

Appendix 1: Outcome measure, The MenoScores Questionnaires (MSQ)

Outcome	MSQ (11 scales and 1 single item, in total 51 items)	Number of items	Scale score*
Primary outcome	Hot flushes (HF)	2	0-6
Secondary outcomes	Day and night sweats (DNS)	2	0-6
	General sweating (GS)	2	0-6
	Menopausal-specific sleeping problems (MSSP)	2	0-6
	Emotional (EM)	12	0-36
	Memory (MEM)	2	0-6
	Skin-hair (SH)	8	0-16
	Physical (PHY)	8	0-24
	Abdominal (ABD)	4	0-8
	Urinary and vaginal (URIN)	4	0-12
	Sexual (SEX)	4	0-8
	Single item about tiredness	1	0-3
After last acupuncture treatment	MSQ plus one item asking about the general effect		
* A higher scores denote more symptoms			