatment of depression. Dr. Paul Barr of the Dartmouth Center for Health Care Delivery Science at Dartmouth College, Hanover, NH, USA is conducting this research project. Your participation is voluntary. We are inviting clinicians who have counseled about, diagnosed, or treated patients for depression, live in the U.S., and are comfortable reading and writing in English to participate. Participation involves completion of an anonymous online survey that should take about 10 minutes. The information collected will be maintained anonymously. No names or other identifying information will be collected. There are no right or wrong answers. You may choose not to answer any or all of the questions. Questions about this project may be directed to: Dr. Paul Barr, Assistant Professor, The Dartmouth Institute for Health Policy and Clinical Practice, The Dartmouth Center for Health Care Delivery Science, Hanover, NH 03755, Tel: 603-646-2578 | Email: paul.j.barr@dartmouth.edu. Please click on the green arrow button to continue.

Thank you for your interest in this survey. Please take a few moments to answer the following questions about depression treatment options.

How old are you (in years)?
If How old are you (in years)? Is Less Than 18, Then Skip To End of Block

Are you comfortable reading and writing in English?

☑ Yes
☐ No
If No Is Selected, Then Skip To End of Block

Do you speak a language other than English at home?

☑ Yes (please specify below) ______________________
☐ No
Where in the United States do you practice?
- Alabama
- Alaska
- Arizona
- Arkansas
- California
- Colorado
- Connecticut
- Delaware
- District of Columbia
- Florida
- Georgia
- Hawaii
- Idaho
- Illinois
- Indiana
- Iowa
- Kansas
- Kentucky
- Louisiana
- Maine
- Maryland
- Massachusetts
- Michigan
- Minnesota
- Mississippi
- Missouri
- Montana
- Nebraska
- Nevada
- New Hampshire
- New Jersey
- New Mexico
- New York
- North Carolina
- North Dakota
- Ohio
- Oklahoma
- Oregon
- Pennsylvania
- Rhode Island
- South Carolina
- South Dakota
- Tennessee
- Texas
- Utah
- Vermont
- Virginia
- Washington
- West Virginia
- Wisconsin
- Wyoming
- Other US territory
- I practice outside the US

If I practice outside the US Is Selected, Then Skip To End of Block

In the past twelve months, have you counseled, diagnosed, or treated patients with depression?
- Yes
- No

If No Is Selected, Then Skip To End of Block

Which option best describes your primary professional role/training?
- Primary Care/Internal Medicine Physician
- Psychiatrist
- Psychologist
- Psychiatric/Mental Health Nurse
- Social Worker
- Licensed Professional Counselor
- Other (please specify below) ______________________

How many years since you finished your training?

In the last year, approximately what percentage of your patients had depression diagnoses (new or pre-existing), regardless of treatment?
- A majority of my patients
- A substantial portion of my patients
- Few of my patients
Which depression treatment do you most commonly provide or request?

- Antidepressant medication
- Talk therapy (e.g., Cognitive Behavioral Therapy (CBT), Interpersonal Therapy, Problem-solving Therapy)
- Alternative therapy
- Lifestyle changes
- Combination talk therapy and medication
- Electroconvulsive therapy
- Deep-brain stimulation

Over the next five screens, we will ask you to evaluate the importance of discussing some common questions about depression treatment from the following two perspectives: 1. Clinician perspective: In order to treat your patient’s depression, how important do you think it is to discuss the following questions? 2. Patient perspective: In your experience, how important do patients believe the following questions are when choosing a treatment for depression? Please click on the green arrow button to continue.

Please evaluate the questions below from the following two perspectives: 1. Clinician perspective: In order to treat your patient’s depression, how important do you think it is to discuss the following questions? 2. Patient perspective: In your experience, how important do patients believe the following questions are when choosing a treatment for depression?

How does this treatment work?

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Who will be providing this treatment?

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How long before the patient feels better?

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Please evaluate the questions below from the following two perspectives: 1. Clinician perspective: In order to treat your patient's depression, how important do you think it is to discuss the following questions? 2. Patient perspective: In your experience, how important do patients believe the following questions are when choosing a treatment for depression?
### How long will the patient need to be treated?

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### How quickly can this treatment commence?

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### What is involved in using this treatment?

