Background To improve health in low-resource settings, it is imperative to enhance (a) design of interventions, (b) piloting of interventions, and (c) analyse the processes through which interventions are implemented and how they are used and perceived by key stakeholders. Applied qualitative research is a potential approach.

Objectives
- identify processes through which collaborations can be built in order to undertake focused studies in applied qualitative health research in low-resource settings;
- provide examples of how such collaborations have resulted in applied qualitative research that has impacted on policy and practice across a range of health issues and contexts.

Methods Much research to improve health in low-resource settings includes embedded qualitative studies, which may be exploratory, to support the design of interventions, may form part of pilot studies, or may form part of process evaluations or other types of explanatory work. They are typically constrained by relatively short timeframes and tight budgets. We have developed a collaborative approach to high quality focused qualitative studies that involves a process of co-designing protocols and ethics applications; co-designing data collection tools; collecting, transcribing and analysing data in an iterative and collaborative manner, which enhances the quality of the data collected; and co-writing publications and policy briefs. We have identified processes that have provided both high quality research findings and findings of direct relevance to near global pandemonium, and indirectly resulted in additional deaths for untreated conditions when the health system collapsed; more specifically, it resulted in an estimated 3,297 additional maternal and neonatal deaths for a country that already has one of the highest maternal mortality rates in the world, 1,360/100,000 live births. While, social research during the epidemic centered on understanding social and cultural traditions which would serve to reduce people’s movements and encourage their compliance with response efforts, the reasons for communities’ mistrust of the healthcare system went overlooked, and in practice military protocols and parallel health systems were commonly implemented. Since the post-Ebola recovery period, little attention has been paid to the social dynamics of the epidemic, which heavily contributed to its spread and impact, particularly in terms of relationships between community, state, and Development actors.

In 2018, I conducted ethnographic research to study women’s relationship to the healthcare system, the social dynamics which impact women’s access to health, as well as social and cultural factors that could inform a future outbreak. I lived for 5 months with a community and conducted participant-observation, 11 focus groups, and 60 in-depth interviews, within the surrounding local communities and with district and national stakeholders, both native Sierra Leoneans and expatriates. Mistrust is still prevalent between communities and state healthcare system, but little has been done to address the relationship between the two. Government-run clinics have become a venue for rent-seeking behavior through the sale of private and public medical drugs, exacerbated by HCWs lack of integration within communities, as well as faults in HCW supervision. Additionally, responsibility and blame for health and illness is typically placed on communities, apparent in health strategies and language.

REFERENCES
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Mainstreaming Qualitative Longitudinal Research and Re-thinking Causality in a Global Health Context

As a rich and flexible methodology for discerning dynamic processes, Qualitative Longitudinal (QL) research follows the same individuals or small collectives prospectively, in ‘real’ time, as lives unfold. It has the power to mirror real world processes, to investigate how and why changes occur, and to discern the mechanisms that shape these processes (Neale 2018). This capacity is vital where people are required or encouraged to change their practices or otherwise adapt to changing circumstances or environments over time. In recent years this approach has been used increasingly in health services research.1,4,5 However, there have been few attempts in...