

### Supplement 1. Search clauses

Database	Search clause and/or limits
MEDLINE	((parkinson's disease[Mh]) OR (parkinson*[TI])) AND ((exerc* [TI]) OR (train*[TI])) AND (Clinical Trial[ptyp] AND hasabstract[text])
EMBASE	'parkinson disease'/exp AND (exerc*:ti OR train*:ti) AND 'controlled study'/de AND [adult]/lim AND 'article'/it
CINAHL	(MH "Parkinson Disease") AND ((TI exerc*) OR (TI train*)) Limiters: Abstract Available Source Types: Academic Journals Age: all adult
CENTRAL	#1: MeSH descriptor: [Parkinson Disease] explode all trees #2: train*:ti OR exerc*:ti #3: #1 AND #2 Limit: Trials
Web of Science	TITLE: (parkinson's disease) AND TITLE: (train* OR exerc*) Refined by: DOCUMENT TYPES: (CLINICAL TRIAL)
Pedro	Abstract & Title: Parkinson's disease Therapy: strength training Method: clinical trial