

**Appendix – search strategy for Medline (PubMed) and Ovid Gateway (Embase and Ovid)**

Bladder cancer

exp exercise/ or exp anaerobic exercise/ or exp aerobic exercise/ or exp isotonic exercise/ or  
exp isokinetic exercise/ or exp isometric exercise/

Bladder cancer.tw.

Exercise.tw.

Exp physical activity/

Exercise program\$.tw.

Exp bladder tumor/ or exp bladder cancer/ or exp bladder carcinoma/ or exp bladder cancer  
tumour

vesical cancer.tw.

Vesical neoplasm.tw.

Urinary Bladder Neoplasms OR Bladder Carcinoma OR bladder malignancy OR bladder  
neoplasm OR bladder malignancies OR cystectomy or cystourethrectomy . mp