

STROBE 2007 (v4) Statement—Checklist of items that should be included in reports of cohort studies

Section/Topic	Item #	Recommendation	Reported on page #
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract	Page 1 (Title page)
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	Pages 3-4
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	Page 5
Objectives	3	State specific objectives, including any prespecified hypotheses	Page 5
Methods			
Study design	4	Present key elements of study design early in the paper	Page 5
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	Pages 5-7
Participants	6	(a) Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up	Pages 5-7
		(b) For matched studies, give matching criteria and number of exposed and unexposed	Not applicable (NA)
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	Pages 6-7
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	Pages 5,6 and 8
Bias	9	Describe any efforts to address potential sources of bias	Pages 5,6 and 8
Study size	10	Explain how the study size was arrived at	NA (all available patients included)
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	Page 7
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	Pages 7-8
		(b) Describe any methods used to examine subgroups and interactions	Page 8
		(c) Explain how missing data were addressed	Pages 6, 14, Limitations
		(d) If applicable, explain how loss to follow-up was addressed	NA

		(e) Describe any sensitivity analyses	Page 8
Results			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	Page 8
		(b) Give reasons for non-participation at each stage	NA: all patients meeting criteria included
		(c) Consider use of a flow diagram	
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	Page 9; Tables 1-2
		(b) Indicate number of participants with missing data for each variable of interest	Table 1: BMI and smoking
		(c) Summarise follow-up time (eg, average and total amount)	Pages 8-9
Outcome data	15*	Report numbers of outcome events or summary measures over time	Table 3
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	Table 3
		(b) Report category boundaries when continuous variables were categorized	Tables 1-2
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	Pages 10-11
Discussion			
Key results	18	Summarise key results with reference to study objectives	Page 11
Limitations			
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	Page 12-17
Generalisability	21	Discuss the generalisability (external validity) of the study results	Pages 16-17
Other information			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	Page 1: title page

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at www.strobe-statement.org.