

**Online supplementary material C: Table to show longest follow-up, with short term (one year or less) data removed**

Theoretical orientation of curricula	Longest follow-up Odds ratios (95% CI)	Longest follow up with short term (1 year or less) data removed Odds ratios (95% CI)
Information only	0.12 (0.00, 14.87)	Not estimable
Social competence	0.65 (0.43, 0.96)	0.65 (0.43, 0.96)
Social influences	0.92 (0.84, 1.00)	0.93 (0.85, 1.01)
Combined Social competence and Social influences	0.60 (0.43, 0.83)	0.52 (0.29, 0.92)
Multi Modal	0.88 (0.73, 1.05)	0.88 (0.73, 1.05)
Overall	0.88 (0.82, 0.95)	0.90 (0.83, 0.97)