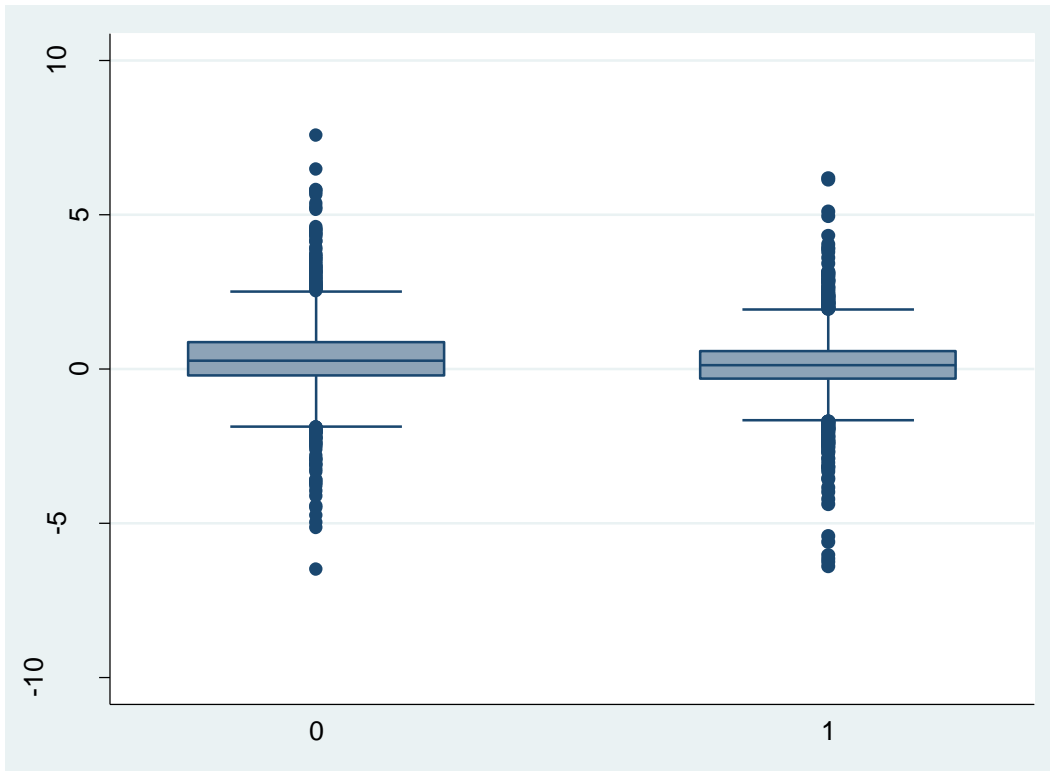


Appendix

Figure 1 Annual weight and waist circumference change in Period 1 and Period 2

A. Annual weight change



B. Annual waist circumference change

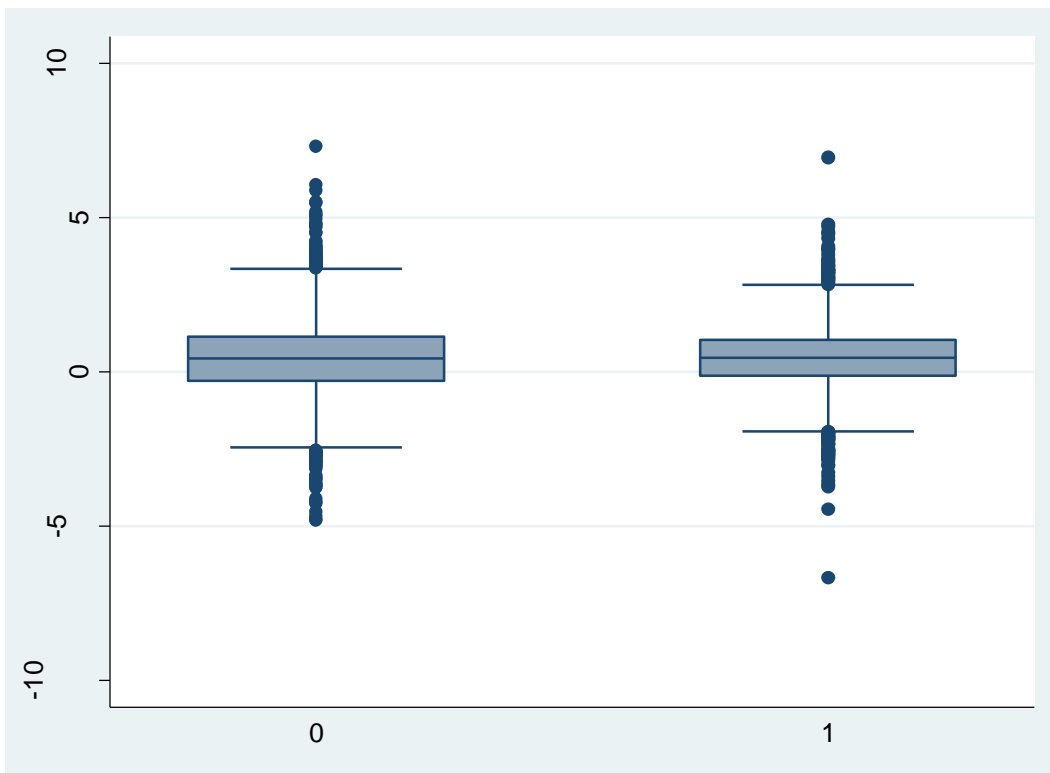


Table 1 Comparison of annual weight and waist circumference change between Period 1 and Period 2 for matching age groups.

Sex	Age group	Difference in annual weight change	Difference in annual WC change
Men	25-34	-0.08 (-0.5, 0.35)	-0.10 (-0.53, 0.32)
	35-44	-0.18 (-0.34, -0.02)*	0.12 (-0.06, 0.30)
	45-54	-0.10 (-0.22, 0.01)	0.13 (0.01, 0.26)
	55-64	-0.03 (-0.1, 0.16)	0.20 (0.05, 0.34)
	65-74	-0.12 (-0.26, 0.02)	0.05 (-0.12, 0.23)
	75+	0.27 (-0.10, 0.65)	0.26 (-0.19, 0.72)
	Women	25-34	-0.08 (-0.46, 0.31)
35-44		-0.12 (-0.26, 0.03)	-0.02 (-0.19, 0.16)
45-54		-0.15 (-0.26, -0.04)*	-0.01 (-0.14, 0.12)
55-64		-0.09 (-0.20, 0.02)	0.08 (-0.07, 0.23)
65-74		-0.34 (-0.50, -0.17)*	-0.08 (-0.31, 0.16)
75+		0.02 (-0.37, 0.41)	0.27 (-0.32, .85)

*Indicates a significant difference (p<0.05)