

**Appendix I**

Table to show TIDieR checklist items Who, Where and How much for upper limb treatments

Who delivered therapy? (n)	Where?	How much – Frequency(sessions/week, median, range)	How much – Duration(minutes/session, mean, SD)
<b>Occupational Therapists (69)</b>	Hyperacute/Acute Stroke Unit	3.5 (4)	27 (17)
	General Rehabilitation	3 (3)	29 (15)
	Early supported discharge	2 (2)	28 (13)
	General Community	1 (1)	25 (13)
	Outpatients	1.5 (1)	48 (4)
<b>Physiotherapists (85)</b>	Hyperacute/Acute Stroke Unit	3 (4)	16.8 (10)
	General Rehabilitation	3 (3)	16 (12)
	Early supported discharge	2 (3)	23 (12)
	General Community	1 (3)	19 (17)
	Outpatients	2 (1)	22 (8)

**Appendix II**

Table to show 'What?' TIDieR item: Treatments reported by over 10% of respondents for different severities of upper limb deficits

Severity	Mild (UL NIHSS score of 0 or 1)	n	Moderate (UL NIHSS score =2)	n	Severe (UL NIHSS: 3 and 4)	n
<b>Treatments</b>	Functional training	101	Functional Training	63	Range of Movement exercises	42
	GRASP	53	Active and weighted exercise	58	Mirror Box treatment	20
	Active and weighted exercise	29	GRASP	52	Functional Electrical Stimulation	20
	CIMT	25	Mirror box treatment	29		
	Task repetitive strength training	21	CIMT	23		

UL NIHSS – Upper limb National Institute of Health Stroke Scale upper limb item: 0,1= able to lift and hold arm up against gravity for 10 seconds, 2= some effort against gravity, but the arm cannot get to or maintain the proper position and drifts down to the bed before 10 seconds, 3 and 4= unable to move against gravity or no voluntary movement. GRASP – Graded Repetitive Arm Supplementary Programme CIMT – Constraint Induced Movement Therapy