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What is involved in stopping this treatment?

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What are the side effects of this treatment?

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Can the patient have this treatment while they are pregnant?

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Is this treatment addictive?

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Will this treatment change the patient's personality?

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Will this treatment affect other existing health conditions?

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### Can the patient drink alcohol with this treatment?

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<td>Drink alcohol</td>
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### Can the patient take recreational drugs with this treatment?

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<td>Take recreational drugs</td>
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### How easy is it to keep this treatment private?

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Will this treatment affect the patient’s work/daily routine?

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Please evaluate the questions below from the following two perspectives: 1. Clinician perspective: In order to treat your patient's depression, how important do you think it is to discuss the following questions? 2. Patient perspective: In your experience, how important do patients believe the following questions are when choosing a treatment for depression?

How much does treatment cost?

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Is this treatment usually covered by insurance?

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Can the patient use alternative treatments?

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Are there other important treatment decision questions that we did not touch upon? If so, please check the box and specify below.

- Question 1 ________________
- Question 2 ________________

Answer If How does this treatment work? - Extremely Important Is Selected Or How does this treatment work? - Important Is Selected Or Who will be providing this treatment? - Extremely Important Is Selected Or Who will be providing this treatment? - Important Is Selected Or Will this treatment work? - Extremely Important Is Selected Or Will this treatment work? - Important Is Selected Or How long before the patient feels better? - Extremely Important Is Selected Or How long before the patient feels better? - Important Is Selected Or How long will the patient need to be treated? - Extremely Important Is Selected Or How long will the patient need to be treated? - Important Is Selected Or How long will the patient need to be treated? - Extremely Important Is Selected Or How quickly can this treatment commence? - Important Is Selected Or How quickly can this treatment commence? - Extremely Important Is Selected Or What is involved in using this treatment? - Extremely Important Is Selected Or What is involved in using this treatment? - Important Is Selected Or What is involved in using this treatment? - Extremely Important Is Selected Or What is involved in stopping this treatment? - Extremely Important Is Selected Or What is involved in stopping this treatment? - Important Is Selected Or What are the side effects of this treatment? - Extremely Important Is Selected Or What are the side effects of this treatment? - Important Is Selected Or What are the side effects of this treatment? - Extremely Important Is Selected Or Can the patient have this treatment while they are pregnant? - Extremely Important Is Selected Or Can the patient have this treatment while they are pregnant? - Important Is Selected Or Is this treatment addictive? - Extremely Important Is Selected Or Is this treatment addictive? - Important Is Selected Or Will this treatment change the patient's personality? - Extremely Important Is Selected Or Will this treatment change the patient's personality? - Important Is Selected Or Will this treatment change the patient's personality? - Extremely Important Is Selected Or Will this treatment affect other existing health conditions? - Extremely Important Is Selected Or Will this treatment affect other existing health conditions? - Important Is Selected Or Will this treatment affect other existing health conditions? - Extremely Important Is Selected Or Can the patient drink alcohol with this treatment? - Extremely Important Is Selected Or Can the patient drink alcohol with this treatment? - Important Is Selected Or Can the patient drink alcohol with this treatment? - Extremely Important Is Selected Or Can the patient take recreational drugs with this treatment? - Extremely Important Is Selected Or Can the patient take recreational drugs with this treatment? - Important Is Selected Or Can the patient take recreational drugs with this treatment? - Important Is Selected Or How easy is it to keep this treatment private? - Extremely Important Is Selected Or How easy is it to keep this treatment private?
treatment private? - Important Is Selected Or Will this treatment affect the patient's work/daily routine? - Extremely Important Is Selected Or Will this treatment affect the patient's work/daily routine? - Important Is Selected Or How much does treatment cost? - Extremely Important Is Selected Or How much does treatment cost? - Important Is Selected Or Is this treatment usually covered by insurance? - Extremely Important Is Selected Or Is this treatment usually covered by insurance? - Important Is Selected Or Can the patient use alternative treatments? - Extremely Important Is Selected Or Can the patient use alternative treatments? - Important Is Selected

