Depression Decision Aid

Training Session Outline

1. Needs & understanding
   - Elicit clinician’s experience of treating individuals with depression
     - Use Michie 12 behavior change domains\(^1\) to lead questions
     - Building training on Michie in order to respond to challenges brought up by clinicians

2. Shared Decision Making (SDM)
   - SDM background (general)

3. Decision aids
   - Benefits in practice\(^2\)
     - Patient engagement
     - Patient satisfaction

4. SDM in Depression
   - Importance
   - Conceptions

5. Encounter decision aids
   - Depression Decision Aid development
     - Survey
     - Cognitive interviews

6. Using the Depression Decision Aid
   - Scaffolding of conversation
     - Explain
     - Give it (& pen)
     - Use it
   - Demonstration video of how to use an encounter decision aid
     - Participants observe for the key elements of shared decision making using the Option 5 and CollaboRATE measures

7. Role play use of the Depression Decision Aid

8. Discussion

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