

Interview guide Health Sector Professionals

- 1) Can you explain how the organisation you work for assists Pacific people/clients entering the bariatric surgery program?
- 2) Factorial info: How many clients do you see per month/week/year?
- 3) In your capacity as a(job title)... how have you worked with or supported Pacific clients who are part of a Bariatric surgery program (BSP)?(what is it like working with Pacific clients?)
- 4) Have you noticed if Pacific clients involve family in the decision making process?

What are some day-to-day examples of ways you have helped Pacific clients entering the BSP (probing)?

Can you explain that in more detail, some of the challenges?

How do you in your role address some of these challenges?

What are some of the motivating factors that you find work really well for Pacific clients who are a part of the BSP?

- 5) It has been identified that there is a significant drop out rate for Pacific clients in the preoperative stage of BSP, what do you think is influencing this?

*Are there challenges that affect one group more than another?
ages? gender?*

- 6) Does your role provide you with the opportunities and tools to best support Pacific in the BSP, if not what are some limitations?

Probe: are Pacific clients well informed?

Are the clients empowered?

How are Pacific clients treated as they navigate the health system?

How easy is it to navigate the system?

Why do you believe this is problematic and can you give examples from your work with clients?

- 7) What sort of issues or barriers do Pacific clients report to you in terms of why they might drop out?

- 8) One of the factors that has been identified is non-attendance of appointments in the preoperative surgery phase, for example, with dieticians and specialists. What are the factors contributing to Pacific clients not attending these appointments?

Working with Pacific clients - how can these factors be addressed?

What has worked well for you?

- 9) A reason that has been identified is voluntary withdrawal and disengagement with the program, what do you think are some of the reasons behind this?

Working with Pacific clients - how can these factors be addressed?

What has worked well for you?

- 10) Are there any sociodemographic barriers affecting Pacific bariatric clients from what you've seen in the clients you've worked with?

Working with Pacific clients - how can these factors be addressed?

What has worked well for you?

May probe about suitability for Pacific clients given their geography, work type, shift work

What difference does familial support make? And are Pacific supported by their families

- 11) Do you think there are any cultural barriers for Pacific clients seeking bariatric surgery?

Conversely, what are some cultural motivations for Pacific clients seeking bariatric surgery? (E.g. support or collectively of family)

- 12) Do any of your clients express any spiritual beliefs around the body or medicine?*

- 13) Do you have any ideas you would like to add in terms of how the health system and the experience for Pacific clients seeking bariatric surgery could be improved or reconceptualised?