On the next two pages, we will ask you to rank the most important questions from the previous two perspectives; first as a clinician, and second as a patient. Please click on the green arrow button to continue.
Answer: If How does this treatment work? Clinician Perspective - Extremely Important Is Selected
Or How does this treatment work? Clinician Perspective - Important Is Selected Or Who will be
providing this treatment? Clinician Perspective - Extremely Important Is Selected Or Who will be
providing this treatment? Clinician Perspective - Important Is Selected Or Will this treatment
work? Clinician Perspective - Extremely Important Is Selected Or Will this treatment work?
Clinician Perspective - Important Is Selected Or How long before the patient feels better?
Clinician Perspective - Extremely Important Is Selected Or How long before the patient feels
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in using this treatment? Clinician Perspective - Extremely Important Is Selected Or What is
involved in using this treatment? Clinician Perspective - Important Is Selected Or What is
involved in stopping this treatment? Clinician Perspective - Extremely Important Is Selected Or
What are the side effects of this treatment? Clinician Perspective - Extremely Important Is
Selected Or What are the side effects of this treatment? Clinician Perspective - Important Is
Selected Or Can the patient have this treatment while they are pregnant? Clinician Perspective -
Extremely Important Is Selected Or Can the patient have this treatment while they are
pregnant? Clinician Perspective - Important Is Selected Or Is this treatment addictive? Clinician
Perspective - Extremely Important Is Selected Or Is this treatment addictive? Clinician
Perspective - Important Is Selected Or Will this treatment change the patient's personality?
Clinician Perspective - Extremely Important Is Selected Or Will this treatment change the
patient's personality? Clinician Perspective - Important Is Selected Or Will this treatment affect
other existing health conditions? Clinician Perspective - Extremely Important Is Selected Or Will
this treatment affect other existing health conditions? Clinician Perspective - Important Is
Selected Or Can the patient drink alcohol with this treatment? Clinician Perspective - Extremely
Important Is Selected Or Can the patient drink alcohol with this treatment? Clinician Perspective -
Important Is Selected Or Can the patient take recreational drugs with this treatment? Clinician
Perspective - Extremely Important Is Selected Or Can the patient take recreational drugs with
this treatment? Clinician Perspective - Important Is Selected Or How easy is it to keep this
treatment private? Clinician Perspective - Extremely Important Is Selected Or How easy is it to
keep this treatment private? Clinician Perspective - Important Is Selected Or Will this treatment
affect the patient's work/daily routine? Clinician Perspective - Extremely Important Is Selected
Or Will this treatment affect the patient's work/daily routine? Clinician Perspective - Important
Is Selected Or How much does treatment cost? Clinician Perspective - Extremely Important Is
Selected Or How much does treatment cost? Clinician Perspective - Important Is Selected Or Is
this treatment usually covered by insurance? Clinician Perspective - Extremely Important Is
Selected Or Is this treatment usually covered by insurance? Clinician Perspective - Important Is
Selected Or Can the patient use alternative treatments? Clinician Perspective - Extremely
Below are the questions which you rated "important" or "extremely important" from the clinician perspective when considering treatment for depression. Please rank your TOP FIVE questions as a clinician in order of most to least important. Please drag these questions to the top. The most important question should be in position 1, the second most important in position 2, and so on. The order of any remaining questions can be disregarded.

If Will this treatment work? Clinician Perspective - Extremely Important Is Selected Or Will this treatment work? Clinician Perspective - Important Is Selected

_______ Will this treatment work?

If How long before the patient feels better? Clinician Perspective - Extremely Important Is Selected Or How long before the patient feels better? Clinician Perspective - Important Is Selected

_______ How long before the patient feels better?

If Will this treatment affect other existing health conditions? Clinician Perspective - Extremely Important Is Selected Or Will this treatment affect other existing health conditions? Clinician Perspective - Important Is Selected

_______ Will this treatment affect other existing health conditions?

If Can the patient use alternative treatments? Clinician Perspective - Extremely Important Is Selected Or Can the patient use alternative treatments? Clinician Perspective - Important Is Selected

_______ Can the patient use alternative treatments?

If How long will the patient need to be treated? Clinician Perspective - Extremely Important Is Selected Or How long will the patient need to be treated? Clinician Perspective - Important Is Selected

_______ How long will the patient need to be treated?

If What is involved in using this treatment? Clinician Perspective - Extremely Important Is Selected Or What is involved in using this treatment? Clinician Perspective - Important Is Selected

