

## Supplementary material. Excluded studies

| Study  | Intervention                                  | Reason for exclusion<br>Study description   | Benefit for<br>intervention  |
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| <i>Evaluation of treatment</i>                                     |   |   |  |
| Benazzo et al. 2008 <sup>1</sup>                                   | Pulsed electromagnetic fields                 | Commenced <2weeks<br>Patients with ACL reconstruction irrespective of pain randomised   | Shorter recovery time  |
| Billet et al. 2014 <sup>2</sup>                                    | Dorsal root ganglion neurostimulation         | Not trial<br>2 patients with <u>post-surgical knee pain</u> case series                 | Intervention was effective in controlling of intractable, neuropathic pain |
| Birch et al. 1993 <sup>3</sup>                                     | Sodium diclofenac or physiotherapy or control | Commenced <2weeks<br>Patients with arthroscopy irrespective of pain status randomised   | Neither intervention showed benefit for Noyes knee score up to 6 weeks     |
| Bouche et al. 2011 <sup>4</sup><br>Bouche et al. 2011 <sup>5</sup> | Peripheral subcutaneous field stimulation     | Not trial<br>5 patients with <u>intractable pain</u> after knee surgery                 | Excellent pain relief before and after permanent stimulator implantation   |
| Chaiyakit et al. 2012 <sup>6</sup>                                 | Peri-articular steroid injection              | Not trial<br>28 patients (29 knees) with <u>chronic pain</u> at mean 5 months after TKR | VAS pain, knee and function scores improved up to 3 months after injection |
| Cupal and Brewer 2001 <sup>7</sup>                                 | Relaxation and guided imagery                 | Supported recovery<br>Patients with ACL reconstruction                                  | Pain and anxiety reduced at 24 weeks                                       |

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|   |  | irrespective of pain status randomised   |   |
| Drakes et al. 2013 <sup>8</sup>                 | Ultrasound guided radiofrequency ablation of the saphenous nerve | Not trial<br>1 patient <u>with pain</u> after multiple knee surgeries  | Significant pain relief at 9 months         |
| Eastlack et al. 2005 <sup>9</sup>               | Lower body positive-pressure exercise                            | Not trial<br>Patients with knee surgery irrespective of pain status  | Significant pain relief                     |
| Giaquinto et al. 2010 <sup>10</sup>             | Hydrotherapy compared with gym based rehabilitation              | Supported recovery<br>Patients with TKR irrespective of pain status randomised                                     | WOMAC pain, function and stiffness improved |
| Gooch et al. 2012 <sup>11</sup>                 | Clinical pathway   | Supported recovery<br>Patients with TKR irrespective of pain status randomised                                     | Improved WOMAC score                        |
| Hall et al. 2012 <sup>12</sup>                  | Neuromuscular exercise   | Protocol<br>Patients with arthroscopic partial medial meniscectomy irrespective of pain status randomised          | Protocol only                               |
| Koulousakis 2013 <sup>13</sup><br>Abstract only | Peripheral subcutaneous nerve stimulation                        | Not trial<br>405 patients with neuropathic pain including some with <u>post-operative knee pain</u> not randomised | 70% showed pain relief up to 3 years        |
| Kramer et al. 2003 <sup>14</sup>                | Clinic or home-based rehabilitation                              | Supported recovery<br>Patients with TKR  | Similar outcomes                            |

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|   |  | irrespective of pain<br>status randomised  |  |
| Lee Dellon et al.<br>1996 <sup>15</sup> | Partial denervation  | Not trial<br>70 patients with<br><u>persistent pain</u> after<br>TKR, trauma or<br>osteotomy not<br>randomised | Improvement in VAS<br>pain and knee score at<br>around 2 years |
| Liang et al. 2006 <sup>16</sup>         | Traditional Chinese<br>medicine and<br>rehabilitation                      | <2 weeks<br>Patients with<br>arthroscopic ACL<br>reconstruction<br>irrespective of pain<br>status randomised   | Improved pain,<br>swelling and function                        |
| Losina et al. 2013 <sup>17</sup>        | Motivational-<br>interviewing-based<br>telephone intervention              | Protocol<br>Supported recovery<br>Patients with TKR<br>irrespective of pain<br>status randomised               | Protocol only  |
| Lowry et al. 2010 <sup>18</sup>         | Spinal cord stimulation  | Not trial<br>1 patient with<br><u>persistent knee pain</u><br>after TKR  | Improvement to pain<br>and function                            |
| Madsen et al. 2013 <sup>19</sup>        | Group-based<br>rehabilitation or<br>individual supervised<br>home-training | Supported recovery<br>Patients with TKR<br>irrespective of pain<br>status randomised                           | No difference between<br>groups at 6 months                    |
| Mast et al. 1995 <sup>20</sup>          | Acupuncture  | <2 weeks<br>Patients with TKR<br>irrespective of pain<br>status randomised                                     | Pain reduction at 24<br>hours                                  |

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| Moretti et al. 2012 <sup>21</sup>    | Pulsed electromagnetic fields                           | <2 weeks<br>Patients with TKR irrespective of pain status randomised  | VAS pain, knee score and SF-36 improved  |
| Muoneke et al. 2003 <sup>22</sup>    | Secondary patella resurfacing                           | Not trial<br>20 patients with <u>chronic anterior knee pain</u> after TKR without patellar resurfacing not randomised | Knee score and function improved but may increase dissatisfaction and need for revision  |
| Nahabedian et al. 1998 <sup>23</sup> | Selective denervation                                   | Not trial<br>13 patients with <u>chronic knee pain</u> secondary to neuromata from prior surgery or trauma            | 10/13 rated pain outcome as excellent or good  |
| Naylor et al. 2012 <sup>24</sup>     | Group-based or monitored home-based rehabilitation      | Supported recovery<br>Patients with TKR irrespective of pain status randomised  | No difference between groups at 8 weeks  |
| Pellino et al. 2005 <sup>25</sup>    | Kit of nonpharmacologic strategies for pain and anxiety | <2 weeks<br>Patients with TKR irrespective of pain status randomised  | No difference in pain but lower opioid use and anxiety on postoperative day 1  |
| Richards et al. 2013 <sup>26</sup>   | Morphine plus oxycodone or oxycodone and acetaminophen  | Acute pain<br>Patients with <u>moderate to severe pain</u> after TKR randomised                                       | For BPI pain outcomes, flexible dose morphine/oxycodone was superior to low-dose morphine/oxycodone and comparable to oxycodone/ |

