

Table S2: Use of analgesics before the marathon/half marathon

Drugs	Doses	All n=1,931 no. of reports (%) ¹	Female n=938 no. of reports (%)	Male n=993 no. of reports (%)
Diclofenac	≥ 100 mg (high)	219 (11)	91 (10)	128 (13)
	≤ 75 mg / unknown (low)	694 (36)	317 (34)	377 (38)
	Total (individuals): None ²	1,018	530	488
Ibuprofen	≥ 800 mg (high)	312 (16)	129 (14)	183 (18)
	≤ 600 mg / unknown (low)	410 (21)	217 (23)	193 (19)
	Total (individuals): None	1,209	592	617
Aspirin	≥ 750 mg (high)	13 (<1)	8 (<1)	5 (<1)
	≤ 500 mg / unknown (low)	128 (7)	59 (6)	69 (7)
	Total (individuals): None	1,790	871	919
Other analgesics ³	High	68 (4)	44 (5)	24 (2)
	Low	107 (6)	70 (7)	37 (4)
	Total (individuals): None	1,756	824	932
	Prescribed	42 (2)	21 (2)	21 (2)
	OTC	1,041 (54)	132 (14)	909 (92)
	Missing (data not reported)	848 (44)	785 (84)	63 (6)

¹ Percentages: number of reports relate to the total number in the group, and rounded to the nearest whole number.

² Number of individuals reporting "None" in the 'analgesic cohort', given for comparison.

³ Other analgesics high dose / low dose, naproxen >500 mg / ≤ 500 mg or unknown, meloxicam ≥ 15 mg / ≤ 7.5 mg or unknown, celecoxib ≥ 400 mg / ≤ 200 mg or unknown, etoricoxib ≥ 120 mg / ≤ 90 mg or unknown, acetaminophen ≥ 1000 mg / ≤ 500 mg or unknown, dipyrrone ≥ 1000 mg / ≤ 500 mg or unknown.