_______ What is involved in using this treatment?

If What is involved in stopping this treatment? Clinician Perspective - Extremely Important Is Selected Or What is involved in stopping this treatment? Clinician Perspective - Important Is Selected

_______ What is involved in stopping this treatment?

If Will this treatment affect the patient's work/daily routine? Clinician Perspective - Extremely Important Is Selected Or Will this treatment affect the patient's work/daily routine? Clinician Perspective - Important Is Selected

_______ Will this treatment affect the patient's work/daily routine?

If Is this treatment usually covered by insurance? Clinician Perspective - Extremely Important Is Selected Or Is this treatment usually covered by insurance? Clinician Perspective - Important Is Selected

_______ Is this treatment usually covered by insurance?
If Is this treatment addictive? Clinician Perspective - Extremely Important Is Selected Or Is this treatment addictive? Clinician Perspective - Important Is Selected

_____ Is this treatment addictive?

If Will this treatment change the patient's personality? Clinician Perspective - Extremely Important Is Selected Or Will this treatment change the patient's personality? Clinician Perspective - Important Is Selected

_____ Will this treatment change the patient's personality?

If How does this treatment work? Clinician Perspective - Extremely Important Is Selected Or How does this treatment work? Clinician Perspective - Important Is Selected

_____ How does this treatment work?

If How much does treatment cost? Clinician Perspective - Extremely Important Is Selected Or How much does treatment cost? Clinician Perspective - Important Is Selected

_____ How much does treatment cost?

If How easy is it to keep this private? Clinician Perspective - Extremely Important Is Selected Or How easy is it to keep this private? Clinician Perspective - Important Is Selected

_____ How easy is it to keep this treatment private?

If Who will be providing this treatment? Clinician Perspective - Extremely Important Is Selected Or Who will be providing this treatment? Clinician Perspective - Important Is Selected

_____ Who will be providing this treatment?

If Can the patient drink alcohol with this treatment? Clinician Perspective - Extremely Important Is Selected

_____ Can the patient drink alcohol with this treatment?

If Can the patient take recreational drugs with this treatment? Clinician Perspective - Extremely Important Is Selected Or Can the patient take recreational drugs with this treatment? Clinician Perspective - Important Is Selected

_____ Can the patient use recreational drugs with this treatment?

If Can the patient have this treatment while they are pregnant? Clinician Perspective - Extremely Important Is Selected Or Can the patient have this treatment while they are pregnant? Clinician Perspective - Important Is Selected

_____ Can the patient have this treatment while they are pregnant?

If How quickly can this treatment commence? Clinician Perspective - Extremely Important Is Selected Or How quickly can this treatment commence? Clinician Perspective - Important Is Selected

_____ How quickly can this treatment commence?

If What are the side effects of this treatment? Clinician Perspective - Extremely Important Is Selected Or What are the side effects of this treatment? Clinician Perspective - Important Is Selected

