

Associative Stigma

Please indicate how often you have experienced any of the following as a result of working in mental health care.

Response options: Never, Rarely, Sometimes, Often, All the time

1. People react negatively when they know I work in a mental health care setting
2. People make jokes about me for working in a mental health care setting
3. I feel ashamed to be working in a mental health care setting
4. I am reluctant to tell people I work in a mental health care setting
5. I have been treated unfairly by others when they learn I work in a mental health care setting

Please indicate how much you agree or disagree with the following statements.

Response options: Strongly agree, Slightly agree, Neither agree nor disagree, Slightly disagree, Strongly disagree

1. Most people think less of a person who works in that works a mental health care setting
2. Once they know a person works in a mental health care setting, most people will take their opinions less seriously
3. Mental health care contributes to the health of people, families, communities and society in unique and meaningful ways
4. The mental health profession lacks a scientific basis
5. Working in a mental health care setting does not require special skills
6. Mental health work is dangerous