

Obesity & Endometrial Cancer Interview Guide

Preamble:

- As I mentioned when we went through the informed consent, I will be asking you about your experiences since you were diagnosed with endometrial cancer. I am also interested in how being overweight may have affected your experience in the health care system.
- I just want to remind you that anything we talk about today is completely confidential. There are no right or wrong answers. If there are any questions you would rather not answer, that is fine. Our goal is to hear your story and really understand how the experience was for you.

Diagnosis & Referral	
Opening Questions	Prompts
How did this process of learning about your endometrial cancer start for you?	<ul style="list-style-type: none"> - What symptoms did you have? - How long did it take to see a doctor? Why? - How did you realize something was wrong? - What were you worried about? - Were you worried about cancer?
The biopsy is a key step in the process. Can you talk me through how this part of the process was organized and how it felt for you?	<ul style="list-style-type: none"> - How long did it take to have a biopsy? Why? - Did your healthcare provider do anything to make you feel comfortable or respected? - In what ways, if any, do you think your body weight affected the process of getting the biopsy?
<p>How did you receive the news that you had endometrial cancer?</p> <p>What were you told about the reasons that you may have gotten endometrial cancer?</p> <p>We know that being overweight is a risk factor for endometrial cancer. For this reason, some women feel responsible for their cancer whereas others do not. How do you relate to this kind of thinking?</p>	<ul style="list-style-type: none"> - Phone/office; friends/family present

<p>We are interested in understanding how you and your doctor approached surgery. Can you tell us about these conversations and options?</p>	<ul style="list-style-type: none"> - How did your doctor discuss the process of finding a surgeon? -What were your surgical options? - How do you think your body weight influenced these conversations and your options? - Robotic surgery? Weight loss first? Did your doctor suggest weight loss or provide you with any resources to lose weight? -What were you told about the chance of treatment success? -Were you worried about having surgery?
<p>Delays and Overall Process</p>	
<p>Opening Questions</p>	<p>Prompts</p>
<p>How was the process of waiting for the surgery for you?</p>	<ul style="list-style-type: none"> - How long did you have to wait? - How did you cope with the waiting period? - Who have you reached out to for support?
<p>Looking back, what were the positives and negatives about the overall process?</p>	<ul style="list-style-type: none"> - What could have made the process better? - What delays in your care did you experience? - What do you think lead to these delays?
<p>Weight Bias</p>	
<p>Opening Questions</p>	<p>Prompts</p>
<p>We are going to switch gears a bit. We would like to understand, from your perspective, how being overweight affects your day-to-day life, if at all?</p>	<ul style="list-style-type: none"> - How does it affect family life? Work life? Social activities? Other aspects of your life?
<p>How do you feel that your body weight affected how you were treated in the healthcare system specifically?</p>	<p>Why do you think that is the case?</p> <ul style="list-style-type: none"> - Have your experiences in the health care system since you were diagnosed with endometrial cancer influenced the way you feel about your body? Have they affected how you have interacted with the health care system? <p>(Probe: Have you ever avoided seeing a doctor or having an exam by a doctor because of your weight?)</p>
<p>What message would you want to send to health care providers?</p>	<ul style="list-style-type: none"> - Generally: For women with a cancer diagnosis? - Specifically: For women who are overweight? - Knowing that this cancer is linked with being overweight, how do you think this should be addressed by health care providers?
<p>Is there anything else you would like to share about your experience?</p>	