_____ What are the side effects of this treatment?
Answer

If How does this treatment work? Patient Perspective - Extremely Important Is Selected
Or How does this treatment work? Patient Perspective - Important Is Selected Or Who will be
providing this treatment? Patient Perspective - Extremely Important Is Selected Or Who will be
providing this treatment? Patient Perspective - Important Is Selected Or Will this treatment
work? Patient Perspective - Extremely Important Is Selected Or Will this treatment work?
Patient Perspective - Important Is Selected Or How long before the patient feels better? Patient
Perspective - Extremely Important Is Selected Or How long before the patient feels better?
Patient Perspective - Important Is Selected Or How long will the patient need to be treated?
Patient Perspective - Extremely Important Is Selected Or How long will the patient need to be
treated? Patient Perspective - Important Is Selected Or How quickly can this treatment
commence? Patient Perspective - Extremely Important Is Selected Or How quickly can this
treatment commence? Patient Perspective - Important Is Selected Or What is involved in using
this treatment? Patient Perspective - Extremely Important Is Selected Or What is involved in
using this treatment? Patient Perspective - Important Is Selected Or What is involved in stopping
this treatment? Patient Perspective - Extremely Important Is Selected Or What is involved in
stopping this treatment? Patient Perspective - Important Is Selected Or What are the side
effects of this treatment? Patient Perspective - Extremely Important Is Selected Or What are the
side effects of this treatment? Patient Perspective - Important Is Selected Or Can the patient
have this treatment while they are pregnant? Patient Perspective - Extremely Important Is
Selected Or Can the patient have this treatment while they are pregnant? Patient Perspective -
Important Is Selected Or Is this treatment addictive? Patient Perspective - Extremely Important
Is Selected Or Is this treatment addictive? Patient Perspective - Important Is Selected Or Will this
treatment change the patient's personality? Patient Perspective - Extremely Important Is
Selected Or Will this treatment change the patient's personality? Patient Perspective -
Important Is Selected Or Will this treatment affect other existing health conditions? Patient
Perspective - Extremely Important Is Selected Or Will this treatment affect other existing health
conditions? Patient Perspective - Important Is Selected Or Can the patient drink alcohol with this
treatment? Patient Perspective - Extremely Important Is Selected Or Can the patient drink
alcohol with this treatment? Patient Perspective - Important Is Selected Or Can the patient take
recreational drugs with this treatment? Patient Perspective - Extremely Important Is Selected Or
Can the patient take recreational drugs with this treatment? Patient Perspective - Important Is
Selected Or How easy is it to keep this treatment private? Patient Perspective - Extremely
Important Is Selected Or How easy is it to keep this treatment private? Patient Perspective -
Important Is Selected Or Will this treatment affect the patient's work/daily routine? Patient
Perspective - Extremely Important Is Selected Or Will this treatment affect the patient's work/daily
routine? Patient Perspective - Important Is Selected Or How much does treatment
cost? Patient Perspective - Extremely Important Is Selected Or How much does treatment cost?
Patient Perspective - Important Is Selected Or Is this treatment usually covered by insurance?
Patient Perspective - Extremely Important Is Selected Or Is this treatment usually covered by
insurance? Patient Perspective - Important Is Selected Or Can the patient use alternative
treatments? Patient Perspective - Extremely Important Is Selected Or Can the patient use
alternative treatments? Patient Perspective - Important Is Selected
Below are the questions which you rated "important" or "extremely important" from the patient perspective when considering treatment for depression. Please rank your TOP FIVE questions from the patient perspective in order of most to least important. Please drag these important questions to the top. The most important question should be in position 1, the second most important in position 2, and so on. The order of any remaining questions can be disregarded.

- If Will this treatment work? Patient Perspective - Extremely Important Is Selected
- Or Will this treatment work? Patient Perspective - Important Is Selected
- _____ Will this treatment work?

- If How long before the patient feels better? Patient Perspective - Extremely Important Is Selected
- Or How long before the patient feels better? Patient Perspective - Important Is Selected
- _____ How long before the patient feels better?

- If Will this treatment affect other existing health conditions? Patient Perspective - Extremely Important Is Selected
- Or Will this treatment affect other existing health conditions? Patient Perspective - Important Is Selected
- _____ Will this treatment affect other existing health conditions?

- If Can the patient use alternative treatments? Patient Perspective - Extremely Important Is Selected
- Or Can the patient use alternative treatments? Patient Perspective - Important Is Selected
- _____ Can the patient use alternative treatments?

- If How long will the patient need to be treated? Patient Perspective - Extremely Important Is Selected
- Or How long will the patient need to be treated? Patient Perspective - Important Is Selected
- _____ How long will the patient need to be treated?

- If What is involved in using this treatment? Patient Perspective - Extremely Important Is Selected
- Or What is involved in using this treatment? Patient Perspective - Important Is Selected
- _____ What is involved in using this treatment?

- If What is involved in stopping this treatment? Patient Perspective - Extremely Important Is Selected
- Or What is involved in stopping this treatment? Patient Perspective - Important Is Selected
- _____ What is involved in stopping this treatment?

- If Will this treatment affect the patient's work/daily routine? Patient Perspective - Extremely Important Is Selected
- Or Will this treatment affect the patient's work/daily routine? Patient Perspective - Important Is Selected
- _____ Will this treatment affect the patient's work/daily routine?

