

Supplementary Table 1: Correlation matrix of actual weight status, child's and parent's perception of child's present weight and desired weight status

	Actual weight status	Child's perception of body weight	Child's desired weight status	Parent's perception of child's body weight	Parents desired for child's weight status
Actual weight status	1				
Child's perception of body weight	0.26	1			
Child's desired weight status	0.15	0.21	1		
Parent's perception of child's body weight	0.17	0.30	0.12	1	
Parents desired for child's weight status	0.18	0.19	0.31	0.28	1

Supplementary Table 2: Prevalence of attempt to lose weight by gender and age category:

	Attempt to lose weight				P value*
	Boys		Girls		
	<=10	>10	<=10	>10	
Actual weight status					
Underweight	19 (25.0)	36 (20.2)†	23 (32.4)‡	20 (16.0)	0.002
Overweight	20 (64.5)	30 (78.9)	24 (72.7)	51 (72.9)	0.89
Normal	60 (29.3)	96 (30.7)	92 (34.3)	164 (41.5)	-
Child's perception of body weight					
Too thin/Little thin	24 (23.5)	38 (20.4) †	40 (29.0) :	31 (18.9)	0.006
Too fat/little fat	21 (46.7)	49 (63.6)	41 (78.8)	84 (75.0)	0.25
Normal	55 (30.9)	76 (27.5)	62 (32.1)	125 (37.2)	-
Parent's perception of body weight					
Too thin/Little thin	9 (18.0)	21(21.0)	14 (25.5)	22 (21.6)	0.60
Too fat/little fat	10 (47.6)	32 (48.5)	15 (48.4)	38 (64.4)	0.17
Normal	51 (29.1)	88 (30.4)	82 (36.0)	143 (39.5)	-

Reported as number and within parenthesis percentages; *Fisher's Exact test or Chi square test;
 †Among older/younger age group children significant difference between boys and girls
 ‡ Among girls significant difference between the younger and older age group children
 p values for O/U not reported due to small numbers.

(Supplementary) Table 3: Odds ratio of attempting to lose weight in comparison to actual weight status of the children and the child's perception of body weight

Actual BMI	Child's Perception of body weight	Attempted weight loss		Unadjusted OR 95% C.I.	P value*	Adjusted† OR 95% C.I.	P value‡
		Yes	No				
Normal	Overweight/Obese	105	67	3.1 2.22 – 4.58	<0.001	3.1 2.2 -4.42	<0.001
Overweight/Obese	Overweight/Obese	74	9	16.7 7.93 – 36.54	<0.001	18.1 8.8 -36.9	<0.001
Overweight/Obese	Normal	43	25	3.5 2.03 – 6.08	<0.001	3.7 2.2 – 6.2	<0.001
Overweight/Obese	Underweight	8	12	1.36 0.50 – 3.62	0.50	1.37 0.55 – 3.4	0.50
Underweight	Underweight	30	123	0.50 0.32 – 0.78	<0.001	0.49 0.32-0.77	0.001
Underweight	Normal	67	226	0.60 0.43 – 0.84	0.001	0.62 0.45 – 0.86	0.004
Normal	Underweight	81	254	0.65 0.48 – 0.88	0.004	0.60 0.45 – 0.82	0.001
Normal	Normal	219	446	1		1	

Results are reported as Number and %; OR – Odds Ratio; 95% C.I. – 95% Confidence Interval

*Fisher's Exact test or Chi square test

†Adjusted for age, gender and medium of instruction

‡‡ Obtained by fitting binary logistic regression models

(Supplementary) Table 4: Odds ratio of attempting to lose weight in comparison to actual weight status of the children and the parent's perception of child's body weight

Actual BMI status of the children	Parent's Perception of body weight	Attempted weight loss		Unadjusted OR 95% C.I.	P Value*	Adjusted † OR 95% C.I.	P value‡
		Yes	No				
Normal	Overweight/Obese	43	47	1.69 1.07 – 2.69	0.01	1.74 1.1 – 2.7	0.01
Overweight/Obese	Overweight/Obese	40	4	18.5 6.25 – 61.63	<0.001	19.3 6.8- 54.8	<0.001
Overweight/Obese	Normal	50	21	4.4 2.52 – 7.77	<0.001	4.7 2.7 – 8.0	<0.001
Overweight/Obese	Underweight	10	9	2.06 0.76 – 5.58	0.11	2.17 0.87 – 5.4	0.10
Underweight	Underweight	18	102	0.33 0.19 – 0.57	<0.001	0.34 0.20 – 0.57	<0.001
Underweight	Normal	58	181	0.59 0.42 – 0.84	0.001	0.61 0.44 – 0.86	0.004
Normal	Underweight	37	121	0.57 0.37 – 0.86	0.004	0.57 0.38 – 0.84	0.005
Normal	Normal	257	476	1		1	

Results are reported as Number and %; OR – Odds Ratio; 95% C.I. – 95% Confidence Interval

* Fisher's Exact test or Chi square test

†Adjusted for age, gender and medium of instruction

‡‡ Obtained by fitting binary logistic regression models