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|  |  |  | acetaminophen   |
| Schroer et al. 2011 <sup>27</sup>              | Prolonged postoperative cyclooxygenase-2 inhibitor | <2 weeks<br>Patients with TKR irrespective of pain status randomised at discharge                              | Better VAS pain, flexion, knee scores, OKS, SF-12 physical function after 6 weeks treatment |
| van den Akker-Scheek et al. 2007 <sup>28</sup> | Theory-driven support programme                    | Supported recovery<br>Patients with TKR irrespective of pain status randomised                                 | No difference between groups at 26 weeks  |
| Zorzi et al. 2007 <sup>29</sup>                | Pulsed electromagnetic fields                      | <2 weeks<br>Patients receiving arthroscopic treatment of knee cartilage irrespective of pain status randomised | Improved KOOS at 90 days, reduced NSAID use. Better 3 year recovery                         |
| <b><i>Evaluation of predictive model</i></b>   |  |  |   |
| Ackland et al. 2010 <sup>30</sup>              | Cardiac risk index                                 | Prediction of complications<br>Patients with orthopaedic procedure. No evaluation                              | Risk index predicted postoperative morbidity and hospital stay                              |
| Adam et al. 2008 <sup>31</sup>                 | Patient decision aids or shared decision making    | Decision for surgery<br>Joint replacement.<br>Systematic review  | Little evidence on the use of decision aids   |
| Al-Arabi et al. 2009 <sup>32</sup>             | Risk classification                                | Prediction of complications<br>TKR. No evaluation  | Risk classification identified patients at risk of complications and longer inpatient stay  |

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| De Achaval et al. 2011 <sup>33</sup> | Patient decision aid and computer-based values clarification exercise | Decision for surgery<br>Elective TKR. No evaluation                           | Decision aid reduced decisional conflict but no benefit for additional computer-based tool |
| Enko et al. 2013 <sup>34</sup>       | Thomas-plot therapeutic algorithm                                     | Prediction of anaemia<br>Elective major orthopaedic surgery.<br>No evaluation | Algorithm predicted need for blood   |
| Fithian et al. 2005 <sup>35</sup>    | Treatment algorithm   | Prediction of future surgery<br>ACL reconstruction.<br>No evaluation          | Treatment algorithm effective in predicting risk of further knee surgery                   |
| Hunter 2009 <sup>36</sup>            | Stratification of risk for osteoarthritis progression                 | Osteoarthritis management<br>Knee osteoarthritis.<br>Narrative review         | Risk stratification feasible using a number of different metrics                           |
| Jain et al. 2011 <sup>37</sup>       | Risk profile for post-surgical delirium                               | Prediction of complications<br>Joint replacement. No evaluation               | Risk profile was associated with risk of postoperative delirium                            |
| Jain et al. 2013 <sup>38</sup>       | Flexion deformity algorithm   | Prediction of flexion deformity correction<br>TKR. No evaluation              | Flexion deformity algorithm predicted postoperative flexion deformity                      |
| Lewis et al. 2013 <sup>39</sup>      | Risk algorithm for prediction of need for knee replacement            | Decision for surgery<br>Knee replacement. No evaluation                       | Algorithm predicted need for knee replacement  |
| Oldmeadow et al. 2004 <sup>40</sup>  | Pre-operative risk assessment   | Prediction of complications<br>Elective hip or knee replacement. Before       | Use of risk assessment with targeted postoperative care improved time and                  |

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|  |  | and after study  | destination of hospital discharge   |
| Romine et al. 2013 <sup>41</sup>         | Peri-operative risk calculator   | Prediction of complications<br>TKR. No evaluation                        | Higher predicted risk associated with more complications                          |
| Sanchez-Santos et al. 2014 <sup>42</sup> | Clinical risk prediction tool to predict OKS patient reported outcome    | Predictive model with no evaluation<br>Primary TKR. No evaluation        | Good discrimination and calibration   |
| Saragas et al. 2014 <sup>43</sup>        | Risk factor score  | Decision for thromboprophylaxis<br>Foot and ankle surgery. No evaluation | Specific non-weight-bearing and cast immobilised group require thromboprophylaxis |
| Simoes et al. 2014 <sup>44</sup>         | Algorithm to select patients for rheumatologist evaluation               | Osteoarthritis management<br>Knee osteoarthritis.<br>Not evaluation      | Algorithm did not predict under-diagnosis   |
| Van Middelkoop et al. 2014 <sup>45</sup> | Algorithm to predict success of intra-articular glucocorticoid treatment | Osteoarthritis management.<br>Knee or hip osteoarthritis. No evaluation  | Pain and inflammation predicted response to glucocorticoids                       |

ACL anterior cruciate ligament; TKR total knee replacement; VAS visual analogue scale; WOMAC Western Ontario and McMaster Universities Osteoarthritis Index; BPI Brief Pain Inventory; OKS Oxford knee score; KOOS Knee injury and Osteoarthritis Outcome Score; NSAID non-steroidal anti-inflammatory drug

## Supplementary material References

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