- If Is this treatment usually covered by insurance? Patient Perspective - Extremely Important Is Selected
- Or Is this treatment usually covered by insurance? Patient Perspective - Important Is Selected
- _____ Is this treatment usually covered by insurance?

- If Is this treatment addictive? Patient Perspective - Extremely Important Is Selected
- Or Is this treatment addictive? Patient Perspective - Important Is Selected
- _____ Is this treatment addictive?
If Will this treatment change the patient's personality? Patient Perspective - Extremely Important Is Selected Or Will this treatment change the patient's personality? Patient Perspective - Important Is Selected

______ Will this treatment change the patient's personality?

If How does this treatment work? Patient Perspective - Extremely Important Is Selected Or How does this treatment work? Patient Perspective - Important Is Selected

______ How does this treatment work?

If How much does treatment cost? Patient Perspective - Extremely Important Is Selected Or How much does treatment cost? Patient Perspective - Important Is Selected

______ How much does treatment cost?

If How easy is it to keep this private? Patient Perspective - Extremely Important Is Selected Or How easy is it to keep this private? Patient Perspective - Important Is Selected

______ How easy is it to keep this treatment private?

If Who will be providing this treatment? Patient Perspective - Extremely Important Is Selected Or Who will be providing this treatment? Patient Perspective - Important Is Selected

______ Who will be providing this treatment?

If Can the patient drink alcohol with this treatment? Patient Perspective - Extremely Important Is Selected

______ Can the patient drink alcohol with this treatment?

If Can the patient take recreational drugs with this treatment? Patient Perspective - Extremely Important Is Selected Or Can the patient take recreational drugs with this treatment? Patient Perspective - Important Is Selected

______ Can the patient use recreational drugs with this treatment?

If Can the patient have this treatment while they are pregnant? Patient Perspective - Extremely Important Is Selected Or Can the patient have this treatment while they are pregnant? Patient Perspective - Important Is Selected

______ Can the patient have this treatment while they are pregnant?

If How quickly can this treatment commence? Patient Perspective - Extremely Important Is Selected Or How quickly can this treatment commence? Patient Perspective - Important Is Selected

______ How quickly can this treatment commence?

If What are the side effects of this treatment? Patient Perspective - Extremely Important Is Selected Or What are the side effects of this treatment? Patient Perspective - Important Is Selected

______ What are the side effects of this treatment?
Please review the following possible side effects of depression treatment. As a clinician, what are the top FIVE most concerning side effects? Please drag these side effects to the top. The most important side effect should be in position 1, the second most important in position 2, and so on. The order of the remaining side effects can be disregarded.

- Weight change
- Sleep issues
- Nausea/Vomiting
- Constipation
- Diarrhea
- Increased risk of suicide
- Harm to an unborn child
- Drug-drug interactions
- Heart problems
- Seizures
- Sexual issues
- Increased stress

Are there important side effects not listed?
- No
- Yes (please list below) __________________

In your practice, which of the following best describes how decisions about depression treatment are made?
- The patient makes the decision about treatment
- The patient makes the decision about treatment, after seriously considering my opinion
- The patient and I make the decision about treatment jointly
- I make the decision about treatment, after seriously considering the patient's opinion
- I make the decision about treatment
What is your gender?
- Male
- Female
- Other

What is your ethnicity?
- Hispanic or Latino/a
- Not Hispanic or Latino/a
What is your race? (Please select all that apply.)

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White
- Other (please specify below) ______________________

Which of the following best describes the area in which you practice?

- Urban/Metropolitan (50,000 people or more)
- Large Rural City/Micropolitan (10,000 - 49,000 people)
- Small Rural City/Town (2,500-9,999 people)
- Isolated Rural Town (under 2,500 and commute of greater than 60 minutes to an Urban area)
Is there anything important that we didn't cover? Please describe below.

How did you hear about this survey?
- Colleague/Friend
- Professional Organization
- Listserv email
- Print advertising
- Online advertising
- Other ____________________
Would you like us to share the findings of this study with you? (If you choose to provide your email address, it will be stored securely. We will only contact you for the reason described and we will not share it with any third party.)

- Yes, my email address is: ____________________________
- No

May we invite you to participate in research studies like this one in the future? (You can always choose not to participate if we contact you.)

- Yes, my email address is: ____________________________
- No