

Figure S1: Questionnaire supplied to marathon/half marathon participants.

Bonn Marathon – Questionnaire for all sportsmen (2010)

Participant number (voluntary) to avoid double registration; anonymity assured!

- 1) Sex female / male
 2) non-professional or professional athlete
 3) Age (years) J
 4) Do have marathon experience? yes / no
 5) Running performance/week within the last 3 months approximatelykm
 6) Did you experience joint, muscle, or back pain during or after training? yes / no
 7) Do you have experience with analgesics in connection with sport? yes / no
 8) Did you ingest analgesics before today's marathon, such as diclofenac, aspirin, ibuprofen, naproxen, acetaminophen, dipyryone?

1. Did you take analgesics before the start? yes / no
 2. Did you have pain before the start of today's marathon? yes / no
 3. Which analgesic and which dose did you take?

Ibuprofen Please select... ▾	Diclofenac Please select... ▾	Aspirin Please select... ▾
Naproxen Please select... ▾	Meloxicam Please select... ▾	Celebrex Please select... ▾
Etoricoxib Please select... ▾	Acetaminophen Please select... ▾	Dipyryone Please select... ▾

Others:

4. prescription or OTC?
 9) Do you use analgesic during training? yes / no
 10) Did a physician check your laboratory values while preparing for the marathon (e.g. kidney lab values)? yes / no

11) Have you been informed about the risks of using analgesics in connection with a marathon? yes / no

- 12.) **In which race did you participate:**
 a. marathon, half marathon, relay (4 participants split the marathon distance)
 b. Inline skating full distance or half distance
 c. others:Km

- 13) **During the race:**
 a. Hematuria yes / no
 b. GI-cramps yes / no
 c. GI-bleeds yes / no
 d. CV-events (extrasystole, palpitation, tachycardia, and others) yes / no

- 14) **After the race:**
 a. CV-events yes / no
 b. Athralgia yes / no
 c. Myalgia yes / no

- 15) **I withdrew from the race for the following reason(s):**
 a. I got tired of it
 b. I experienced severe pain
 c. I experienced GI-cramps
 d. I experienced muscle cramps
 e. other reasons:

Many thanks for your cooperation.
 Dr. med. Michael Küster, Bonn, April 2010

Send / transfer data...