

Supplementary File 2

Participant Focus Group Questions:

Activity 1 (5 – 10 mins): What is physical activity? What does it mean to you? Has this meaning changed since being a part of ACTIVE?

(Flipchart/post-its – ask pupils to discuss/write down what the term means to them)

Question 1: Now that the vouchers have been used for nearly a year, do you think you are/people in your year are as active as they could be? What are the barriers to physical activity?

Question 2: Is there much to do in your area? If so, how accessible are these activities to your age group?

Question 3: Do you think your school helps you be more active?

Question 4: How would you improve physical activity for your year? Are there any better ways to use the vouchers?

Question 5: Why do you think people your age like/don't like being active? Why do you think people your age have not used the vouchers?

Question 6: Are there any differences in the ways boys and girls use the vouchers? Why is this? Which group has the vouchers helped more?

Question 7: Have you found the peer mentors and support worker helpful?

- Is there anything else they could do to help you be active?
- Are there any other characteristics you need to be a peer mentor?

Question 8: Would you carry on using the vouchers if you could? What would you like to see happen in your local area to improve your activity/health?

Question 9: For those of you who have been using the vouchers, do you think you'll continue to be as active when the vouchers are no longer available?

Stakeholder Focus Group Questions:

Question 1: Tell us what you know about the ACTIVE Project... Do you know how it has been delivered?

May need to give a brief description of the project – take a flyer.

Question 2: What were your first impressions of ACTIVE? Be honest.

Question 3: Do you think ACTIVE has impacted physical activity in the area? Have any changes been seen? Can you give examples of any changes.

Question 4: Do you think ACTIVE has impacted physical activity in schools? Have you seen a change in the way it is perceived by pupils?

Question 5: Has ACTIVE impacted your delivery of physical activity both at a community and school level?

- How?
- Have any changes been seen?

Question 6: Do you think ACTIVE could be improved in any way?

- What could have been done differently?
- What did you think of the support worker?
- What did you make of the peer mentor scheme?
- Could we have included any different providers/activities?

Question 7: How could you see ACTIVE being sustained in the future? What are the next steps?

Question 8:

If ACTIVE ceases to exist, how would you feel? What would be the impact of this?