

Supplementary material 1. Questionnaire items on medication use in patients with anorexia nervosa

1. How frequently, on average, do you see your patients with anorexia nervosa within the first 18 weeks of treatment initiation to review medication? (Please specify specific schedule below.)

Once a week [] Once every two weeks [] Once a month []
Other schedule []; please specify _____

2. Please estimate what proportion of your young patients with anorexia are prescribed psychotropic medications?

Less than 10% of patients [] 10 – 20% [] 20 – 30% [] 30 – 40% []
40 – 50% [] 50 – 60% [] 60 – 70% [] 70 – 80% [] 80 – 90% [] 90 – 100% []

3. What are the top two psychotropic medications you are most likely to prescribe for someone with anorexia nervosa?

Most common: _____ 2nd most common: _____

4. We are specifically interested in the prescribing of olanzapine;

a) What dosage and duration is olanzapine typically initiated?

_____ mg for _____ week(s)

b) How do you escalate the dose?

_____ mg increment every _____ week(s)

5. On average, how long and at what maximum dose do you prescribe olanzapine for?

6. Is there a protocol for monitoring olanzapine side effects in patients? If so, what is monitored?

7. Do you inform the GP about the olanzapine treatment procedures undertaken?

Yes / No

8. Do you prescribe from your service when initiating olanzapine treatment?

Yes / No

9. Do you pass on the prescribing of olanzapine to the GP to continue? (If so, please specify when.)

10. Would you be willing to participate in future research on the use of Olanzapine in young people on anorexia nervosa? If yes, please fill out the details below.

Yes / No

Team: _____ **Name:** _____

Email: _____