Appendix – Families First New & Adapted Outcome Measures

A) PRIMARY OUTCOME

Frequency of use of physical and emotional punishment

Can you tell me how many times you have tried these things with <name index child> in the last month? (Almost) everyday-At least once a week-At least once a month-Happened but not in the last month-Never

1-Use **physical discipline** such as twist his/her ear or pulled his/her hair, hit/spank with bare hand or with an object (such as a stick or a belt).

2-Use **harsh physical discipline** such as beat hard/repeatedly, burn him/her, or push or kick him/her.

3-Use **verbal and emotional discipline** such as shout at him/her, threaten to send away him/her [from home], refuse to speak to him/her, withhold food, or insult him/her [by calling him/her dumb, lazy or other names like that].

B) EXPLANATORY OUTCOMES

B1) Positive and involved parenting

Please rate each item as to how often it typically occurs in your home in the past month.

*Never, Almost never, Sometimes, Often, Always.*

1-You let your child know when he/she is doing a good job with something.

2-You reward or give something extra to your child for obeying you or behaving well.

3-You compliment your child when he/she does something well.

4-You praise your child if he/she behaves well.

5-You show affection such us hug or kiss your child when he/she does something well.
6- You tell your child that you like it when he/she helps out around the house. [children 5-7 years]

In the past 3 days, did you or any household member age 15 or over engage in any of the following activities with <child’s name>? Mother-Father-Respondent (if not mother)-Other-No one

7- Had a friendly talk with <child’s name>? [e.g., about his/her friends] [children >5 years]

**B2) Positive discipline**

Can you tell me how many times you have tried these things with <name index child> in the last month? (Almost) everyday - At least once a week - At least once a month - Happened but not in the last month - Never

1- Explain why something s/he did was wrong.

2- Tell him/her to stop doing something.

3- Give him/her something else to do (distracted him/her).

4- Forbade something he/she likes or tell him/her they can’t leave the home.

**B3) Setting Limits**

Please rate each item as to how often it typically occurs in your home in the past month.

Never, Almost never, Sometimes, Often, Always.

1- Stick to your rules and not change your mind?

2- Speak calmly with your child when you were upset with him or her?

**B4) Opinion on discipline**

1- What methods of discipline have you found to be most successful in changing your child’s behavior?
2-Do you think that corporal punishment is effective as a method of children’s discipline? No, it is never effective-Most of the times it is not effective-Most of the times it is effective-Yes, it is always effective

C) EXPLORATORY OUTCOMES
   C1) Attitudes towards institutionalization of children

Please tell me whether you ‘agree’ or ‘disagree’ with the following statements. Strongly disagree-Disagree-Agree-Strongly agree-DK

1-Children get better education and discipline in institutions.
2-Poor children are better off being raised in institutions (orphanages).
3-If a family can’t pay for their children’s education they should put them in an institution.
4-Once a child is placed in an institution the parents or family have no longer responsibility for the child.
5-Once a child is placed in an institution, he or she must stay there until they finish high school.
6-Children cannot refuse to go to an institution when their parents send them there.
7-Have you heard of any problems that can happen when children are sent to institutions?
   Yes-No-DK

8-(If YES) What problems have you heard of? (Do not read aloud. Circle all that mentioned)
   a. Forced to work during school hours
   b. Sexually abused by caregivers or other child residents (sexual harassment, rape, etc)
   c. Physically abused by caregivers or other child residents (includes physical punishment)
   d. Emotionally abused by caregivers or other child residents (humiliation, etc)
   e. Abused by strangers (sexually, physically, emotionally)
   f. Treated worse than other children in the institution
g. Sickness and/or basic needs not met
h. Emotional distress
i. Bullying by other children in the institutions
j. Adopted without legal procedures by other families
k. Moved to other institutions
l. Serve other children for food, washing, and clean up room/building
m. Kidnapped or trafficked
n. Children enter in conflict with the law (e.g., stealing)
o. To raise fund for institutions
p. Other (specify)

C2) Monitoring/Supervision

Please rate each item as to how often it typically occurs in your home in the past month.

*Never, Almost never, Sometimes, Often, Always.*

1-Your child fails to leave a note or to let you know where he/she is going. [children 5-7 years]

2-Your child stays out in the evening past the time he/she is supposed to be home. [children 5-7 years]

3-Your child is out with friends you don’t know. [children 5-7 years]

4-Your child goes out without a set time to be home. [children 5-7 years]

5-Your child is out after dark without an adult [>18 years] with him/her.

6-You get so busy that you forgot where your child is and what he/she is doing.

7-You don’t check that your child comes home at the time she/he was supposed to. [children 5-7 years]

8-You don’t tell your child where you are going. [children 5-7 years]
9-Your child comes home [from school, neighbor’s house, play] more than an hour past the
time you expect him/her. [children 5-7 years]

10-Your child is at home alone without adult.

11-You do not stay close enough to your child that you cannot get to him/her quickly if
something happens to him/her. [children 0-4 years]

D) CONTEXTUAL AND OTHER INFLUENCING FACTORS IN PARENTING AND
CHILD ABUSE

D1) Perceived social support

People sometimes look to others for different types of support. If you needed it, how often is
someone available… None of the time-A little of the time-Some of the time-Most of the time-
All of the time

1-to take you to the doctor if you need it?

2-to prepare your meals if you are unable to do it yourself?

3-to help with daily chores if you were sick?

4-to help you care for a child?

5-to have a good time with?

6-to turn to for suggestions about how to deal with a personal problem?

7-who understands your problems?

8-to love you and show you affection.

D2) Stimulation in the home environment

In the past 3 days, did you or any household member age 15 or over engage in any of the
following activities with <child’s name>? Mother-Father-Respondent (if not mother)-Other-
No one
1-Read books to or looked at picture books with <child’s name>?

2-Told stories to <child’s name>? 

3-Sang songs to <child’s name> or with <child’s name>, including lullabies? [children 0-5 years]

4-Took <child’s name> outside the home, compound, yard or enclosure? [children 0-5 years]/Took your child to a special activity (e.g., Drawing competition or read Quran)? [children >5 years]

5-Played with <child’s name>? 

6-Named, counted, or drew things to or with <child’s name>? [children 0-5 years]/ Named, counted, or drew things to or did homework with <child’s name>? [children > 5 years]

7-Shared a meal with <child’s name>? 

8-Allowed <child’s name> to explore [new] toys alone?

D3) Inter-parental conflict regarding child-rearing

In the last month, to what extent has this issue been a problem for you and your partner? Not at all-A little-Somewhat-Much- Very much

1-Disagreement over household rules (e.g. bedtime, play areas)

2-Disagreement over type of discipline (e.g. smacking children)

3-Disagreement over who should discipline the children.

4-Fighting in front of the children.

5-Inconsistency between parents

6-Parents undermining each other, (i.e. not backing each other up)

7-Parents favoring one child over another

8-Lack of discussion between parents about childcare

9-One parent ‘soft’, one parent ‘tough’ with children
10- Children behave worse with one parent than the other

11- Disagreement over what is naughty behavior