

Supplementary file 1

Semi-structured Interview Guide for Patients

1. What is your understanding of:
 - a) Sex
 - b) Gender Probes: Gender Identity, Gender Roles
2. What were the primary motivations behind your decision to participate in this research?
 - Probes: Were these your own decisions or were you advised to do so by others? By whom? What would you like to gain from this research? What specific topics would you like to learn about?
3. What do you think are the (dis)-advantages for women with TBI compared to men?
 - Probes: In healthcare? Recovery after injury? In a family? In the workforce? In their daily lives? Why do you think there are these disadvantages? Advantages?
4. Have you experienced unfair treatment before or after the injury?
 - Probes: If yes, please describe the situation. How did this experience impact you?
5. Have you experienced any problem(s) in pre- or post-injury life that could be related to sex or gender?
6. What do you think are the (dis)- advantages of being a woman (or man) when you received medical care?
7. What time do you start your day and what does a typical day look like?
8. What types of activities (i.e., social, family activities) did you engage in before your injury, that you were not able to partake in after the injury?
 - Probes: Describe any activities that you began after the injury, which you did not engage in before the injury.
9. What does being a woman (or man) living with TBI mean to you? How do you define and describe this?
10. What are some good ways to deliver educational materials on the topics of sex and gender in TBI?
 - Probes: In what format? By who? Where? When/ what time? How can we promote learning on the topic of sex and gender for you?

Semi-structured Interview Guide for Significant Others

11. What is your understanding of:

c) Sex

d) Gender Probes: Gender Identity, Gender Roles

12. What were the primary motivations behind your decision to participate in this research?

- Probes: Were these your own decisions or were you advised to do so by others? By whom? What would you like to gain from this research? What specific topics would you like to learn about?

13. What do you think are the (dis)-advantages for women with TBI compared to men?

- Probes: In healthcare? Recovery after injury? In a family? In the workforce? In their daily lives? Why do you think there are these disadvantages? Advantages?

14. Have you experienced unfair treatment before or after the injury?

- Probes: If yes, please describe the situation. How did this experience impact you?

15. Have you experienced any problem(s) in pre- or post-injury life of the person you are caring for that could be related to sex or gender?

16. What do you think are the (dis)- advantages of being a woman (or man) when a person you are caring for received medical care?

17. What time does the person you are caring for start his/her day and what does a typical day look like for them?

18. What types of activities (i.e., social, family activities) did a person you are caring for engage in before his/her injury, which they were not able to partake in after the injury?

- Probes: Describe any activities that the person you are caring for began after the injury, in which he/she did not engage in before the injury.

19. What does being a woman (man) living with TBI mean to you? How do you define and describe this?

20. What are some good ways to deliver educational materials on the topics of sex and gender in TBI?

- Probes: In what format? By who? Where? When/ what time? How can we promote learning on the topic of sex and gender for you and the person you are caring for?

Semi-structured Interview Guide for Clinicians

1. What is your understanding of
 - a) Sex
 - b) Gender, Probes: gender identity , gender roles

1. What were the primary motivations behind your decision to participate in this research? Were these your own decisions or were you advised to do so by others? By whom?
 - Probes: What would you like to gain from this research? What specific topics would you like to learn about?

2. What do you know about discrimination in healthcare?

3. Do you consider sex or gender when selecting an approach to use with a client with TBI? If yes, please describe.

4. Do you think there are (dis)-advantages for women with TBI compared to men? Please elaborate.

5. Do you think there are (dis)-advantages of being a woman (or man) when receiving acute care services? Rehabilitation services? Please elaborate.

6. Do you think there are (dis)-advantages of being a woman (or man) with TBI in a family? Society? Please elaborate

7. Do you think there are (dis)-advantages for women (or man) with regards to recovery after the injury? Please elaborate.

8. Based on your professional experience, what does being a woman (or man) living with TBI mean to you? How do you define and describe this?

9. Have you experienced sex or gender discrimination in your medical training?
 - Probes: Have you experienced gender discrimination in your professional experience/ care? Please describe this situation. What was your reaction? Why do you think it's important to reflect on gender biases and assumptions in clinical practice? How do you think gender biases and assumptions might impact client care?

10. What do you know about sex and gender privileges and oppression in traumatic brain injury as they concern pathophysiology, risk factors, clinical manifestations, and overall outcomes?

11. What are some good ways to deliver educational materials on the topics of sex and gender influences in TBI?

- Probes: In what format? By who? Where? When/what time? How can we promote learning for clinicians who work with TBI patients?